

# Tsi Nón:we Entewaháhara'ne'— Our Path Forward **Version 2.1**



Six Nations COVID-19 Alert System

Updated: June 23, 2021



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Version 2.1***

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***Updated: June 23, 2021***

**Who do I contact for more information?**

If you do not see your sector and are a non-essential business/organization or would like to host an event on Six Nations please email Chair of Emergency Control Group: Michael Montour at [\*\*dpw@sixnations.ca\*\*](mailto:dpw@sixnations.ca)

cc: [\*\*lbeaver@sixnations.ca\*\*](mailto:lbeaver@sixnations.ca) to submit your reopening plans/Event Safety Plans to ECG.

You may also send questions to SNGREC at any time.

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# Summary of Updates

The Emergency Control Group, Incident Management Team and Six Nations of the Grand River Elected Council have updated the Six Nations COVID-19 Response Framework. The revised COVID-19 response framework increases access to activities, which promote well-being for Six Nations community members and encourages the community to stay local to try to limit the spread of COVID-19 and keep COVID-19 out of the community.

The COVID-19 vaccine is available to those over 12 years old, we highly recommend those living/working in the community to get the COVID-19 vaccine as soon as possible. There are many ways to strengthen your immune system as an individual, such as using traditional medicines, healthy eating, exercise, vitamins, and adequate sleep. However, these methods should continue to be used IN ADDITION to getting vaccinated, not as a replacement. Therefore, we encourage Six Nations community members to maximize their protection with vaccination.

The COVID-19 vaccine is an added layer of protection for the individual but when a sufficiently high number of the community is vaccinated it makes the whole community safer. However, some people may choose not to be vaccinated and this means we will need to maintain public health restrictions for the time being.

## A SUMMARY OF REVISIONS ARE AS FOLLOWS:

- Clarified approval process for Alert level changes
- Updated core monitoring indicators to include Paramedic capacity, and additional indicators for virus spread and containment that were not included in V1 (Effective reproductive number, % positivity), and further clarity on criteria used to determine community compliance
- Stronger emphasis that sectors provide services/ events outdoors
- Added guidance for outdoor and indoor recreational facilities, team sports, children's day camps, campgrounds, Motor-sports/Speedway
- Revised guidance for gyms and fitness, schools and childcare, restaurants and food stands, Large community gatherings
- Added timeline for reviewing and updating the framework
- Added a Frequently Asked Questions section

## SUMMARY OF UPDATES

	Alert Level 1: Óhonte (Green)	Alert Level 2: Otsi:nekwar (Yellow)	Alert Level 3: Otiarén:ta (Orange)	Alert Level 4: Onekwénhtara (Red)	Alert Level 5: Kahòn:tsi (Black)
<b>Measures</b>	All businesses, organizations, monitored functions/gatherings should implement the Six Nations COVID-19 Health & Safety Guidelines – <a href="https://www.sixnationscovid19.ca/">https://www.sixnationscovid19.ca/</a> at a minimum this includes but is not limited to:				
	<ul style="list-style-type: none"> <li>• Highly recommend those living/working in our community should receive the COVID-19 vaccine as soon as possible</li> <li>• Prioritizing outdoor gatherings/meetings over indoor whenever possible</li> <li>• Active screening</li> <li>• Face coverings/masks</li> <li>• Cleaning and Disinfecting</li> <li>• Physical distancing</li> <li>• Develop Safety Plans to keep staff/customers/clients safe</li> </ul>				
<b>Reducing Alert Levels</b>	If after 2 consecutive weeks with LOW RISK after the risk assessment <b>and</b> a 3% increase in vaccine coverage	If after 2 consecutive weeks with LOW RISK after the risk assessment <b>and</b> a 3% increase in vaccine coverage	If after 2 consecutive weeks with LOW RISK after the risk assessment <b>and</b> a 3% increase in vaccine coverage	If after 2 consecutive weeks with LOW RISK after the risk assessment <b>and</b> a 3% increase in vaccine coverage	If after 2 consecutive weeks with LOW RISK after risk assessment <b>and</b> a 3% increase in vaccine coverage
<b>Level of Measures/ Restrictions in Place</b>	Low	Moderate	High	Very High	<b>Maximum:</b> Essential activities only
<b>Gatherings w/ Masks and Public Health Measures in Place</b>	<b>50</b> indoors <b>100</b> outdoors	<b>25</b> indoors <b>50</b> outdoors	<b>10</b> indoors <b>25</b> outdoors	<b>5</b> indoors – only with those in immediate household <b>10</b> outdoors	<b>0</b> – Limit interactions to only those within immediate household
<b>Sectors Open with Masks and Public Health Measures in Place</b>	<ul style="list-style-type: none"> <li>• All sectors in yellow with reduced restrictions on gathering sizes for sectors</li> </ul>	<ul style="list-style-type: none"> <li>• All sectors in orange +</li> <li>• Motorsports/Speedway (spectators allowed)</li> <li>• Some Large Community Events</li> </ul>	<ul style="list-style-type: none"> <li>• All sectors in red +</li> <li>• Team sports</li> <li>• Indoor recreational/fitness classes</li> <li>• Indoor dining</li> <li>• Motorsports/Speedway (crew only)</li> </ul>	<ul style="list-style-type: none"> <li>• Outdoor and indoor recreational facilities</li> <li>• Outdoor recreational/fitness classes</li> <li>• Team sports training</li> <li>• Outdoor dining</li> <li>• Personal care</li> <li>• Campgrounds</li> <li>• Non-essential retail capacity restrictions</li> </ul>	<ul style="list-style-type: none"> <li>• Essential services</li> <li>• School &amp; childcare</li> <li>• Day camps</li> </ul>

# Introduction

A novel (new) coronavirus (COVID-19) discovered in Wuhan, China late December 2019 has impacted our world as we now know it. The World Health Organization (WHO) declared the impact of this virus a global threat and declared a global pandemic on March 12, 2020. As a community, action was required to protect our vulnerable community members.

As Haudenosaunee, this is not the first time we have had to endure a devastating disease. However, during times of adversity is when our people come together. In the past, we relied on the strength and knowledge of our leaders, healers, and all community members to survive and recover. We can turn to these people, our language, and our culture to guide us now.

**Our community treasures are our elders and our children. Our elders hold the knowledge of the past, and our children are our hope for the future; this means we need to be mindful of the next seven generations when decisions are made.**

## WHAT IS THE SIX NATIONS COVID-19 ALERT SYSTEM?

The Six Nations of the Grand River COVID-19 Alert System was developed in May 2020 to outline a path forward through different phases of the COVID-19 pandemic. The plan was updated with an Alert System as we have learned more about how the virus is transmitted and what measures are needed to contain it. It provides guidelines for what measures need to be in place for public interactions in the community based on what the level of risk for transmission and our community response capacity is in our community at the time.

## GATHERING SIZE

Defined as: a group of people physically distanced by 2m-3m. Groups gathering within the same area (e.g. at a park) should not interact with other groups.

## COMMUNITY BACKGROUND AND CONTEXT

Six Nations requires a unique response to COVID-19 separate from the provincial or federal guidelines as there are a number of factors which have put our community at an increased risk for COVID-19 transmission. For instance, Six Nations lacks on-territory essential services such as a local grocery store therefore, community members must travel off-reserve into the surrounding areas (Hamilton, Brantford, Haldimand/Norfolk) to get their groceries. This always creates the opportunity for the virus to enter through community members travelling to surrounding areas and bringing it back into the community.

