Edwadrohe:k/Entewatia'taro:roke - We Will Gather/Come Together

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Summer 2025 Leisure Activities Guide

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June 1 - August 31, 2025



MESSAGE FROM THE 59th ELECTED CHIEF

Welcome to the 2025 Six Nations of the Grand River Summer Leisure Guide!

As the days grow longer and warmer, I encourage you to take part in the many exciting programs and leisure activities planned for the summer months.

These opportunities wouldn't be possible without the hard work and dedication of the individuals, organizations, and services within our community. Nia:wen for your continued commitment to Six Nations!

Sthe Hill

Sherri-Lyn Hill, Elected Chief, Six Nations of the Grand River

59th ELECTED CHIEF & COUNCILLORS

(519) 445-2201



COUNCILLOR DAYLE BOMBERRY (226) 387-8096



COUNCILLOR KERRY BOMBERRY (519) 732-1477



COUNCILLOR GREG FRAZER (226) 387-9112



COUNCILLOR CAROLE LESLEY GREENE (519) 761-7058



COUNCILLOR DEAN HILL (226) 387-8093



COUNCILLOR CYNTHIA JAMIESON (226) 387-8085



CHIEF SHERRI-LYN HILL

COUNCILLOR HAZEL JOHNSON (519) 732-2169



COUNCILLOR AMOS KEY JR. (226) 387-8089



COUNCILLOR HELEN MILLER (519) 717-2565



COUNCILLOR A. POWLESS-BOMBERRY (519) 717-2721



COUNCILLOR MELBA THOMAS (519) 732-2869



COUNCILLOR ALAINA VANEVERY (226) 387-8087

SEE THE NEXT PAGE TO EXPLORE WAYS TO CONNECT WITH ELECTED COUNCIL!

SNGREC RADIO UPDATES

Join 59th Elected Council every Friday for the Six Nations of the Grand River Elected Council Update on local radio stations!

To listen, tune in to Jukasa Radio (93.5FM) or CKRZ FM (100.3FM)!





59th ELECTED COUNCIL POLITICAL COMMITTEES

Built Environment, Climate Adaptation & Lands and Membership Chair: D. Bomberry | Co-Chair: H. Miller A. VanEvery, K. Bomberry, H. Johnson & L. Greene

Community Committee Chair: D. Hill | Co-Chair: D. Bomberry M. Thomas & K. Bomberry

Data Governance Chair: D. Hill | Co-Chair: G. Frazer A. Key Jr.

Education Language & Culture Chair: A. Key Jr. | Co-Chair: A. Powless-Bomberry L. Greene

Lands and Resources & Wealth and Economy Chair: C. Jamieson | Co-Chair: A. Key Jr. A. VanEvery, D. Hill, G. Frazer & H. Miller

Unity Building, External Government Relations & Justice Chair: G. Frazer | Co-Chair: C. Jamieson L. Greene, D. Hill & M. Thomas

Well-Being Committee Chair: A. Key Jr. A. Powless-Bomberry, H. Johnson, M. Thomas & L. Greene



JOIN OUR COUNCIL MEETINGS!

The Elected Council meetings are held to inform community members on updates, projects, and more at:

GENERAL FINANCE





HOW YOU CAN GET ON THE SNGR COUNCIL/COMMITTEE AGENDA

STEP 1: Write a written request to the SNGR Administration building



STEP 2: State your purpose and present the outcome you expect from presenting

STEP 3: Be as detailed as possible so Council is prepared for your request

STEP 4: Include contact info to be informed when your issue will be discussed in the meeting

STEP 5: Request deadlines are at 12:00 PM on Wednesdays prior to the next meeting



POLITICAL UPDATES

Keep informed on the latest Political Updates by following our social media channels – Facebook, Instagram, and X! @sixnationsgr

MESSAGE FROM SNGR'S CEO OFFICE

She:kon,

I am excited to announce the Summer 2025 Edition of the Edwadrohe:k/Entewatia'taro:roke (Leisure Guide! This edition features a variety of activities running from June 1, 2025, to August 31, 2025.

Our dedicated SNGR departments and community organizations have created fantastic events, programs, and activities for all ages and interests. Whether you're looking for outdoor adventures, cultural experiences, or family-friendly fun, there's something for everyone to enjoy.

Nia:wen,

Jennifer Com

Jennifer Court, Acting CEO, Six Nations of the Grand River

SNGR ADMINISTRATION OFFICES



CENTRAL ADMINISTRATION 1695 Chiefswood Road P: (519) 445-2201 F: (519) 445-2208



DEPARTMENT OF WELL-BEING 1745 Chiefswood Road P: (519) 445-2418 F: (519) 445-0368



FIRE & EMERGENCY SERVICES 17 Veterans Lane P: (519) 445-4054 F: (519) 445-4208



PARKS & RECREATION 1738 Fourth Line P: (519) 445-4311 F: (519) 445-4401



PUBLIC WORKS - Administration: 1953 Fourth Line P: (519) 445-445-4242 F: (519) 445-4763



PUBLIC WORKS - Transfer Station: 2470 Fourth Line P: (519) 445-445-1212



SOCIAL SERVICES 15 Sunrise Court P: (519) 445-445-2071 F: (519) 445-1783



SEE THE BACK COVER FOR WAYS TO STAY CONNECTED WITH SNGR!

CRISIS SUPPORTS

MOBILE CRISIS RAPID RESPONSE TEAM (226) 446-9902

(Monday-Friday, 8am-11pm) 1546 Chiefswood Road (Walk-in Available)

SIX NATIONS CRISIS LINE 1 (866) 445-2204 or (519) 445-2204 (Call 24/7) (226) 777-8480 (Text Monday-Friday, 8:30am-4pm)

INDIGENOUS VICTIMS SERVICES (226) 227-2192 (Office Line) 1 (866) 964-5920 (IVS Direct Line) 1 (866) 445-2204 (Crisis Line) (Monday-Friday, 8:30am-4:30pm)

GANOHKWASRA FAMILY ASSAULT SUPPORT SERVICES (519) 445-4324 (Call 24/7)

OHSWEKEN PUBLIC HEALTH (519) 761-9053 (8:30am-4:30pm)

NATIONAL INDIAN RESIDENTIAL SCHOOL CRISIS LINE 1 (866) 925-4419 (Call 24/7)

KIDS HELP LINE 1 (800) 668-6868 (Call 24/7) or CONNECT to 686868 (Text) kidshelpphone.ca (Online Chat)

TALK SUICIDE CANADA 1 (833) 456-4566 (Call 24/7) or 45645 (Text)

TALK 4 HEALING for INDIGENOUS WOMEN 1 (855) 554-4325 (Call/Text 24/7) www.beendigen.com (Live Chat)

FIRST NATIONS & INUIT HOPE for WELLNESS HELP LINE 1 (855) 242-3310 (Call 24/7) hopeforwellness.ca (Online Chat)

SNGR DEPARTMENTS

CENTRAL ADMINISTRATION (519) 445-2201 • 1695 Chiefswood Road

DEPARTMENT OF WELL-BEING (519) 445-2418 • 1745 Chiefswood Road

FIRE & EMERGENCY SERVICES (519) 445-4054 • 17 Veterans Lane

HOUSING (519) 445-2235 • 67 Bicentennial Trail

JUSTICE DEPARTMENT (226) 227-2192 • 1721 Chiefswood Road

LANDS & MEMBERSHIP (519) 445-4613 • 67 Bicentennial Trail

LANDS & RESOURCES (519) 753-0665 • 2498 Chiefswood Road

ONTARIO WORKS (519) 445-2084 • 12 Sunrise Court

PARKS & RECREATION (519) 445-4311 • 1738 Fourth Line

PUBLIC WORKS (519) 445-4242 • 1953 Fourth Line

SOCIAL SERVICES (519) 445-0232 • 15 Sunrise Court

TOURISM (519) 758-5444 • 1037 Highway 54

YERIHWAHRÓN:KAS – They Hear the Matters: (519) 758-5444

P.O. Box 5000, Ohsweken, Ontario, N0A 1M0 • 1695 Chiefswood Road



ONLINE RESOURCES @ SNPL



The Six Nations Public Library subscribes to a wide variety of online resources for the community. These can be accessed with your library card from the library's website.