The community is further at risk for complications of COVID-19. Some individuals of our community are more at risk of getting an infection and developing severe complications of COVID-19. It is important to help prevent our community members from getting and spreading the COVID-19 virus. Those at an increased risk of COVID-19 complications include: those with underlying medical conditions, older age, and smokers. Specifically the Government of Canada states those who have: heart disease, high blood pressure, diabetes, cancer, and respiratory diseases are at high risk. Within Six Nations we have a high prevalence of these risk factors.

## Community members who are 18 and older:

26% have high blood pressure

21% have diabetes

19% have asthma

25% are current smokers\*

*\*based on single study volunteer sample*

Further, older adults defined as 65+ have been indicated as a high risk group for COVID-19 complications. However, prevalence of chronic conditions begins to significantly increase in our 50+ demographic.

# 38%

of our community members are 50+



- 40% have Diabetes the rate rises to 53% for those 65+
- 52% of 50+ have high blood pressure which rises to 72% in our 65+ demographic
- 24% 65+ have Heart Disease
- 24% 50+ have a lower respiratory illness (*COPD or Asthma*)

Due to our high prevalence of COVID-19 risk factors for severe complications and younger demographic with chronic conditions, our population is at an increased risk for severe COVID-19 complications and needs to be protected from contracting this virus.

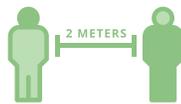
Once the virus is in the community, community environmental factors increase the chance of transmission. Six Nations community members experience water insecurity and many rely on wells and cisterns for their water sources. Any disruption with water delivery would severely impact our community's ability to follow public health measures for sanitation of high-contact surfaces and hand hygiene.

Another consideration for this community is household size. In Ontario, the average number of people in a household is 2.9. **In a recent pilot study on Six Nations, it was found that 37% of families had 4 or more people living in one household.** It is not uncommon in Six Nations for multiple generations to live in one home, as familial ties are an important aspect of our Haudenosaunee culture. However, large household and multi-generational homes pose particular challenges in battling the spread of COVID-19 as the virus can quickly spread throughout the household infecting those most vulnerable such as grandparents or those with underlying medical conditions.

## OBJECTIVES

The objectives of this framework are as follows

- Mitigate the risk of increased transmission
- Protect vulnerable or high risk community members (e.g. elders, people with underlying or immune-compromising health conditions, people living in crowded conditions, people with low incomes or insecure employment) and settings (e.g. long-term care facilities, shelters, and healthcare facilities).
- Maintain the health care and public health capacity demands below critical levels
- Allow social and economic activity to continue with appropriate conditions and controls in place
- Monitor data trends to inform decision-making regarding modifications to approach
- Frequent and transparent communication to the public



## CORE PERSONAL PUBLIC HEALTH PRACTICES

Until such time that the Alert System can be discontinued, **core personal public health practices will need to be in place to maximize our ability to control the spread of the virus for the long term.** The following core personal public health practices are fundamental, and should continue throughout all steps of the COVID-19 response, even when the risk for transmission is low:

- Good hygiene (hand hygiene, avoid touching face, respiratory etiquette)
- Staying at home and away from others if symptomatic/feeling ill
- Maintaining physical distancing from non-household members
- Cleaning and disinfecting high touch point surfaces regularly
- Staying at home as much as possible if at high risk of severe illness (e.g. immunocompromised, elderly)
- Wearing cloth face coverings or masks when in public settings or around others who do not live in your immediate household
- Wearing a medical mask or cloth face covering, if experiencing symptoms of any communicable disease
- Reducing non-essential travel

## KEY RISK FACTORS FOR TRANSMISSION

Prolonged, unprotected, close contact is the highest risk scenario for transmission. This means being in close proximity to others without the use of masks or other personal protective equipment for longer than 15 minutes. However, any combination of the key risk factors increases the risk of transmission.

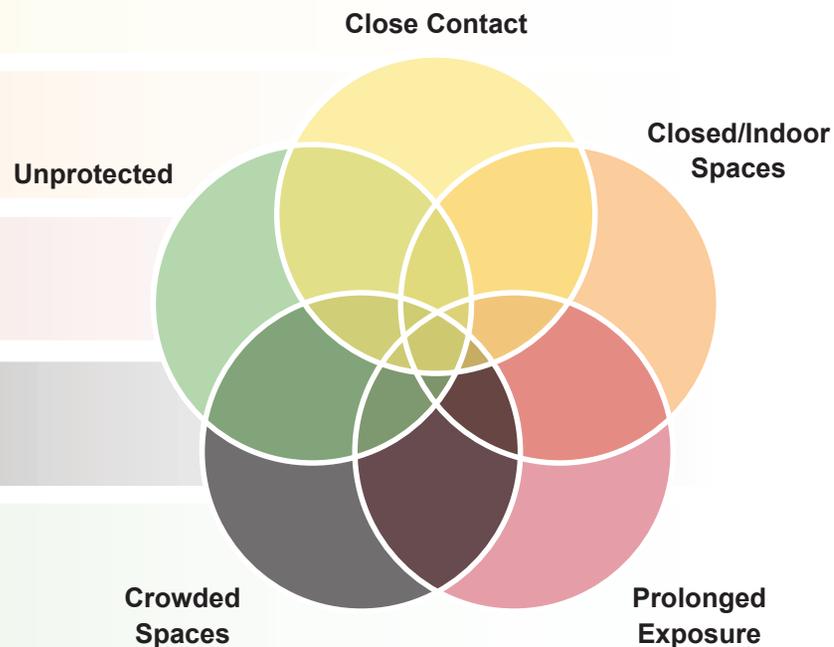
**Close Contact** – Within 6 ft/2m of another person/people

**Closed/Indoor Spaces** – In an enclosed space, especially with poor ventilation (no windows or fresh air)

**Prolonged Exposure** – Contact with other people for an extended period of time (>15 minutes)

**Crowded Places** – In areas with many people (indoors or outdoors)

**Unprotected** – Without the use of personal protective equipment (cloth face coverings, medical masks, eye goggles, face shields, etc.) A face shield or mouth guard are NOT acceptable alternatives to wearing a mask/face covering

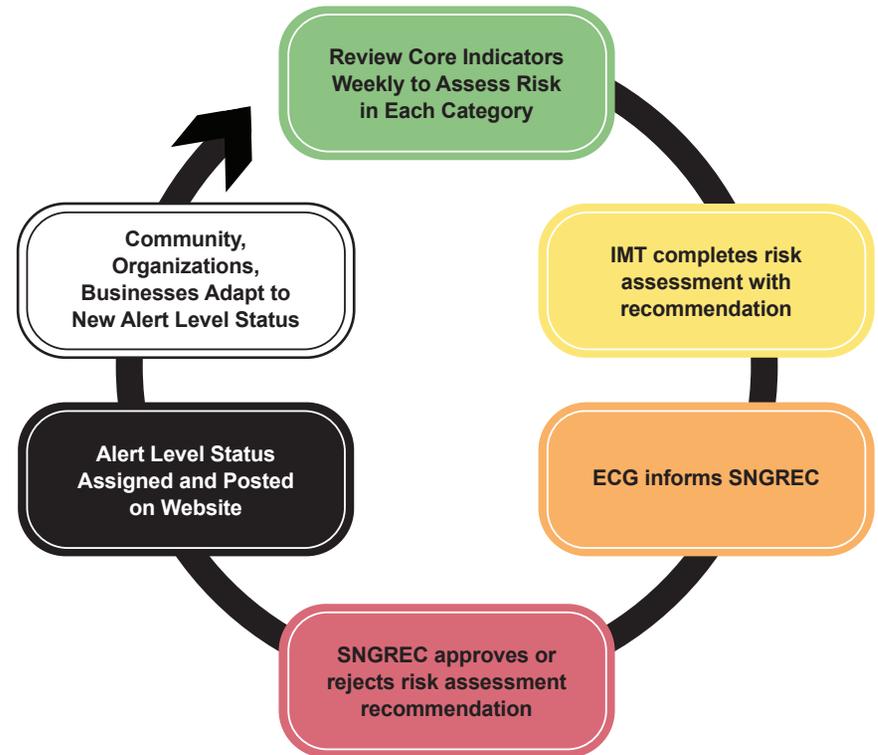


# Alert Level Evaluation & Update Procedure

The Alert Level System provides guidance on measures to implement in settings where interactions happen with the general public during the COVID-19 pandemic. It outlines restrictions that are necessary to implement depending on the risks present in the community and surrounding area.

The Alert Level is changed based on a Risk Assessment conducted by the Incident Management Team (IMT). Each week, the IMT evaluates the level of risk and provides a summary of the risk factors with a recommendation to maintain, increase or decrease restrictions to the Emergency Control Group (ECG). The risk assessment is based on the core monitoring indicators outlined.

The ECG then informs Six Nations of the Grand River Elected Council (SNGREC) of the risk assessment evaluation and associated recommendation. SNGREC will make the decisions to either approve or reject the risk assessment recommendation. If council approves an alert level change, the community is then informed.



## COVID-19 CORE MONITORING INDICATORS

Each week the Core Monitoring Indicators are reviewed and a Risk Assessment is done that takes all the indicators into consideration. The risk assessment will assign Low, Moderate, High or Very High risk level for that week. Depending on the Risk Assessment outcome, an associated recommendation follows to reduce, increase or maintain our level of restrictions. As described in the procedure above, SNGREC makes the final decision on if the risk assessment recommendation is followed or not.

All of the following domains track indicators in Six Nations except for Surrounding Area Hospital Capacity as Six Nations does not have a hospital on the territory and relies on hospital capacity in Brant, Haldimand-Norfolk and Hamilton.

Domain	Indicator	Low Risk	Moderate Risk	High Risk	Very High Risk
Virus Spread & Containment	# of Six Nations community cases in the past 14 days	< 2 new cases/week or decreasing trend R= <1 % positivity= <5%	3-5 cases per week or decreasing trend R= 1 % positivity= 5-9%	6-9 cases per week or stable trend R= 1-1.2 % positivity= 10-14%	>10 cases per week or sudden increasing trend R= >1.2 % positivity= >15%
	Workplace setting or other setting outbreaks – determined by OPH	No outbreaks occurring in workplace or other settings	Outbreak trends/ observations - small scale outbreaks	Repeated outbreaks in multiple sectors/settings OR increase/# of large outbreaks	Repeated outbreaks in multiple sectors/settings AND increasing/# of large outbreaks
Assessment Centre Capacity	Avg calls per week Avg tests per week Wait time for test Avg number of symptomatic calls	Low volume and/or can easily meet demand	Moderate-high volume but able to meet demand	High volume and/or struggling to meet demand	Extremely high volume and/or not able to meet demand
Surrounding Area Hospital Capacity	Acute care bed occupancy	< 70%	70-80%	81-90%	> 90%
	ICU Bed Occupancy	< 70%	70-80%	81-90%	> 90%
Ohswegen Public Health Capacity	OPH can meet the demands of case and contacts tracing	Low volume and/or can easily meet demand	Moderate-high volume but able to meet demand	High volume and/or struggling to meet demand	Extremely high volume and/or not able to meet demand

## COVID-19 CORE MONITORING INDICATORS, continued

Domain	Indicator	Low Risk	Moderate Risk	High Risk	Very High Risk
Paramedic Capacity	# of COVID-19 related calls	Low volume and/or can easily meet demand	Moderate-high volume but able to meet demand	High volume and/or struggling to meet demand	Extremely high volume and/or not able to meet demand
	# of EMS tests per week				
Community Compliance	Avg. # of hours spent in off-load delays per week	High compliance	Moderate compliance	Low compliance	Low compliance
	Isolation compliance				
	Quarantine Compliance				
	Public Health Measures compliance				
	Reports of gatherings	No reports of gatherings	Small gatherings reported	Large gatherings reported	Large gatherings reported



## DETERMINING OVERALL RISK

Each week based on the trends from the Core Indicators, an overall risk score is determined (see table below)

	Low Risk	Moderate Risk	High Risk	Very High Risk
Risk Assessment	<ul style="list-style-type: none"> <li>COVID-19 is present provincially, nationally or internationally</li> <li>Isolated household transmission could be occurring</li> <li>Meeting all other target goals</li> </ul>	<ul style="list-style-type: none"> <li>Household transmission could be occurring</li> <li>Single or isolated cluster outbreaks</li> <li>Some core indicators showing areas of concern</li> </ul>	<ul style="list-style-type: none"> <li>Community transmission might be happening</li> <li>New clusters may emerge but can be controlled through testing and contact tracing</li> <li>Major concerns about system capacity</li> </ul>	<ul style="list-style-type: none"> <li>Community transmission is occurring</li> <li>Widespread outbreaks and new clusters</li> <li>System capacity is above critical levels</li> </ul>

## RECOMMENDATIONS FOR UPDATING ALERT LEVEL STATUS

Below provides an overview of the criteria for recommending changing the Alert Level status based on the weekly Risk Assessments. Note that SNGREC may choose to reject or follow the risk assessment recommendation.

Alert Level	Criteria for Assigning Alert Level Status	Example Scenario
<p><b>Major Signal: Automatic Increase to Alert Level Kahòn:tsi (Black)</b></p>	<p>Weekly risk assessment evaluated at very high risk <b>OR</b> Brantford public health unit or surrounding areas are in “lockdown” <b>OR</b> if there is a province wide or federal wide lockdown</p>	<p>Even if we are in Yellow, if the weekly risk assessment indicates we are VERY HIGH RISK, we would automatically go to Alert Level Black (Lockdown scenario)</p>
<p><b>Minor Signal: Increase Alert Level</b></p>	<p>Weekly risk assessment evaluated at <b>high risk</b> OR Brant /surrounding area are in higher level than Six Nations</p>	<p>If we are currently at Yellow (lowest restrictions), but the weekly risk assessment indicates we are currently HIGH RISK – the Alert Level would increase by one level, in this case, up to Alert Orange <b>OR</b> if Brant is in Orange, but we are in a low risk scenario and have no cases we would still move to Yellow to have added precautions in place that take into consideration the surrounding area</p>
<p><b>Maintain Current Position</b></p>	<p>Weekly risk assessment evaluated at <b>moderate risk</b></p>	<p>No matter what Alert Level status we are at, a weekly risk assessment that indicate MODERATE RISK means we stay in our current position. If we are in Orange, we would stay there</p>
<p><b>Decrease Alert Level</b></p>	<p>2 consecutive weeks with <b>low risk</b> after the risk assessment <b>and</b> a 3% increase in vaccine coverage</p>	<p>If after 2 consecutive weeks with LOW RISK after the risk assessment and we have increased vaccine coverage by 3% we may safely reduce our alert level</p>

## PUBLIC HEALTH MEASURES IN THE ALERT LEVEL SYSTEM

All private and monitored gatherings should also include measures such as physical distancing, masking and cleaning/hygiene protocols. In general, it is not recommended to gather with anyone outside of your household unless you are wearing masks.