Community Digital Archive	https://snpl.ca/digital-archive/		
Library Catalogue	Search or place holds for library books		
Ancestry.com	Available while using library internet		
Music Online:	Stream with Alexander Street		
A to Z World Food	Essential culinary resources		
A to Z World Travel	Travel • Cultures • Activities Transportation • Security		
Chilton Auto Manuals	Auto repair manuals and guides		
Career Cruising	Interactive career resource		
Digitalia Film	Movies & documentaries		
EBSCO Resources	Engine repair, hobbies, crafts, home improvement, small business		
Libby: ebook app	Read/listen anytime, anywhere		
Literature Resource Centre Gale Ebooks & Periodicals	Research, books, periodicals		
Novelist	Book recommendations		
Proquest	Scholarly journals, dissertations & theses		
WorldBook	Trustworthy resource for grades pre-K through high school		
World Cinema	Stream films from around the world		

www.snpl.ca/eresources

MALLER R

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JUNE CALENDAR/OVERVIEW

🛉 Events & Programs

MONDAY	TUESDAY	WEDNESDAY
Father's Day Contest (p. 42)	Father's Day Contest (p. 42) Salad for Seniors (p. 43)	Tom Longboat Run!4Father's Day Contest (p. 42)Incorporating Mindfulness into Everyday Life (p. 15)Tentewata:ton/Dedwadado Market (p. 44) Trailblazer Biking Program (p. 7)
9 Community Health Improvement Week (June 9-13, 2025)	Salad for Seniors (p. 43)	Safe Food Handling (p. 15) Tentewata:ton/Dedwadado Market (p. 44) Trailblazer Biking Program (p. 7)
[6	Salad for Seniors (p. 43)	Tentewata:ton/Dedwadado Market (p. 44) Trailblazer Biking Program (p. 7)
23 Closure Notice: All SNGR departments are closed today for Solidarity Day. Regular office hours resume June 24 @ 8:30am.	Salad for Seniors (p. 43) 24	Grief Recovery Method Group (p. 11) 25 Safe Food Handling (p. 15) Tentewata:ton/Dedwadado Market (p. 44) Trailblazer Biking Program (p. 7)
30	In June, we celebrate: National Indigenous History Month and Pride Month!	

TOM LONGBOAT RUN: Find June 4 event details at the Department of Well-Being social media!

∔ Getting Active/Movement



THURSDAY	FRIDAY	SATURDAY/SUNDAY
Father's Day Contest (p. 42)	PA Day Program (p. 3)	7
		8
12	Friday the 13th! 13	4
		Father's Day 5
Going on a Berry Hunt (p. 15)	20	Solidarity Day 21
	Summer Solstice: Today is the first day of Summer! Remember to stay	Solidarity Day (p. 3)
	hydrated and practice sun safety during the warm summer months.	22
Summer Kick-Off Event (p. 3) 26 White Bison Wellbriety Group (p. 11)	Relapse Prevention Planning (p. 11) 27	28
		29



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Don'T FORGET: Wagyosehta'geh offers daily programming. Check it out in Multi-Day & Ongoing Events & Programs on pages 41-44!

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NEW June 6th PA Day Program

SOCIAL SERVICES' KANIKONRIIO YOUTH LIFE PROMOTION

The day starts at 18 Stoneridge Circle, then we head out to Kingpin Cambridge for a day of fun which includes Bowling, laser tag and time in the Arcada. Lunch will be provided for participants. Voicemails not accepted for registration. **Ages: 10-13**

Date: Friday, June 6 | Time: 8:30am-4pm | Location: Youth Life Promotion (18 Stoneridge Circle) Registration Required: Mechelle deLottinville | (519) 732-9938 | kaylp22@sixnations.ca

Six Nations Pride Celebration **A**

SOCIAL SERVICES' MENTAL WELLNESS TEAM

Family friendly pride event in Veterans Park. Vendors, food, swag, educational resources and music. All ages; 2SLGBTQIA+ population

Date: Wednesday, June 25 | Time: 5:30-7:30pm | Location: Veteran's Park (17 Veteran's Lane Contact: Maureene Ninham | (519) 732-5881 | mninham-harvey@sixnations.ca

Solidarity Day **A**

SIX NATIONS OF THE GRAND RIVER ELECTED COUNCIL

Join us for Solidarity Day celebrations and midway!! Food & entertainment provided. All ages; Six Nations community members.

Date: Saturday, June 21 | Time: 12-5pm Location: Six Nations Sports & Cultural Memorial Centre (1738 Fourth Line) Contact: Leigh Thompson | sncec@sixnations.ca

NEW Summer Kick-Off Event A

SOCIAL SERVICES' CHILD & FAMILY SERVICES

Six Nations Child and Family Services invites children, youth, and families to enjoy an evening together to celebrate a successful year end of school! No registration required, quantities served as a first come, first serve basis. **All ages**.

Date: Thursday, June 26 | Time: 5-7pm | Location: Chiefswood Park (1037 Highway 54) Contact: Larisa Skye | (519) 445-2950 | cfpps@sixnations.ca

FOLLOW VS FOR FURTHER DETAILS: Tune into our social media (@sixnationsgr) for all of the latest updates and information regarding our programs and events!

JORDAN'S PRINCIPLE

What is Jordan's Principle?

- Jordan's Principle is a child-first initiative which ensures that First Nations children receive equitable supports and services
- The funding is available to First Nations children under the age of 18 and is application based. Each application requires supporting documentation/letters of support along with costs

What can be covered?

Medical Equipment • Therapies • Tutoring • Respite • Emergency Supports Assistive Devices • NHIB Denied Services • Assessments • Recreation • & More!

Updates:

Please be advised that there is a large volume of requests submitted in the Ontario region. Files are reviewed in the order they are received, unless the request is urgent or time-sensitive.

Urgent Requests: Defined as "Child requires urgent assistance, is in palliative care, or a risk of irremediable harm is reasonably foreseeable."

Bear Witness Day:

Bear Witness Day is May 10th. This is Spirit Bear's birthday! Please watch for events on how you can help celebrate and spread awareness! **#BearWitnessDay**

Settlement:

For updates on the recent First Nations Child and Family Services and Jordan's Principle Settlement, please call: **1** (833) 852-0755 or visit: <u>fnchildclaims.ca</u>

ordans

Six Nations Jordan's Principle:

Update: The Six Nations Jordan's Principle team is currently providing Navigation Services to Six Nations band members and residents only. To inquire about a possible Jordan's Principle application, please visit the website below or by contacting:

Child and Youth Health Office: (519) 445-4983 • Jordan's Principle hotline: 1 (855) 572-4453

TREE & BRUSH CUTTING SERVICES

The Six Nations Public Works office offers tree & brush cutting services:

Total Tree Removal Lot Clearing Storm Clean-up Stump Grinding

Brush Cutting

To receive a quote, contact the Public Works office:

(519) 445-4242



HAVING OFF-ROAD DRAINAGE ISSUES?

On-reserve community members can report off-road drainage issues by contacting our Manager of Technical Services and Drainage:

Vince Longboat

Call the Public Works office: (519) 445-4242 or email: vincelongboat@sixnations.ca



Transfer Station Closure June 21 & July 1, 2025 RENTING SCHOOL FACILITIES

The Six Nations Transfer Station will be closed on Saturday, June 21 & Tuesday, July 1, 2025.

The Transfer Station will otherwise be operating under its regular summer schedule of Tuesday to Saturday.

Regular summer hours are 8am-5:30pm with the last load in at 5:15pm.

For more info, call the Transfer Station: (519) 445-1212





Those interested in renting any federal school facilities can do so by reaching out to the Six Nations Public Works Office!

For more information, contact the Public Works office: (519) 445-4242



SAVE ON ENERGY: Energy Affordability Program

You could receive energy saving products (energy saving kit, replacement appliances, insulation) or services at no cost!*

*NOTE: Results may vary, dependent on individual circumstances.

Who is Eligible?

Residents of Ontario who are responsible for paying electricity bills – this includes both homeowners and renters!**

****NOTE:** Social housing residents may also qualify.

Funding Eligibility:

- Household income
- How many people live in your home
- Receipt of qualifying government/ energy support benefit

Find Out if You Qualify!

Please contact Crystal Campbell, Community Energy Champion:

(519) 445-4242 ext. 5620 (548) 328-1709

Accessing Forms

Forms are available via email: crystalcampbell@sixnations.ca

Or by visiting Public Works: 1953 Fourth Line









GETTING ACTIVE/MOVEMENT (JUNE)

NEW New Event

NEW Trailblazer Biking Program A

SOCIAL SERVICES' KANIKONRIIO CHILD AND YOUTH PROGRAM

Biking on trails outside of Six Nations and a final full-day beach outing. Voicemails not accepted for registration. Ages: 12-16

Duration: Every Wednesday (June 4-July 2) | Time: 4-8pm Location: Trail Locations (Various) | Transportation: Contact to Inquire Registration Required: Brittany Vervaet | (519) 750-3408 | kaylp19@sixnations.ca



SUMMER CAMPS: Included in Multi-Day & Ongoing Events & Programs on pages 41-44!

What you should know about

Disease

Despite the colder weather, we are entering into a 2nd peak time for Black Legged tick submissions. Most ticks at this time of year are black legged ticks, as they aren't overlapping with the abundant American dog ticks (or Wood ticks). So when someone talks about ticks at this time of year there is definitely an increased level of interest and risk.

For more information visit Canada.ca/LymeDisease

PREVENT

ΑΚΕ ΑΟ

PREVENT

TAKE ACTION

CHECK

CHECK

Edgenous Services

Ticks will be sent to the lab to test for Lyme Disease.

For Tick Submission information, or to make arrangements for tick drop-off, contact the Health Promotion Community Educator: **(519) 445-2809**

What you should know about WEST NILE Virus

West Nile Virus is a virus mainly transmitted to people through the bite of an infected mosquito. Mosquitoes transmit the virus after becoming infected by feeding on the blood of birds that carry the virus. What are the symptoms? Most people who are infected with the virus show no symptoms or they experience mild flu-like symptoms, such as fever, headache, body aches or fatigue. The symptoms usually last for a few days. Call your doctor immediately if you notice any symptoms. Those being most at risk are the elderly and children .

For more information: Contact the Six Nations Community Educator program (519) 445-2809 or Environmental Health Officer (519) 751-6513 or visit: <u>canada.ca/LymeDisease</u> Six Nations Social Services, Child & Family Services, Clinical Services Unit:

Achieving Good Mental Health Is Possible

We Are Here To Help:

When life circumstances become challenging, or mental health and wellness concerns impact your daily life, we're here to offer our assistance and support. Fully confidential, welcoming self & professional referrals

Services Provided:

- Short and long-term counselling (children 6 years to adult)
- Behavioural programs
- Mental health presentations
- In person & virtual counselling available

Contact Intake: (519) 445-0230 OR Clinical Services: (519) 445-0408 scsu@sixnations.ca



Connect & Follow Us Online: #SixNationsMatters @Six Nations Social Services





Visit the Mobile Cancer Screening Coach





Mammograms Ages 40-74, every 2 years



At-Home test for colon screening Ages 50-74, every 2 years Help to quit smoking & NRT Ages 18+



Walk-ins welcome or call to book! 905-975-4467 or toll-free 1-855-338-3131



Coming to Iroquois Plaza each month! 1721 Chiefswood Rd.

9:00AM 3:00PM

For dates each month visit:



www.hnhbregionalcancerprogram.ca/schedule

Please note: The Coach is closed from 11:30-12:30 for lunch. Thank you!

Hamilton Niagara Haldimand Brant Regional Cancer Program Ontario Health (Cancer Care Ontario)



Grief Recovery Method Group

DEPARTMENT OF WELL-BEING, MENTAL HEALTH & ADDICTIONS

The Grief Recovery Method Group provides a structured and compassionate approach to healing from loss. Designed to help individuals navigate the emotional pain of grief, this evidence-based program offers tools to address unresolved feelings and find closure. Participants will engage in guided discussions and reflective exercises in a safe and supportive group setting. Whether grieving the loss of a loved one, a relationship, or other life changes, this program fosters emotional healing and personal growth. By honoring each unique experience, participants gain the skills to move forward with hope and renewed purpose. Ages: Adults 18+; Those suffering from grief.

Duration: Every Wednesday (June 25-August 27) | **Time**: 6:30-8:30pm **Location**: Mental Health & Addictions Services (1769 Chiefswood Road) **Registration Required**: Intake | (519) 445-2143

Relapse Prevention Planning

DEPARTMENT OF WELL-BEING, MENTAL HEALTH & ADDICTIONS

This group supports individuals in building personalized strategies to maintain their recovery journey. Participants will identify triggers, develop coping skills, and strengthen their resilience to prevent relapse. Using a supportive and collaborative approach, the group explores practical tools such as mindfulness, stress management, and healthy lifestyle choices. Emphasis is placed on creating actionable, culturally relevant plans tailored to individual needs. Whether transitioning from treatment or seeking continued recovery support, this group provides a safe space to share experiences, foster accountability, and stay on the path to lasting wellness. Ages: Adults 18+; Those looking to build a solid individualized relapse prevention plan.

Duration: Every Friday (June 27-August 29) | Time: 6:30-8:30pm Location: Mental Health & Addictions Services (1769 Chiefswood Road) Registration Required: Intake | (519) 445-2143

White Bison Wellbriety Group

DEPARTMENT OF WELL-BEING, MENTAL HEALTH & ADDICTIONS

Offers a culturally grounded approach to healing and recovery based on Indigenous values and the teachings of the Medicine Wheel. This peer-led group fosters a sense of community and shared resilience, supporting individuals on their journey to sobriety and personal growth. Through spiritual connection, cultural practices, and group discussions, participants explore balance, accountability, and the Four Directions of wellness—mental, physical, emotional, and spiritual. The Wellbriety Group empowers individuals to embrace their strengths, honor their traditions, and walk the path of recovery with purpose and dignity. Ages: Adults 18+; Those on their individual sobriety journey.

Duration: Every Thursday (June 26-August 28) | **Time**: 6:30-8:30pm **Location**: Mental Health & Addictions Services (1769 Chiefswood Road) **Registration Required**: Intake | (519) 445-2143



Reading fun for kids at Six Nations Public Library



Get Your Summer Read On!

Visit SNPL and register for the TD Summer Reading Club!

> Level Up Your Summer: Complete Challenges for an Unforgettable Adventure Sign up for the Club! For families and children up to 13 years old

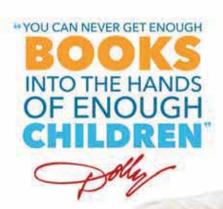
 tdsummerreadingclub.ca
 Co-created and delivered by over 2,200 public libraries across Canada, this national bilingual program is developed by Toronto Public Library in partnership with Library and Archives Canada. Sponsorship is generously provided by TD Bank Group.

 Registration preferred:
 Developed by

 519-445-2954
 info@snpl.ca

 www.snpl.ca
 Uters of the public library





INSPIRE A LOVE OF READING

Enroll your child in Dolly Parton's Imagination Library and get a FREE BOOK every month until their 5th birthday.

Our daughter LOVES READING and being read to, and the VARIETY she receives from the Imagination Library is a SIGNIFICANT part of this

Dolly Parton's Imagination Library is dedicated to inspiring a love of reading by gifting books free of charge to children from birth to age five, through funding shared by Dolly Parton and local community partners in the United States, United Kingdom, Canada, Australia and Republic of Ireland.



Six Nations Social Services Early Years & Child Care Services

Connect & Follow Us Online: #SixNationsMatters



IMAGINATIONLIBRARY.COM/ CA/AFFILIATE/ONFNSIXNATI ONS/ **Register Here:**



LANDS & MEMBERSHIP STATUS CARD RENEWALS



Status cards are issued every Monday, Tuesday and Wednesday only from 9AM - 3:30PM. Office closed from 12 - 1PM for lunch.

Cost: Children 0-17 and Seniors 55+: \$5, Adults: \$10

Here is a list of valid forms of identification, please bring 2 pieces of identification when renewing your status card:

- Birth Certificate or statement of live birth
- Canadian or US passport (counts as 2 pieces of ID)
- Orivers License
- Employee ID with photo
- Indian status ID Card
- Provincial Acquisition Certificate (FAC)
- Nexus card (counts as 2 pieces of ID)
- Incarceration release form
- Guarantor form with photo

Have you lost your status card? Reported lost status cards have a 30-day probationary period until you can replace your card. Lost card fee is \$20. Bring 2 pieces of identification from the list above.

NOTE: Maximum 2 replacement cards allowed per year.



Lands & Membership 67 Bicentennial Trail, P.O. Box 204, Ohsweken Monday - Friday, 8:30AM - 4:30PM (519) 445-4613



NEW Going on a Berry Hunt A

SOCIAL SERVICES' KANIKONRIIO CHILD AND YOUTH PROGRAM

Families will have the opportunity to pick their own flat of berries (strawberries, raspberries, or blueberries), paid for by Youth Life Promotion team! **All ages**.