All businesses should implement the Six Nations Health and Safety Guidelines at a minimum, though increased precautions above and beyond the guidelines at any business setting is encouraged and supported.

Elementary schools and daycares will remain open except under extreme circumstances or due to a setting outbreak. All settings will have to submit their safety plans and demonstrate readiness to open to Ohsweken Public Health prior to being cleared to operate. Safety measures will include enhanced screening, cleaning, space modifications and other risk mitigation strategies.

Elementary schools and daycares will have different re-opening plans and may operate at reduced capacity until there is a vaccine.

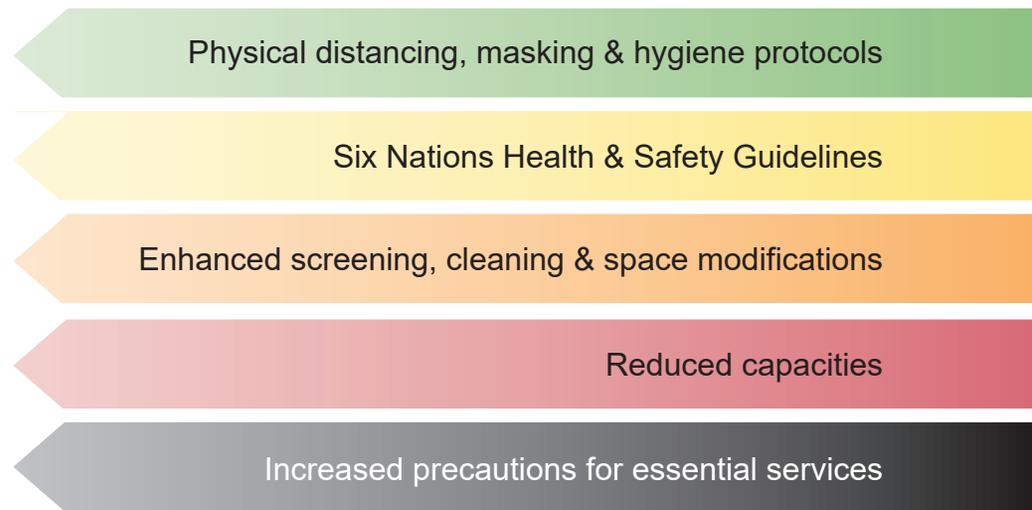
Any organizations or departments that operate under ministry guidelines, should abide by those guidelines including any restrictions or measures recommended. Essential services can operate even under a lockdown scenario, though with increased precautions.

## COVID-19 VACCINE RECOMMENDATION

The COVID-19 vaccine is available to those over 12 years old, we highly recommend those living/working in the community to

get the COVID-19 vaccine as soon as possible. There are many ways to strengthen your immune system as an individual, such as using traditional medicines, healthy eating, exercise, vitamins, and adequate sleep. However, these methods should continue to be used **in addition** to getting vaccinated, not as a replacement. Therefore, we encourage Six Nations community members to maximize their protection with vaccination.

The COVID-19 vaccine is an added layer of protection for the individual but when a sufficiently high number of the community is vaccinated it makes the whole community safer. However, some people may choose not to be vaccinated and this means we will need to maintain public health restrictions for the time being.



## PUBLIC HEALTH MEASURES – GENERAL

All businesses, organizations, monitored functions/gatherings should implement the Six Nations COVID-19 Health and Safety Guidelines at a minimum. This includes but is not limited to:

Alert Level 1: Óhonte (Green)	Alert Level 2: Otsì:nekwar (Yellow)	Alert Level 3: Otiarén:ta (Orange)	Alert Level 4: Onekwénhtara (Red)	Alert Level 5: Kahòn:tsi (Black)
LOW	MODERATE	HIGH	VERY HIGH	MAXIMUM
<ul style="list-style-type: none"> <li>Highly recommend those living/working in our community should receive the COVID-19 vaccine as soon as possible</li> <li>Prioritizing outdoor gatherings/meetings over indoor whenever possible</li> <li>Active screening of staff before each shift</li> <li>Active screening of patrons/customers/clients in some settings such as where they are staying indoors or have prolonged contact (&gt;15 minutes)</li> <li>Use of Personal Protective Equipment               <ul style="list-style-type: none"> <li>» All staff should wear face coverings (even when on break if they are with other staff)</li> <li>» All patrons/customers/clients should wear face coverings</li> <li>» Staff should also wear face shield/goggles if in close proximity (&lt;2m) with a customer or client, especially if the customer/client is not wearing a face covering</li> </ul> </li> <li>Capacity limits               <ul style="list-style-type: none"> <li>» All buildings should not exceed the capacity to allow at a minimum of 2m/6ft between staff, clients/customers/patrons (at least 3m for gyms/fitness)</li> </ul> </li> <li>Cleaning and Disinfecting               <ul style="list-style-type: none"> <li>» Have a regular cleaning/disinfecting protocol, provide hand sanitizer or hand washing stations, etc.</li> </ul> </li> <li>Develop Safety Plans to keep staff/customers/clients safe</li> </ul>				
Group sizes – with masks & public health measures in place: <b>50 indoors, 100 outdoors</b>	Group sizes – with masks & public health measures in place: <b>25 indoors, 50 outdoors</b>	Group sizes – with masks & public health measures in place: <b>10 indoors, 25 outdoors</b>	Group sizes – with masks & public health measures in place: <b>5 indoors (only within immediate household), 10 outdoors</b>	Group sizes – with masks & public health measures in place: <b>0</b> <b>Only those within your immediate household</b>

Please refer to the **Six Nations COVID-19 Health and Safety Guidelines** for more detailed information on measures to put in place in your business/organization. You can find them on <https://www.sixnationscovid19.ca/>

## OUTDOOR AND INDOOR RECREATIONAL FACILITIES

Outdoor recreational facilities includes all outdoor recreational amenities this includes but is not limited to: skateboarding/bike park, horse riding, walking tracks, sports fields, splash pad, playgrounds etc.

Indoor recreational facilities includes all indoor recreational amenities including gymnasiums, community centres, multi-purpose facilities, arenas, and other recreational facilities. Please see section on Team Sports for guidance specific to this activity.