Dates: June 19 (Strawberries), July 4 (Blueberries) & July 25 (Raspberries) | Time: 5-6pm Location: Youth Life Promotion (18 Stoneridge Circle) Registration Required: Grace Young | (519) 732-9961 | kaylp18@sixnations.ca Registration Opens: May 27

NEW Incorporating Mindfulness Into Everyday Life

SOCIAL SERVICES' CLINICAL SERVICES UNIT

Join host Chantal Blackshaw for a half day workshop on how you can be more mindful in your everyday life. Lunch included. **All ages.**

Date: Wednesday, June 4 | Time: 10am-2pm Location: Upper Pavilion at Chiefswood Park (1037 Highway 54) Registration Reguired: Kim Discipline | (519) 445-0408 | scsu@sixnations.ca

Safe Food Handling

DEPARTMENT OF WELL-BEING, HEALTH PROMOTION

This free certification course is open to all Six Nations Community Members! Learn the general principals of safe food handling. Topics include: Temperature Control, Cross- Contamination, Personal Hygiene, Cleaning and Sanitizing. **Ages: 15+**

Dates: Wednesday, June 11 & Wednesday, June 25 | Time: 8:30am-5pm Location: White Pines Wellness Centre Boardroom (1745 Chiefswood Road) Registration Required: Michelle Jamieson | (519) 445-2809 | michellejamieson@sixnations.ca

LOOKING TO CONNECT with SIX NATIONS of the GRAND RIVER?

DOWNLOAD THE APP!

VISIT OUR WEBSITE: www.sixnations.ca FOLLOW US ONLINE!

The Latest SNGR Litigation Updates

Six Nations Of The Grand River Band Of Indians V. The Attorney General Of Canada, His Majesty The King In Right Of Ontario, and the Mississaugas of the Credit First Nation.

Important Updates:



Parties Creating a Document Management Agreement

Legal teams continue to meet with case management judge, Justice Centa and the pre-trial judge, Justice Firestone. Expert reports are due at the end of July, and the joint document book is due at the end of November. The trial is expected to begin in the first half of 2026.

Looking for Litigation Resources?

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Court Documents are Accessible!

Follow the court case and access court documents and other important information by visiting the Litigation website: <u>www.sngrlitigation.com</u>

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Important Updates

For the latest updates, please visit: <u>sngrlitigation.com</u> or <u>www.sixnations.ca/LandsResources/</u>

Further Insight & Inquiries

If you have questions regarding the court case, or require further information, please contact **Lands and Resources** by calling (519) 753-0665 or visiting:

www.sixnations.ca



JULY CALENDAR/OVERVIEW

🛉 Events & Programs

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MONDAY	TUESDAY	WEDNESDAY	
	Closure Notice: All SNGR departments are closed today for July 1st. Regular office hours resume July 2 @ 8:30am.	Grief Recovery Method Group (p. 27) 2 Tentewata:ton/Dedwadado Market (p. 44) Trailblazer Biking Program (p. 23)	
Camp Ia:iak (Six) - Week 1 (p. 41) Fun and Games (p. 42) Summer Camp - Week 1 (p. 43) Two Row on the Grand Youth Engagement Camp (p. 44)	Camp Ia:iak (Six) - Week 1 (p. 41) Fun and Games (p. 42) Salad for Seniors (p. 43) Summer Camp - Week 1 (p. 43) Two Row on the Grand Youth Engagement Camp (p. 44)	Camp Ia:iak (Six) - Week 1 (p. 41) Edwatgahnye (We Will All Play) (p. 41) Fun and Games (p. 42) Grief Recovery Method Group (p. 27) Summer Camp - Week 1 (p. 43) Tentewata:ton/Dedwadado Market (p. 44) Two Row on the Grand Youth Engagement Camp (p. 44)	
Camp Ia:iak (Six) - Week 2 (p. 41) 4 Ohahase New Path Day Treatment (p. 27) Traditional Teachings Program (p. 44)	Camp Ia:iak (Six) - Week 2 (p. 41) Salad for Seniors (p. 43) Traditional Teachings Program (p. 44) Understanding Aggression & Management Program (p. 28)	Camp Ia:iak (Six) - Week 2 (p. 41) Grief Recovery Method Group (p. 27) Ohahase New Path Day Treatment (p. 27) Tentewata:ton/Dedwadado Market (p. 44) Traditional Teachings Program (p. 44)	
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THURSDAY		FRIDAY		SATURDAY/SUNDAY	Y
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Camp Ia:iak (Six) - Week 1 (p. 41) Fun and Games (p. 42) Summer Camp - Week 1 (p. 43) Two Row on the Grand Youth	Fun and Games (p. 42)Relapse Prevention Planning (p. 27Summer Camp - Week 1 (p. 43)Summer Camp - Week 1 (p. 43)		12		
Engagement Camp (p. 44) White Bison Wellbriety Group (p. 28)		Engagement Camp (p. 44)			13
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This App Helps You:

- Ocreate a Personal Safety Plan
- Find Six Nations community support resources
- Be prepared if you find yourself in a crisis

FREE to download & use the app!

Choose "Six Nations of the Grand River" in the app settings.









Household Hazardous Waste Event A PUBLIC WORKS

An event where residents can transport certain hazardous wastes to the Six Nations Transfer Station to be taken away and disposed of properly by a vendor. Ages: Adults 18+; On-reserve Band Members.

Date: Saturday, July 5 | Time: 9am-5pm Location: Six Nations Transfer Station (2470 Fourth Line) Contact: Michael Montour I (519) 445-4242

NEW SNAP Pop-Up Event for Kids **A**

SOCIAL SERVICES' CLINICAL SERVICES UNIT, SNAP TEAM

Join us for a fun-filled family friendly event for kids! All ages; Geared towards kids 6-11.

Date: Wednesday, July 9 | **Time**: 4:30-6:30pm | **Location**: TBD **Contact**: Kim Discipline | (519) 445-0408 | scsu@sixnations.ca





USING PERFECTMIND: See ads on p. 21 for info on registering for a program or booking a facility!

SAVE THE DATE

TEIETHINONHWERÁ: TON NE Ohné:kanos Festiva

Thursday, July 3, 2025





10:00AM-6:00PM Chiefswood Park 1037 Brant County HWY 54 Watch for coming details



DO YOU WANT TO BOOK A PARKS & REC FACILITY?

To Book a Facility:

- Sign in to your PerfectMind account to view availability of facilities online in real time!
- Complete the process by contacting Parks & Recreation: sngrprbookings@sixnations.ca or (519) 445-4311

Help with Booking Facilities:

Our Customer Resource Guide provides stepby-step instructions! Access this document on the SNGR App or by visiting: www.sixnations.ca

View availability of facilities online: https://sngr.perfectmind.com/

LOOKING TO REGISTER FOR A SNGR PROGRAM?

To Register for a Program:

• Sign in to your PerfectMind Account. Choose the department, and select the program that matches your interests. You can register yourself or a family member.

Help with Registration:

Email **sngrbookings@sixnations.ca** or call the phone numbers below for assistance with their respective programs:

- (519) 445-2809, ext. 2288 (Well-Being)
- (519) 445-4311 (Parks & Rec)

For more information about your account, program registration, and more, check out the Customer Resource Guide by using the SNGR App or visiting:

www.sixnations.ca





WAGYOSEHTA'GEH THE VISITING PLACE

Services Provided:

- Respite Supervision
- Lunch

- Exercise Programs
- Client Advocacy/Referrals
- Social/Recreational Programs

Community Programming: Wagyosehta'geh offers a variety of community programming on Tuesdays, focused on targeting a specific community need. These include educational presentations, elders' gatherings, and traditional workshops. Some previous programming included will kits, hearing screening, and elders' wellness days.

Home Visits: Wagyosehta'geh offers in-home visits to elderly clients in need, for recreational activity purposes only. Wagyosehta'geh staff will come into the homes for socialization, activity kits, and enrichment.

In-Centre Client Services: Monday, Wednesday, Thursday from 10am-3pm by referral.

For more information, please call Wagyosehta'geh at (519) 445-1867







WANTED! Community Members For the Hiring & Grievance Committees*

The Human Resources Department is actively recruiting Six Nations' band registered members to participate on their Hiring Committees during regular working hours.

Training provided for all new committee members. This is a great opportunity for you to "give back" and use your experience to help select our future workforce!

Required Information: Name, Phone/Cell #, Committee Preference (Hiring Committee, Grievance Committee, or both), Employment Area of Expertise and Availability

*Current SNGR Staff & Councillors are NOT ELIGIBLE to participate on the committees.

For more information, or to express interest in joining the Hiring & Grievance Committees, please contact Anne Thurgood (hrmanager@sixnations.ca) or mail/drop-off information at: Human Resources Department

1697 Fourth Line, Ohsweken, NOA 1M0 P.O. Box 5000



GETTING ACTIVE/MOVEMENT (JULY)

NEW New Event

NEW Trailblazer Biking Program 🔺

SOCIAL SERVICES' KANIKONRIIO CHILD AND YOUTH PROGRAM

Biking on trails outside of Six Nations and a final full-day beach outing. Voicemails not accepted for registration. Ages: 12-16

Duration: Every Wednesday (June 4-July 2) | Time: 4-8pm Location: Trail Locations (Various) | Transportation: Contact to Inquire Registration Required: Brittany Vervaet | (519) 750-3408 | kaylp19@sixnations.ca

NEW Trip to Wonderland **A**

SOCIAL SERVICES' KANIKONRIIO CHILD AND YOUTH PROGRAM

Participants will have the freedom to explore each attraction at Canada's Wonderland. In-person registration required. Ages: Teens (14-18)

Date: Thursday, July 3 | Time: 8:30am-8:30pm Location: Canada's Wonderland (1 Canada's Wonderland Drive, Vaughan) Registration Required: Rowann Hill | (519) 750-3067 | kaylp20@sixnations.ca Registration Opens: June 3 | SRCC Auxiliary Parking Lot (1581 Onondaga Road) | 4:30-6:30pm





TENTEWATÁ:TON/ DĘDWADADQ COMMUNITY MARKET

WEDNESDAYS 12 - 5 PM

LOCATED AT ODROHEKTA'GEH 1676 CHIEFSWOOD RD. OHSWEKEN - EVERYONE WELCOME!





Do you know about YERIHWAHRON:KAS (THEY HEAR THE MATTERS)?

To share concerns and complaints about SNGR's programs, services, and unmet needs, please fill out a form on the SNGR App or contact:

Joe Martin snyeri@sixnations.ca (519) 754-7685





FINANCIAL SUPPORTS AVAILABLE!

SNGR's Finance department wants you to check out the following financial supports available to Six Nations Band members:

Enrollment Allowance • Student Support Allowance • Donation Fund

See ads on the following page for more information!



Student Support ALLOWANCE

Six Nations Band members enrolled in a high school in Brant County, Haldimand County, or Norfolk County are eligible for Student Support Allowance. This is a program that **reimburses students for the following fees:**

- Enhanced Course
- Post-Secondary
 Application
- School
- Sports
- Co-Op*

*Co-Op Fees/Expenses: Travel (taxi, bus, gas) to and from co-op placement, and items required for placement (safety gear, work clothes, etc.)

For more information, please contact Becky McComber:

bmccomber@sixnations.ca

ENROLLMENT ALLOWANCE for High School Students

Six Nations Band members currently enrolled in a high school in Brant County, Norfolk County, or Haldimand County are eligible for Enrollment Allowance.

What has Changed? Enrollment Allowance (formerly Attendance Allowance) is no longer based on attendance. Students are eligible to receive their allowance (via direct deposit) as long as they are enrolled in high school and obtain passing grades.

Receive your allowance via direct deposit (cheques no longer issued) by completing an application and EFT form. It is given out in December, April, and June each year.

EFT Forms: Find at sixnations.ca

For further inquiries and more info, please contact Becky McComber:

bmccomber@sixnations.ca

UPDATED: Donation Fund Policy

All youths and vulnerable individuals, on & off reserve, are eligible to apply!

The updated policy can be picked up at Central Administration (1695 Chiefswood Road) or viewed online: www.sixnations.ca

Application Deadline: 4pm on the 3rd Friday of every month

For submissions and more information, contact us at: (519) 445-2201 or visit: www.sixnations.ca/contact

FUNDING Categories:

Community • Arts & Culture Health • Education • Recreation

ELIGIBILITY*

Community Associations: Eligible to receive up to \$3,000.

Further approval from Elected Chief & Council is required when requesting more than \$3,000.

Individuals: Eligible to receive up to \$1,000.

Applicants are eligible to receive one (1) donation every two (2) fiscal years.





Grief Recovery Method Group

DEPARTMENT OF WELL-BEING, MENTAL HEALTH & ADDICTIONS

The Grief Recovery Method Group provides a structured and compassionate approach to healing from loss. Designed to help individuals navigate the emotional pain of grief, this evidence-based program offers tools to address unresolved feelings and find closure. Participants will engage in guided discussions and reflective exercises in a safe and supportive group setting. Whether grieving the loss of a loved one, a relationship, or other life changes, this program fosters emotional healing and personal growth. By honoring each unique experience, participants gain the skills to move forward with hope and renewed purpose. Ages: Adults 18+; Those suffering from grief.

Duration: Every Wednesday (June 25-August 27) | Time: 6:30-8:30pm Location: Mental Health & Addictions Services (1769 Chiefswood Road) Registration Required: Worker | (519) 445-2143

Ohahase "New Path" Day Treatment Program

DEPARTMENT OF WELL-BEING, MENTAL HEALTH & ADDICTIONS

Interpersonal Skills: Recognize how others understand aggression and appreciate how others feel, by understanding your own emotions. Stories: Stories are used throughout the program to hear the lessons being told. Creativity: Components allow participants to use their skills of self-reflection and self-expression. Allows participants to listen for lessons in sharing. Balance: Ability to find solutions to problems where emotions are involved. Ability to remain objective by seeing things as they are. Ability to resist or delay an impulse, drive or temptation to act which involves avoiding rash decision-making and behaviours. Benefits: Within Six Nations community. Home every night with your family. Community-based program that offers a continuum of care and support for participants. Increases participants' ability to cope with life's stresses and decrease the need for substance misuse. Enhances respect for individuals, families and Nations. Eligibility: Adults 18+; Must be Indigenous status and a Six Nations Band member, express a strong indication to change current lifestyle, and be drug and alcohol free on group days.

Duration: Every Monday & Wednesday (July 14-September 10)* | Time: 9am-12pm
*Holiday Dates (No Program): Monday, August 4 | Location: Land Based Healing (727 Third Line)
Registration Required: Intake | (519) 445-2143

Relapse Prevention Planning

DEPARTMENT OF WELL-BEING, MENTAL HEALTH & ADDICTIONS

This group supports individuals in building personalized strategies to maintain their recovery journey. Participants will identify triggers, develop coping skills, and strengthen their resilience to prevent relapse. Using a supportive and collaborative approach, the group explores practical

tools such as mindfulness, stress management, and healthy lifestyle choices. Emphasis is placed on creating actionable, culturally relevant plans tailored to individual needs. Whether transitioning from treatment or seeking continued recovery support, this group provides a safe space to share experiences, foster accountability, and stay on the path to lasting wellness. Ages: Adults 18+; Those looking to build a solid individualized relapse prevention plan.

Duration: Every Friday (June 27-August 29) | Time: 6:30-8:30pm Location: Mental Health & Addictions Services (1769 Chiefswood Road) Registration Required: Intake | (519) 445-2143

SNAP Information Session

SOCIAL SERVICES' CLINICAL SERVICES UNIT, SNAP TEAM

Join us for a chance to learn more information session regarding the SNAP Program! All ages; Info Session for Adults.

Date: Thursday, July 24 | Time: 4:30-6:30pm | Location: TBD Contact: Kim Discipline | (519) 445-0408 | scsu@sixnations.ca

Understanding Aggression and Management Program DEPARTMENT OF WELL-BEING, MENTAL HEALTH & ADDICTIONS

This program equips individuals with the tools to understand and manage anger constructively. Participants will learn techniques to express emotions positively, reduce stress, and avoid the harmful effects of anger on health and relationships. Through interactive sessions, participants explore the roots of aggression, develop emotional regulation skills, and practice effective communication strategies. Whether addressing personal triggers or improving interactions with others, this program fosters healthier coping mechanisms and promotes overall well-being. Transform your approach to anger and build stronger, more positive connections in your life. Ages: Adults 18+; Those looking to work on Anger Management.