Alert Level 1: Óhonte (Green)	Alert Level 2: Otsì:nekwar (Yellow)	Alert Level 3: Otiarén:ta (Orange)	Alert Level 4: Onekwénhtara (Red)	Alert Level 5: Kahòn:tsi (Black)
<ul style="list-style-type: none"> <li>• Require appointments for entry; one reservation for teams</li> <li>• All spectators to wear face coverings</li> <li>• Limit volume of music (e.g., conversation level)/require use of microphone for instructor where needed to avoid shouting</li> <li>• Screening of all players and spectators prior to entry</li> <li>• Implementation of Six Nations Health and Safety Guidelines</li> <li>• For a facility that is a community centre or multi-purpose facility, the capacity limits apply in respect of each room that is physically separated from other rooms in the facility</li> </ul>				Closed
<ul style="list-style-type: none"> <li>• Outdoor sports/recreational classes capacity restrictions to permit 3m distancing</li> <li>• Indoor sports/recreational classes capacity restrictions to permit 3m distancing</li> </ul>	<ul style="list-style-type: none"> <li>• Outdoor sports/recreational classes: <b>25</b> must permit 3m distancing</li> <li>• Indoor sports/recreational classes: <b>10</b> must permit 3m distancing</li> </ul>	<ul style="list-style-type: none"> <li>• Outdoor sports/recreational classes: <b>10</b></li> <li>• Indoor sports/recreational classes: <b>5</b></li> </ul>	<ul style="list-style-type: none"> <li>• Outdoor sports/recreational classes: <b>5</b></li> <li>• No indoor sports/recreational classes</li> </ul>	



## TEAM SPORTS

Team sports includes all sports that are played within a team setting and may include but are not limited to: baseball, softball, lacrosse, hockey, rugby etc. Enhanced measures and restrictions for sports teams as participants are in close proximity, breathing heavily and there are a number of people in an area at one time. Measures are needed to prevent or reduce the risk

of a large-scale outbreak due to participation in sports leagues. Where possible team sports, including practices, training, and scrimmages should be played outside to reduce the risk. All sports should have return to play plans, which will be reviewed and approved by the Emergency Control Group.

Alert Level 1: Óhonte (Green)	Alert Level 2: Otsì:nekwar (Yellow)	Alert Level 3: Otiarén:ta (Orange)	Alert Level 4: Onekwénhtara (Red)	Alert Level 5: Kahòn:tsi (Black)
<ul style="list-style-type: none"> <li>• Minimum 3m between each player</li> <li>• All attendees to wear face coverings</li> <li>• Team or individual sports must be modified to avoid physical contact between players</li> <li>• Require contact information for all patrons and attendance for team sports</li> <li>• Screening of all players and spectators prior to entry</li> <li>• Spectators to wear face coverings</li> <li>• Implementation of Six Nations Health and Safety Guidelines</li> <li>• Safety plan in place to mitigate risk</li> <li>• Return to play plans need to be approved by Emergency Control Group</li> </ul>				<p style="text-align: center;"><b>Closed</b></p>
<ul style="list-style-type: none"> <li>• All team sports limited to gathering sizes / minimal team sizes</li> </ul>			<ul style="list-style-type: none"> <li>• All team sports limited to gathering sizes / minimal team sizes</li> <li>• Training only</li> </ul>	



## GYMS & FITNESS

Gyms and fitness training centres are areas of heightened risk because clients are not wearing masks, are indoors and are breathing heavier than normal. Restrictions in these settings need to be stricter to lower this risk.

Community members should be aware that exercising indoors in a group setting/class is extremely risky and is not recommended. Although it may be permitted to occur when

community transmission is low, there are other exercise alternatives that are much safer. Having space between people exercising does **not** sufficiently reduce the risk of virus transmission indoors if those people are not wearing masks. Instead, consider exercising at home, outdoors, or with just a personal trainer if possible.

Alert Level 1: Óhonte (Green)	Alert Level 2: Otsì:nekwar (Yellow)	Alert Level 3: Otiarén:ta (Orange)	Alert Level 4: Onekwénhtara (Red)	Alert Level 5: Kahòn:tsi (Black)
<ul style="list-style-type: none"> <li>• Occupancy based on sq. footage to accommodate at least 3m between people indoors (area with weights or exercise equipment)</li> <li>• Face coverings required throughout facility except when exercising</li> <li>• Require contact information for all patrons</li> <li>• Limit volume of music (e.g., conversation level) / require use of microphone for instructor where needed to avoid shouting</li> <li>• Close saunas, steam rooms, whirlpools or any gathering areas</li> <li>• Ensure physical distancing can occur in change rooms (remind clients to keep masks on while in change rooms)</li> <li>• Screening of all patrons prior to entry</li> <li>• Implementation of Six Nations Health and Safety Guidelines</li> </ul>				Closed
<ul style="list-style-type: none"> <li>• Capacity restrictions to permit 3m distancing among participants</li> <li>• Outdoor classes/training highly recommended</li> </ul>	<ul style="list-style-type: none"> <li>• Indoor <b>10</b> / Outdoor <b>25</b> and <b>must</b> permit 3m distancing among participants</li> <li>• Outdoor classes/training highly recommended</li> </ul>	<ul style="list-style-type: none"> <li>• Indoor <b>5</b> / Outdoor <b>10</b> and <b>must</b> permit 3m distancing among participants</li> <li>• Outdoor classes/training highly recommended</li> </ul>	<ul style="list-style-type: none"> <li>• Personal training and <b>OUTDOOR ONLY</b> classes max <b>5</b> and <b>must</b> permit 3m distancing between participants</li> <li>• No indoor classes</li> </ul>	



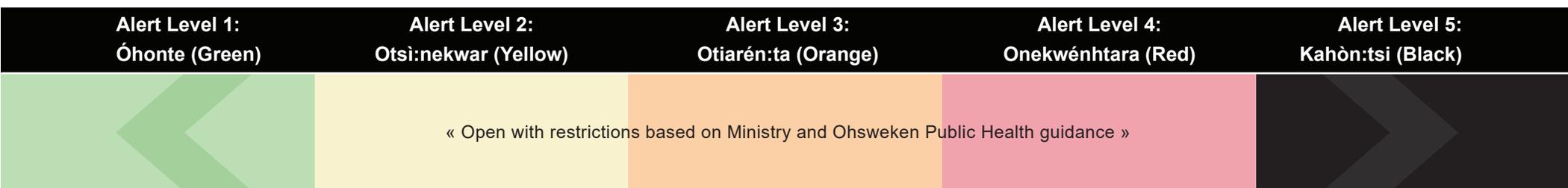
## SCHOOLS, CHILDCARE AND HIGH-SCHOOL/ POST-SECONDARY

Schools and childcare settings are unique in that there are enhanced protocols in place to keep staff and all children as safe as possible when at the setting. They have customized re-opening plans that include reduced classroom capacity, cohorts, and gradual resumption of school/childcare activities. They also have walk-throughs and involvement in thorough planning by Ohswé:ken Public Health and the Environmental Public Health Officer.

Having one case in a school does not necessarily mean the school has to shut down. Ohswé:ken Public Health will do contact tracing and isolate those who had a high risk exposure and those not affected can continue to attend class. Ohswé:ken Public Health is working with the schools and childcare settings on outbreak plans should a more widespread

outbreak occur. If the virus transmission situation in the community is sufficiently concerning that schools need to close, then it will be recommended regardless of the Alert Level Status.

High-school/post-secondary institutions should do their own assessments of whether students need to be in class and how much of the activities can be done virtually. Some programs may require hands-on components such as in certain trades' education, but all health and safety protocols should be in place to minimize risk. All teaching that can be done virtually should be. High school/post-secondary institutions should submit their safety plans to ECG and/or Ohswé:ken Public Health for assistance with implementation and for recommendations for safe in-person activities.



For Federal elementary schools only – in-school learning will remain closed for the 2020-2021 school year



## CHILDREN'S DAY CAMPS

NOTE: The maximum number for each alert level is not mandatory – a group can operate below recommended max #

Alert Level 1: Óhonte (Green)	Alert Level 2: Otsì:nekwar (Yellow)	Alert Level 3: Otiarén:ta (Orange)	Alert Level 4: Onekwénhtara (Red)	Alert Level 5: Kahòn:tsi (Black)
<ul style="list-style-type: none"> <li>• Ensure all current infection prevention and control practices are adhered to</li> <li>• Operate programs in consistent cohorts (with assigned staff members)</li> <li>• Physical distancing of greater than 2m should be maintained among cohorts</li> <li>• Field trips and off-site activities is permitted if transportation is limited to a single existing cohort of day campers.</li> <li>• Camps should remain outdoors as much as possible</li> </ul>				<ul style="list-style-type: none"> <li>• Follow Ministry of Health safety guidelines for day camps</li> <li>• Cohorts should not mix with other cohorts</li> </ul>
	<ul style="list-style-type: none"> <li>• Follow Ministry of Health safety guidelines for day camps</li> <li>• Cohorts should not mix with other cohorts</li> </ul>			

## CAMPGROUNDS

Alert Level 1: Óhonte (Green)	Alert Level 2: Otsì:nekwar (Yellow)	Alert Level 3: Otiarén:ta (Orange)	Alert Level 4: Onekwénhtara (Red)	Alert Level 5: Kahòn:tsi (Black)
<ul style="list-style-type: none"> <li>• Any locker rooms, change rooms, and showers must be closed, except to provide access to equipment storage, a washroom or a portion of the campground that is used to provide first aid</li> <li>• Any equipment that is rented or provided to campground guests must be cleaned and disinfected between each use</li> <li>• The person responsible for the campground must ensure that every person using the campground is complying with any applicable restrictions on gathering sizes.</li> <li>• Implementation of Six Nations Health and Safety Guidelines</li> <li>• Campers need to stay within their own groups and not intermingle with other groups</li> </ul>				<p><b>Closed</b></p>
<ul style="list-style-type: none"> <li>• Capacity restrictions to permit 2m distancing</li> </ul>	<ul style="list-style-type: none"> <li>• Maximum gatherings: <b>50</b> outdoors while permitting 2m distancing</li> </ul>	<ul style="list-style-type: none"> <li>• Maximum gatherings: <b>25</b> outdoors while permitting 2m distancing</li> </ul>	<ul style="list-style-type: none"> <li>• Maximum gatherings: <b>10</b> outdoors while permitting 2m distancing</li> </ul>	

## RESTAURANTS & FOOD STANDS

Restaurants that have indoor dining are at heightened risk because patrons cannot wear masks while eating or drinking, they are often talking to others and stay in the establishment for an extended period of time. Increased precautions are needed in these settings to reduce the risk. Food stands are at a lower risk because patrons pick up their meals and leave, or are seated at picnic tables. Screening and taking contact info for take-out is not necessary.

Community members should keep in mind that although dining at restaurants may be permitted, it is very risky and is not recommended to engage in this activity, especially with anyone outside of your immediate household. There are safer alternatives to see friends/family such as getting take-out and eating outdoors with sufficient space between you.

Alert Level 1: Óhonte (Green)	Alert Level 2: Otsì:nekwar (Yellow)	Alert Level 3: Otiarén:ta (Orange)	Alert Level 4: Onekwénhtara (Red)	Alert Level 5: Kahòn:tsi (Black)
<ul style="list-style-type: none"> <li>• Require masks when not eating or drinking</li> <li>• Require patrons to be seated; 2m minimum between tables</li> <li>• No Karaoke permitted</li> <li>• Require all patron contact info</li> <li>• Screening of all patrons prior to entry</li> <li>• Limit volume of music (e.g., to be no louder than the volume of a normal conversation)</li> <li>• No buffet style service</li> <li>• Line-ups/patrons congregating outside venues managed by venue; 2m distance and face covering required</li> <li>• Recommend that indoor diners only dine with household members</li> <li>• Recommend patrons to limit conversations when eating/drinking and not wearing a mask</li> <li>• Implementation of Six Nations Health and Safety Guidelines</li> </ul>				<p><b>Take out, drive-through &amp; delivery ONLY (no indoor/outdoor dining)</b></p>
<ul style="list-style-type: none"> <li>• Indoor with capacity and other restrictions to permit 2m distancing</li> <li>• Outdoor dining with capacity limited to permit 2m distancing</li> </ul>	<ul style="list-style-type: none"> <li>• Limit of <b>6</b> people may be seated together</li> </ul>	<ul style="list-style-type: none"> <li>• Limit of <b>4</b> people may be seated together</li> </ul>	<ul style="list-style-type: none"> <li>• Close indoor dining</li> <li>• Outdoor dining, curbside pickup/delivery</li> </ul>	



## PERSONAL CARE SERVICES

Enhanced measures are necessary for personal care services as patrons are typically in the space for a prolonged period of time, service providers need to be in very close proximity to clients and for some procedures, clients may not be able to wear a mask. Screening is recommended to avoid contact with anyone who may be ill or in self-isolation and taking contact information is recommended in the event of an outbreak for contact tracing purposes.

Alert Level 1: Óhonte (Green)	Alert Level 2: Otsì:nekwar (Yellow)	Alert Level 3: Otiarén:ta (Orange)	Alert Level 4: Onekwénhtara (Red)	Alert Level 5: Kahòn:tsi (Black)
<ul style="list-style-type: none"> <li>Require contact information from all patrons</li> <li>Require screening of patrons</li> <li>Limit # of patrons in building based on sq. footage to accommodate 6ft/2m between patrons</li> <li>Implementation of Six Nations Health and Safety Guidelines</li> </ul>				Closed
<ul style="list-style-type: none"> <li>Open with capacity limited to permit 2m distancing</li> </ul>	<ul style="list-style-type: none"> <li>Open with capacity limited to permit 2m distancing</li> </ul>	<ul style="list-style-type: none"> <li>Open with capacity limited to permit 2m distancing</li> <li>No services requiring removal of face coverings</li> </ul>	<ul style="list-style-type: none"> <li>Consider limiting # of daily appointments, increasing cleaning, etc.</li> <li>No services requiring removal of face coverings</li> </ul>	

## RETAIL

Alert Level 1: Óhonte (Green)	Alert Level 2: Otsì:nekwar (Yellow)	Alert Level 3: Otiarén:ta (Orange)	Alert Level 4: Onekwénhtara (Red)	Alert Level 5: Kahòn:tsi (Black)
<ul style="list-style-type: none"> <li>All patrons to wear face coverings</li> <li>Line-ups/patrons congregating outside, 2m distance and face covering required</li> <li>Limit # of patrons indoors based on sq. footage of space</li> <li>Implementation of Six Nations Health and Safety Guidelines</li> <li>Curbside pickup / delivery recommended</li> </ul>				Curbside pickup/ delivery only

## ORGANIZED PUBLIC EVENTS, RELIGIOUS OR CEREMONIAL ACTIVITIES

Public events, religious or ceremonial activities create a site of increased risk for transmission as a large number of people are congregating for an extended period of time, and activities often include speeches, singing or dancing.

A “monitored” or “organized” gathering or event is one that has staff/volunteers on site who have put public health measures in place, including screening, mask enforcement, hand hygiene

stations, etc. It may also include contact tracing logs and other protocols. Private gatherings do **NOT** fall into this category.

Please note that the numbers for gathering sizes is **ONLY** applicable to gatherings/events/activities where physical distancing **AND** masking occurs. Private social gatherings with anyone outside your immediate household where people do not physical distance or wear masks is **NOT** recommended.