Duration: Every Tuesday (July 15-August 19) | Time: 6:30-8:30pm
 Location: Mental Health & Addictions Services (1769 Chiefswood Road)
 Registration Required: Intake | (519) 445-2143

White Bison Wellbriety Group

DEPARTMENT OF WELL-BEING, MENTAL HEALTH & ADDICTIONS

Offers a culturally grounded approach to healing and recovery based on Indigenous values and the teachings of the Medicine Wheel. This peer-led group fosters a sense of community and shared resilience, supporting individuals on their journey to sobriety and personal growth. Through spiritual connection, cultural practices, and group discussions, participants explore balance, accountability, and the Four Directions of wellness—mental, physical, emotional, and spiritual. The Wellbriety Group empowers individuals to embrace their strengths, honor their traditions, and walk the path of recovery with purpose and dignity. **Ages: Adults 18+; Those on their individual sobriety journey**.

Duration: Every Thursday (June 26-August 28) | Time: 6:30-8:30pm Location: Mental Health & Addictions Services (1769 Chiefswood Road) Registration Required: Intake | (519) 445-2143



PUBLIC WORKS SUPPORTS & SERVICES

AUBLIC MORE

See below for more information about the following supports & services: **Recycling** • Transfer Station • Household Hazardous Waste

RECYCLING: Learn about the impact of recycling and how & what to recycle by checking out the **Recycling Handbook** online!

TRANSFER STATION: Review the **Six Nations Transfer Station Booklet** for guidance on using the Transfer Station, located at 2470 Fourth Line.

HOUSEHOLD HAZARDOUS WASTE: To learn more about storing household hazardous waste while waiting for the Fall collection dates, please find the **Guidelines for Sorting Household Waste!**

Access all documents online: www.sixnations.ca/public-works/



NEW Going on a Berry Hunt **A**

SOCIAL SERVICES' KANIKONRIIO CHILD AND YOUTH PROGRAM

Families will have the opportunity to pick their own flat of berries (strawberries, raspberries, or blueberries), paid for by Youth Life Promotion team! **All ages**.

Dates: July 4 (Blueberries) & July 25 (Raspberries) | Time: 5-6pm Location: Youth Life Promotion (18 Stoneridge Circle) Registration Required: Grace Young | (519) 732-9961 | kaylp18@sixnations.ca Registration Opens: May 27





AUGUST CALENDAR/OVERVIEW

MONDAY	TUESDAY	WEDNESDAY	
4 Closure Nofice: All SNGR departments are closed for the Civic Holiday. Regular office hours resume August 5 @ 8:30am.	Big Splash (p. 41) Camp la:iak (Six) - Week 4 (p. 41) Salad for Seniors (p. 43) Understanding Aggression & Management Program (p. 40)	Big Splash (p. 41) Camp Ia:iak (Six) - Week 4 (p. 41) Edwatgahnye (We Will All Play) (p. 41) Grief Recovery Method Group (p. 39) Ohahase New Path Day Treatment (p. 39) Tentewata:ton/Dedwadado Market (p. 44)	
Camp Ia:iak (Six) - Week 5 (p. 41) Ohahase New Path Day Treatment (p. 39) Sports and Games (p. 43) Summer Camp - Week 3 (Language/ Immersion) (p. 43)	International Youth Day 12 Camp Ia:iak (Six) - Week 5 (p. 41) Pre-School Assessment Clinic (p. 39) Salad for Seniors (p. 43) Sports and Games (p. 43) Summer Camp - Week 3 (Language/ Immersion) (p. 43) Understanding Aggression & Management Program (p. 40)	Camp Ia:iak (Six) - Week 5 (p. 41) Grief Recovery Method Group (p. 39) Ohahase New Path Day Treatment (p. 39) Sports and Games (p. 43) Summer Camp - Week 3 (Language/ Immersion) (p. 43) Tentewata:ton/Dedwadado Market (p. 44)	
Camp la:iak (Six) - Week 6 (p. 41) 8 Nature Safari (p. 42) Ohahase New Path Day Treatment (p. 39) Summer Camp - Week 4 (p. 43)	Camp Ia:iak (Six) - Week 6 (p. 41) Nature Safari (p. 42) Salad for Seniors (p. 43) Summer Camp - Week 4 (p. 43) Understanding Aggression & Management Program (p. 40)	Camp Ia:iak (Six) - Week 6 (p. 41) 20 Edwatgahnye (We Will All Play) (p. 41) Grief Recovery Method Group (p. 39) Nature Safari (p. 42) Ohahase New Path Day Treatment (p. 39) Summer Camp - Week 4 (p. 43) Tentewata:ton/Dedwadado Market (p. 44)	
Back to School Extravaganza (p. 33) 25 Ohahase New Path Day Treatment (p. 39)	Salad for Seniors (p. 43)	Grief Recovery Method Group (p. 39) 27 International Overdose Awareness Day (p. 33) Ohahase New Path Day Treatment (p. 39) Tentewata:ton/Dedwadado Market (p. 44)	



THURSDAY	FRIDAY		SATURDAY/SUNDAY
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Big Splash (p. 41) 7	Big Splash (p. 41)	8	9
Camp Ia:iak (Six) - Week 4 (p. 41) White Bison Wellbriety Group (p. 40)	Camp Ia:iak (Six) - Week 4 (p. 41) Relapse Prevention Planning (p. 40)		10
Camp la:iak (Six) - Week 5 (p. 41) Sports and Games (p. 43) Summer Camp - Week 3 (Language/ Immersion) (p. 43) White Bison Wellbriety Group (p. 40)	Camp la:iak (Six) - Week 5 (p. 41) Relapse Prevention Planning (p. 40) Summer Camp - Week 3 (Language/ Immersion) (p. 43)	15	١٥
			17
Camp Ia:iak (Six) - Week 6 (p. 41) 21 Nature Safari (p. 42) Summer Camp - Week 4 (p. 43) White Bison Wellbriety Group (p. 40)	Camp Ia:iak (Six) - Week 6 (p. 41) Relapse Prevention Planning (p. 40) Summer Camp - Week 4 (p. 43)	22	23
			24
White Bison Wellbriety Group (p. 40) 28	Relapse Prevention Planning (p. 40)	29	30
			3



Back to School Extravaganza **A**

SOCIAL SERVICES' FAMILY GATHERINGS

Join us for our end of summer event before the youth head back to school! All ages; Geared toward the youth but all are welcome.

Date: Monday August 25 | Time: 12-7pm | Location: Chiefswood Park (1037 Highway 54) Contact: Magan Aaron | (519) 445-2565 | fgsup@sixnations.ca

International Overdose Awareness Day A

DEPARTMENT OF WELL-BEING, HARM REDUCTION OUTREACH PROGRAM

Honouring and remembering those we have lost in the community to drug related harms. Ages: 15+; People living with substance use issues or those who have a friend/family member living with or lost to substance use.

Date: Wednesday, August 27 | Time: 4:30-7:30pm | Location: Veteran's Park (17 Veteran's Lane) Contact: Jamie Dereniowski | (519) 761-0468 | mhwe@sixnations.ca





DON'T FORGET:

You can also access the Leisure Guide online at: <u>sixnations.ca</u>, by visiting our social media pages, or by logging into the SNGR App!

STAY CONNECTED with SIX NATIONS of the GRAND RIVER!

DOWNLOAD THE APP!

VISIT OUR WEBSITE: www.sixnations.ca FOLLOW US ONLINE!

HOW WELL... IS YOUR WELL?

You should test your well/cistern water 3 times a year!

Test your water in the spring, summer, and fall – or any time you notice a change in your water. We offer free bacteriological water tests for wells and cisterns on Six Nations. Visit us at **White Pines Wellness Centre (1745 Chiefs-wood Road)** to pick up a test bottle today!

The following are types of bacteria that act as indicators and help determine if water is safe for drinking:

Coliform bacteria is present in animal waste and sewage, but may also be found in soil and vegetation. Therefore, these bacteria may originate from septic systems leachate, animal manure, or soil run-off.

E. coli (Escherichia coli) are bacteria found in the intestinal tract of people and animals. Therefore, its presence in water would indicate recent sewage contamination. E.coli and other types of bacteria found in sewage may cause disease.

If your sample indicates Coliforms and/or E. coli:

 Follow the recommended disinfection procedures appropriate for your well/cistern.

NOTE: Your water may be unsafe to drink unless boiled or treated.

- Conduct a second water sample within 1-2 weeks of completing the appropriate treatment procedures. If the second water sample indicates the presence of bacteria, follow up with the Community Educator to contact the Environmental Public Health Officer (EPHO).
- The EPHO will inspect your well/ cistern, make recommendations on where the contamination could be coming from, and advise you on how to correct the problem.

NOTE: Correcting the problem is the discretion of the homeowner.

Drop off your water samples by 2pm, Monday-Thursday, at the White Pines Wellness Centre. If you are an elder, please call to book an appointment to have your water tested by the Community Educator.



For more information, contact the Community Educators at Health Promotion: (519) 445-2809 • White Pines Wellness Centre (1745 Chiefswood Road)



Six Nations of the Grand River SOCIAL SERVICES

OUR DEPARTMENT CONSISTS OF:

Child Care & Earty Years	Child & Family Services	Kanikonriio (Good Mind) Child and Youth Programs	
Outreach	Family Well-Being Task Force	Corrections	4

Six Nations of the Grand River Social Services comprises a diverse array of departments aimed at supporting the community and band members. Our services include family programming, summer day camps, counseling, childcare services, and even correctional services. Given the extensive range of available assistance, we strongly encourage you to visit our website for a comprehensive list of offerings.

To access our current programming and available services, please connect with us on social media or our website:

- www.sngrsocialservices.ca
- Facebook: Six Nations Social Services
- Instagram: Six Nations Social Services

#SixNationsMatters













Family Gatherings offers two on reserve locations and one site in Brantford, focusing on **Drop-in Program** on most weekdays with some activities requiring pre-registration. Our Toddler and infant series consist of six-week program that alternate monthly. Our staff facilitate positive and safe play, creating a vibrant and educational environment tailored to the appropriate age group. We are geared toward 0-6 yrs in age but we welcome the whole family. Transportation may be available for those in need, call the numbers below to arrange.

Locations:

Site 1: 18 Stoneridge Circle Ohsweken ON N0A1M0 (519) 445-2565

Drop-In Program: Mondays, Wednesdays, Thursdays & Fridays Site 2: 1790 First Line Road Ohsweken, ON N0A1M0 (226) 446-9905

Drop-In Program: Monday - Friday Site 3: Harmony Square 120 Colborne St. Suite 105 Brantford, ON N3T 2G6 (519) 720-0488

Stay Up To Date:

Find our latest program information & closure dates on our Facebook Page, Instagram **@Six Nations Social Services**

#SixNationsMatters

Brantford Location: EarlyON Programs - City Of Brantford Six Nations Social Services > Child Care & Early Years > Family Gatherings



"Join us anytime at drop in. FREE & available most weekdays!"



GETTING ACTIVE/MOVEMENT (AUGUST)

NEW New Event

NEW Wandering Canada's Wonderland A SOCIAL SERVICES' YOUTH LIFE PROMOTION

This one-day program will take a group of teens to Canada's Wonderland in August, to enjoy the exciting rides and lots of food options. In-person registration required. Ages: Young Teens, Teens & Young Adults (14-18)

Date: Thursday, August 28 | Time: 8:30am-8pm Location (Drop-Off): Youth Life Promotion (18 Stoneridge Circle) Registration Required: Grace Young | (519) 732-9961 | kaylp18@sixnations.ca Registration Opens: June 3 | SRCC Auxiliary Parking Lot (1581 Onondaga Road) | 4:30-6:30pm





Presented by: Six Nations Social Services, Child & Family Services, Clinical Services Unit

SNAP[®] is a 12-week in-person program for families with children who are experiencing behavioural struggles.

AGES: 6-8 and 9-11 girls groups and boys group, mandatory parent groups.

Meals will be provided!

If you require help with transportation or childcare, please reach out to us to see how we can assist you.

STOP NOW

- Be aware of your body cues
- Be aware of your feelings
- Change your understanding

AND PLAN

- Use strategies to keep from acting impulsively
- Be aware of negative thoughts
- Make a plan to keep your problems small



NO WAIT LIST! Inquire about registration today: (519) 445-0408 • scsu@sixnations.ca

Harm Reduction Outreach & Education Program

WHO WE ARE:

We aim to educate community members about substance use and mental wellness through awareness events and educational programming. We also look to reduce barriers for those unable to access our services by providing outreach services.

WHAT WE DO:

We offer presentations and programming on the following topics:

- Overdose response & Naloxone training
- Harm Reduction & Anti-Stigma
- Sharps collection & disposal
- Cannabis/Vaping & effects
- Substance use information
- Sexual health education
- Much more!

For inquiries, contact (548) 328-2038 or sndrugstrategy@sixnations.ca









Grief Recovery Method Group

DEPARTMENT OF WELL-BEING, MENTAL HEALTH & ADDICTIONS

The Grief Recovery Method Group provides a structured and compassionate approach to healing from loss. Designed to help individuals navigate the emotional pain of grief, this evidence-based program offers tools to address unresolved feelings and find closure. Participants will engage in guided discussions and reflective exercises in a safe and supportive group setting. Whether grieving the loss of a loved one, a relationship, or other life changes, this program fosters emotional healing and personal growth. By honoring each unique experience, participants gain the skills to move forward with hope and renewed purpose. Ages: Adults 18+; Those suffering from grief.

NEW New Event

Outdoor Event

Duration: Every Wednesday (June 25-August 27) | Time: 6:30-8:30pm Location: Mental Health & Addictions Services (1769 Chiefswood Road) Registration Required: Intake | (519) 445-2143

Ohahase "New Path" Day Treatment Program

DEPARTMENT OF WELL-BEING, MENTAL HEALTH & ADDICTIONS

Interpersonal Skills: Recognize how others understand aggression and appreciate how others feel, by understanding your own emotions. Stories: Stories are used throughout the program to hear the lessons being told. Creativity: Components allow participants to use their skills of self-reflection and self-expression. Allows participants to listen for lessons in sharing. Balance: Ability to find solutions to problems where emotions are involved. Ability to remain objective by seeing things as they are. Ability to resist or delay an impulse, drive or temptation to act which involves avoiding rash decision-making and behaviours. Benefits: Within Six Nations community. Home every night with your family. Community-based program that offers a continuum of care and support for participants. Increases participants' ability to cope with life's stresses and decrease the need for substance misuse. Enhances respect for individuals, families and Nations. Eligibility: Adults 18+; Must be Indigenous status and a Six Nations Band member, express a strong indication to change current lifestyle, and be drug and alcohol free on group days.

Duration: Every Monday & Wednesday (July 14-September 10)* | Time: 9am-12pm
*Holiday Dates (No Program): Monday, August 4 | Location: Land Based Healing (727 Third Line)
Registration Required: Intake | (519) 445-2143

Pre-School Assessment Clinic

INDIGENOUS SERVICES CANADA, FIRST NATIONS & INUIT HEALTH BRANCH

The clinic will provide immunization updates, vision screening, hearing screen, dental info/referral, developmental and physical assessments and more. We will have door prizes and information booths from local community programs and services for children entering JK/K in September 2025. Ages: 3-6; Children entering Junior Kindergarten or Kindergarten.

Date: Tuesday, August 12 | Time: 9am-3pm | Location: J.C. Hill Elementary (1772 Fourth Line) Contact : Ohsweken Public Health | (519) 761-9053

Relapse Prevention Planning

DEPARTMENT OF WELL-BEING, MENTAL HEALTH & ADDICTIONS

This group supports individuals in building personalized strategies to maintain their recovery journey. Participants will identify triggers, develop coping skills, and strengthen their resilience to prevent relapse. Using a supportive and collaborative approach, the group explores practical tools such as mindfulness, stress management, and healthy lifestyle choices. Emphasis is placed on creating actionable, culturally relevant plans tailored to individual needs. Whether transitioning from treatment or seeking continued recovery support, this group provides a safe space to share experiences, foster accountability, and stay on the path to lasting wellness. Ages: Adults 18+; Those looking to build a solid individualized relapse prevention plan.

Duration: Every Friday (June 27-August 29) | Time: 6:30-8:30pm Location: Mental Health & Addictions Services (1769 Chiefswood Road) Registration Required: Intake | (519) 445-2143

Understanding Aggression and Management Program

DEPARTMENT OF WELL-BEING, MENTAL HEALTH & ADDICTIONS

This program equips individuals with the tools to understand and manage anger constructively. Participants will learn techniques to express emotions positively, reduce stress, and avoid the harmful effects of anger on health and relationships. Through interactive sessions, participants explore the roots of aggression, develop emotional regulation skills, and practice effective communication strategies. Whether addressing personal triggers or improving interactions with others, this program fosters healthier coping mechanisms and promotes overall well-being. Transform your approach to anger and build stronger, more positive connections in your life. Ages: Adults 18+; Those looking to work on Anger Management.