Alert Level 1: Óhonte (Green)	Alert Level 2: Otsì:nekwar (Yellow)	Alert Level 3: Otiarén:ta (Orange)	Alert Level 4: Onekwénhtara (Red)	Alert Level 5: Kahòn:tsi (Black)
<ul style="list-style-type: none"> <li>Require screening and logging contact information for all attendees</li> <li>Minimum 6ft/2m between each person</li> <li>Singers must be separated from rest of attendees, behind a Plexiglas or impermeable barrier</li> <li>No self-serve food</li> <li>Ceremonies that involve going from house to house are strongly discouraged</li> <li>All attendees to wear face coverings</li> <li>Implementation of Six Nations Health and Safety Guidelines</li> </ul>				
<ul style="list-style-type: none"> <li>Capacity cannot exceed <b>50</b> people indoors, <b>100</b> outdoors (<i>with physical distancing</i>)</li> <li>Outdoors highly recommended</li> </ul>	<ul style="list-style-type: none"> <li>Capacity cannot exceed <b>25</b> indoors, <b>50</b> outdoors (<i>with physical distancing</i>)</li> <li>Outdoors highly recommended</li> </ul>	<ul style="list-style-type: none"> <li>No food served or eating indoors</li> <li>Capacity cannot exceed <b>10</b> indoors, <b>25</b> outdoors (<i>with physical distancing</i>)</li> <li>Outdoors highly recommended</li> </ul>	<ul style="list-style-type: none"> <li>No food served or eating indoors</li> <li>Capacity cannot exceed <b>5</b> indoors, <b>10</b> outdoors (<i>with physical distancing</i>)</li> <li>Outdoors highly recommended</li> </ul>	<p><b>Closed</b></p> <p>Virtual or drive-in events permitted (<i>if everyone stays in the vehicle</i>)</p>



## MEETINGS AND EVENT SPACES

Enhanced measures are needed for any meetings or events when people will be indoors in the same space for a prolonged period of time. Extra precautions should be made whenever serving food or drinks in these settings.

Alert Level 1: Óhonte (Green)	Alert Level 2: Otsì:nekwar (Yellow)	Alert Level 3: Otiarén:ta (Orange)	Alert Level 4: Onekwénhtara (Red)	Alert Level 5: Kahòn:tsi (Black)
<ul style="list-style-type: none"> <li>• Booking multiple rooms for the same event not permitted</li> <li>• All attendees to wear face coverings at all times</li> <li>• Active screening and contact info for all attendees</li> <li>• No self-serve food (<i>have staff prepare plates ahead of time or serve to attendees</i>)</li> <li>• Limit volume of music (<i>e.g., to be no louder than the volume of a normal conversation</i>)</li> <li>• At least 6ft/2m between each person</li> <li>• Implementation of Six Nations Health and Safety Guidelines</li> </ul>				
<ul style="list-style-type: none"> <li>• Occupancy limits based on sq. footage accommodating at least 6ft/2m between each person (<i>up to max 50 people indoors &amp; 100 people outdoors</i>)</li> <li>• Outdoors highly recommended</li> </ul>	<ul style="list-style-type: none"> <li>• Occupancy limits based on sq. footage accommodating at least 6ft/2m between each person (<i>up to max 25 people indoors &amp; 50 people outdoors</i>)</li> <li>• Outdoors highly recommended</li> </ul>	<ul style="list-style-type: none"> <li>• No food or drink served</li> <li>• Occupancy limits based on sq. footage accommodating at least 6ft/2m between each person (<i>up to max 10 people indoors &amp; 25 people outdoors</i>)</li> <li>• Outdoors highly recommended</li> </ul>	<ul style="list-style-type: none"> <li>• No food or drink served</li> <li>• Occupancy limits based on sq. footage accommodating at least 6ft/2m between each person (<i>up to max 5 people indoors &amp; 10 people outdoors</i>)</li> <li>• Outdoors highly recommended</li> </ul>	<p><b>Closed</b></p>



## BINGO HALL

The Bingo Hall is a site at increased risk for transmission as people are congregating indoors for an extended period of time.

Alert Level 1: Óhonte (Green)	Alert Level 2: Otsì:nekwar (Yellow)	Alert Level 3: Otiarén:ta (Orange)	Alert Level 4: Onekwénhtara (Red)	Alert Level 5: Kahòn:tsi (Black)
<ul style="list-style-type: none"> <li>• Require screening of patrons</li> <li>• Require contact information from all patrons</li> <li>• Minimum 6ft/2m between each person</li> <li>• Implementation of Six Nations Health and Safety Guidelines</li> <li>• No smoking indoors</li> </ul>				<p><b>Closed</b> (<i>Virtual or drive-in permitted if everyone stays in the vehicle</i>)</p>
Capacity cannot exceed <b>50</b> people	Capacity cannot exceed <b>25</b> people	<ul style="list-style-type: none"> <li>• No food served or eating indoors</li> <li>• Capacity cannot exceed <b>10</b> patrons</li> </ul>	<ul style="list-style-type: none"> <li>• No food served or eating indoors</li> <li>• Capacity cannot exceed <b>5</b> people</li> </ul>	

## MOTORSPORTS/SPEEDWAY

Motorsports/Speedway is at increased risk for transmission as people are coming from many different areas into the community. However, these settings are outside creating a lower risk. It is recommended motorsports provide Emergency Control Group with a reopening plan prior to opening to ensure safety measures are in place to mitigate the risk of COVID-19 transmission into the community.

Alert Level 1: Óhonte (Green)	Alert Level 2: Otsì:nekwar (Yellow)	Alert Level 3: Otiarén:ta (Orange)	Alert Level 4: Onekwénhtara (Red)	Alert Level 5: Kahòn:tsi (Black)
<ul style="list-style-type: none"> <li>• Require screening of patrons</li> <li>• Require contact information from all patrons</li> <li>• Minimum 6ft/2m between each person</li> <li>• Implementation of Six Nations Health and Safety Guidelines</li> <li>• Have a safety plan in place which describe the measures and procedures which have been implemented to reduce the transmission of COVID-19</li> </ul>				<p><b>Closed</b></p>
• Open with capacity and crew restrictions	• Open with capacity and crew restrictions	• Open with capacity and crew restrictions ( <b>no spectators</b> )	<ul style="list-style-type: none"> <li>• <b>Closed</b> – Practice only</li> <li>• Provide re-opening plan (ECG)</li> </ul>	

## PERFORMING ARTS

Alert Level 1: Óhonte (Green)	Alert Level 2: Otsì:nekwar (Yellow)	Alert Level 3: Otiarén:ta (Orange)	Alert Level 4: Onekwénhtara (Red)	Alert Level 5: Kahòn:tsi (Black)
<ul style="list-style-type: none"> <li>• Singers and players of wind or brass instruments must be separated from spectators by plexiglass or some other impermeable barrier</li> <li>• Rehearsal or performing a recorded or broadcasted event permitted</li> <li>• Performers and employees must maintain 2m physical distance except for purposes of the performance</li> <li>• Drive-in performances permitted</li> <li>• Require contact information and active screening of all guests</li> <li>• Occupancy based on sq. footage to accommodate physical distancing of at least 2m between people</li> <li>• Implementation of Six Nations Health and Safety Guidelines</li> </ul>				Closed
<ul style="list-style-type: none"> <li>• Up to maximum of <b>50</b> spectators indoors and <b>100</b> outdoors</li> </ul>	<ul style="list-style-type: none"> <li>• Up to maximum of <b>25</b> spectators indoors and <b>50</b> outdoors</li> </ul>	<ul style="list-style-type: none"> <li>• Up to maximum of <b>10</b> spectators indoors and <b>25</b> outdoors</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Closed</b> to spectators</li> <li>• Singers and players of brass or wind instruments must be separated from any other performers by plexiglass or other impermeable barrier</li> </ul>	

## LARGE COMMUNITY GATHERINGS

Mass community gatherings include, but is not limited to: Pow Wow, Fall Fair, Bread & Cheese, Solidarity Day events, etc.

Alert Level 1: Óhonte (Green)	Alert Level 2: Otsì:nekwar (Yellow)	Alert Level 3: Otiarén:ta (Orange)	Alert Level 4: Onekwénhtara (Red)	Alert Level 5: Kahòn:tsi (Black)
<ul style="list-style-type: none"> <li>• Require contact information and active screening of all guests</li> <li>• Masks for all guests and staff</li> <li>• Occupancy based on sq. footage to accommodate physical distancing of at least 2m between people</li> <li>• Implementation of Six Nations Health and Safety Guidelines</li> <li>• Submit Event Plans to Emergency Control Group</li> </ul>				Closed
<ul style="list-style-type: none"> <li>• Open at reduced capacity (gathering sizes) &amp; other restrictions</li> <li>• Send event requests to ECG</li> </ul>		Closed	Closed	

## How is Six Nations Affected by Ontario's Re-Opening Plan?

In Six Nations, we have developed our own indicators and thresholds for action. Our criteria is customized to our own community and considers our specific context. Our thresholds for action are specific to Six Nations. Ontario's re-opening plan is considering the entire province in their plan. The province has discontinued their Alert Level plan. However, we will maintain our plan as we recognize the COVID-19 pandemic is not linear and may change so we need a plan that can adapt to this change.

If Brant or any surrounding area is in a different stage or has different restrictions, it does have an affect on what measures we implement in our community as our community relies on services in those areas. However, we will track our indicators based on virus transmission in our community and our ability to handle

those cases and this will have an impact on our measures as well. This is because although we are large for a reserve, we are small compared to other public health units and our numbers will not significantly affect Brant public health unit. This means we need to watch our own indicators and make decisions to implement measures that are appropriate for our community and not rely on Brant or other governments to do that for us.

In general, it is recommended we avoid other areas that have higher transmission levels than us. For instance, if we do not have any COVID-19 cases in the community we should try to stay local as much as possible to keep COVID-19 out of the community.

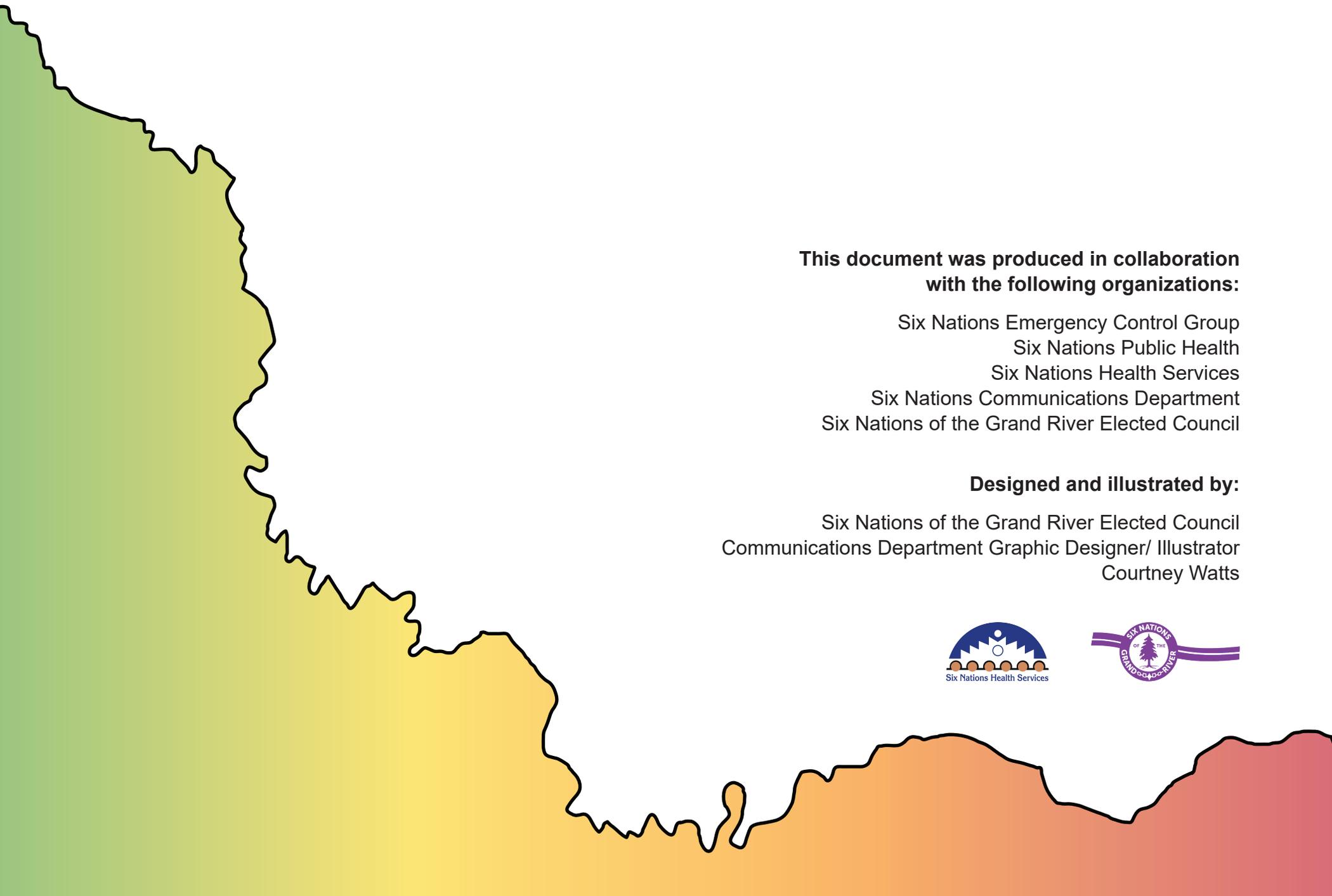
## When Do We Discontinue the Alert Level System?

We can end the alert level system once COVID-19 is no longer a threat that will cause severe illness and death to Six Nations community members. This means no new virus subtypes have been detected in humans. If present, risk of human infection or severity of disease is considered low. Ending of our Alert level system would indicate we have entered Inter-pandemic period of our pandemic response plan. This can occur once the following 3 criteria is met:

- 1. Herd immunity is reached as defined by global consensus**
- 2. Sufficient treatments available for those infected with COVID-19 to avoid severe and fatal outcomes**
- 3. Virus mutates into a significantly less virulent strain**

## How Often is the Framework Updated?

The framework will be reviewed quarterly (every 3 months) or if the COVID-19 pandemic significantly changes. The COVID-19 pandemic is unpredictable and as we learn new information, we need to update accordingly to ensure recommendations remain up-to-date and based on current evidence. At minimum, the Six Nations COVID-19 Pandemic Response Framework will be reviewed for any changes that need to occur every 3 months.



**This document was produced in collaboration  
with the following organizations:**

Six Nations Emergency Control Group  
Six Nations Public Health  
Six Nations Health Services  
Six Nations Communications Department  
Six Nations of the Grand River Elected Council

**Designed and illustrated by:**

Six Nations of the Grand River Elected Council  
Communications Department Graphic Designer/ Illustrator  
Courtney Watts