Duration: Every Tuesday (July 15-August 19) | Time: 6:30-8:30pm Location: Mental Health & Addictions Services (1769 Chiefswood Road) Registration Required: Intake | (519) 445-2143

White Bison Wellbriety Group

DEPARTMENT OF WELL-BEING, MENTAL HEALTH & ADDICTIONS

Offers a culturally grounded approach to healing and recovery based on Indigenous values and the teachings of the Medicine Wheel. This peer-led group fosters a sense of community and shared resilience, supporting individuals on their journey to sobriety and personal growth. Through spiritual connection, cultural practices, and group discussions, participants explore balance, accountability, and the Four Directions of wellness—mental, physical, emotional, and spiritual. The Wellbriety Group empowers individuals to embrace their strengths, honor their traditions, and walk the path of recovery with purpose and dignity. **Ages: Adults 18+; Those on their individual sobriety journey**.

Duration: Every Thursday (June 26-August 28) | Time: 6:30-8:30pm Location: Mental Health & Addictions Services (1769 Chiefswood Road) Registration Required: Intake | (519) 445-2143





MULTI-DAY/ONGOING EVENTS & PROGRAMS

- I
- Community Supports
- 📕 Workshops & Classes

NEW Big Splash ▲

Getting Active/Movement

Events & Programs

SOCIAL SERVICES' KANIKONRIIO YOUTH LIFE PROMOTION

This is a 4 day program, with crafts and swimming, bowling and more fun activities. In-person registration required. **Ages: 9-10**

Duration: Tuesday, August 5-Friday, August 8 | Time: 8:30am-4pm

Location: Youth Life Promotion (18 Stoneridge Circle)

Registration Required: Mechele deLottinville | (519) 732-9938 | kaylp22@sixnations.ca

Registration Opens: June 3 | SRCC Auxiliary Parking Lot (1581 Onondaga Road) | 4:30-6:30pm

Camp la:iak (Six) ▲

SOCIAL SERVICES' CHILD & FAMILY SERVICES, PRIMARY PREVENTION SERVICES

Primary Prevention Services offers a total of 6 weeks of summer camp between the age categories of 6-13. We invite you to register for 1 of the following weeks for an exciting summer! Registration by phone only. Please email ahead of time with any questions you may have. Ages: 6-13

Week 1: July 7-11 | Week 2: July 14-18 | Week 3: July 28-August 1 | Week 4: August 5-8
Week 5: August 11-15 | Week 6: August 18-22 | Time: 8:30am-4pm
Location: Six Nations Sports Den (1738 Fourth Line) | Registration Opens: June 18
Registration Required (by Phone): Quentin Jones | (519) 445-2950 | ppsw1@sixnations.ca

Edwatgahnye (We Will All Play) 🔺

SOCIAL SERVICES' FAMILY GATHERINGS & KANIKONRIIO YOUTH LIFE PROMOTION

We Will All Play is a 4-day program, with crafts, swimming, bowling, and more fun activities. Ages: 0-11; Families with children.

Dates: Wednesday, July 9 & 23, August 6 & 20 | Time: 1-3pm

Location (July 9 & August 6): Splash Pad (1738 Fourth Line)

Location (July 23 & August 20): Veterans Park (17 Veterans Lane)

Contact (Family Gatherings): Magan Aaron | (519) 445-2565 | fgsup@sixnations.ca

Contact (Youth Life Promotion): Jaycie Homer | (519) 717-5892 | ssfwbn3@sixnations.ca

Elected Council Meetings

SIX NATIONS OF THE GRAND RIVER 59TH ELECTED COUNCIL

Six Nations of the Grand River Elected Council (SNGREC) meeting is a crucial platform for ensuring that the community's needs are being met and that everyone is working together towards a common goal. The SNGREC meetings are an important event where representatives from the Six Nations community come together to discuss various issues. The purpose of the meeting is to provide updates on current projects, to review financial reports, and to discuss any matters that may impact the community as a whole. The meetings are also an opportunity for community members to voice their concerns, offer suggestions, and ask questions. **All ages.**

General Finance: 1st & 3rd Monday of every month | Start Time: 9am
General Council: 2nd & 4th Tuesday of every month | Start Time: 6pm
In-Person Location: Council Chambers @ Central Administration (1695 Chiefswood Road)
Virtual Location: Six Nations of the Grand River Facebook Page (@sixnationsgr)
Contact: Central Administration | (519) 445-2201

Father's Day Contest

SOCIAL SERVICES' YOUTH LIFE PROMOTION

Share with us, how does the male figure in your life show you love? A parent along with a child can respond to this question emailing a photo or video explaining their answer to: KAYLP22@sixnations.ca Opens: May 30th 2025 Closes: June 5th 2025 @ 11am. Winners will be contact on June 9th 2025. The Fathers Day Challenge will be held via Six Nations Social Services Facebook Page for chance to win 1 of 10 golf packages purchased through Springview Farm Golf Course in Waterford. This contest is available for families with children 0-18 from the Six Nations community. **All ages.**

Duration: Friday, May 30-Thursday, June 5 | Time: 8:30am-11am | Location: Virtual (Zoom) Contact: Mechele deLottinville | (519) 732-9938 | kaylp22@sixnations.ca

Fun and Games **A**

SOCIAL SERVICES' YOUTH LIFE PROMOTION

Outdoor games, scavenger hunt, water works, scavenger hunt, crafts and more. Follow us for additional details. In-person registration required! Ages: Middle childhood (6-8)

Dates: Monday, July 7-Thursday, July 10 | Time: 8:30am-4pm

Location: Youth Life Promotion (18 Stoneridge Circle)

Registration Required: Rahul Dass | (519) 732-9847 | rahuldass@sixnations.ca

Registration Opens: June 3 | SRCC Auxiliary Parking Lot (1581 Onondaga Road) | 4:30-6:30pm

Nature Safari 🔺

SOCIAL SERVICES' YOUTH LIFE PROMOTION

Fun outdoor games, reptile show, nature crafts, water park, African Lion Safari and more. Follow us for additional details. In-person registration required. **Ages: Middle childhood (6-8)**

Dates: Monday, August 18-Thursday, August 21 | Time: 8:30am-4pm Location: Youth Life Promotion (18 Stoneridge Circle) Registration Required: Rahul Dass | (519) 732-9847 | rahuldass@sixnations.ca Registration Opens: June 3 | SRCC Auxiliary Parking Lot (1581 Onondaga Road) | 4:30-6:30pm







NEW Outdoor Fun 🗍

SOCIAL SERVICES' YOUTH LIFE PROMOTION

This program will be held outside as much as the weather allows, playing outdoor games and connecting with nature and a final outing to Funvilla and a movie! In-person registration required. Ages: Middle childhood (6-8)

Dates: Monday, July 28-Thursday, July 31 | Time: 8:30am-4pm Location (Drop-Off): Youth Life Promotion (18 Stoneridge Circle) Registration Required: Grace Young | (519) 732-9961 | kaylp18@sixnations.ca Registration Opens: June 3 | SRCC Auxiliary Parking Lot (1581 Onondaga Road) | 4:30-6:30pm

Salad for Seniors **A**

DEPARTMENT OF WELL-BEING, ALLIED HEALTH SERVICES

A weekly drive-thru service that provides a free bowl of salad to Six Nations Elders. Ages: Seniors 55+

Duration: Every Tuesday | Time: 11am-1pm (or until salad runs out) Location: Wagyo'sehta'geh (1745 Chiefswood Road) Contact: Avery McCorkell | chcfa@sixnations.ca

NEW Sports and Games **A**

SOCIAL SERVICES' KANIKONRIIO CHILD AND YOUTH PROGRAM

The Sports and Games program has been designed to encourage youth to socialize with each other, create positive relationships, learn about different games and sports such as ball hockey, soccer, rugby, etc. It also includes traditional Haudenosaunee games/sports: lacrosse, peach pit, longball, bone and toggle, and ding ball. In-person registration required! Ages: 9-10.

Dates: Monday, August 11-Thursday, August 14 | Time: 8:30am-4pm
Location: Youth Life Promotion (18 Stoneridge Circle)
Registration Required: Rowann Hill | (519) 750-3067 | kaylp20@sixnations.ca
Registration Opens: June 3 | SRCC Auxiliary Parking Lot (1581 Onondaga Road) | 4:30-6:30pm

Summer Camp

SOCIAL SERVICES' FAMILY GATHERINGS

Day camp providing age-appropriate activities in a safe and educational environment. One week (August 11-15) is designated as a language/immersion week. Ages: Preschoolers (4-6)

Week 1: July 7-11 | Week 2: July 21-25 | Week 3 (Language/Immersion): August 11-15 Week 4: August 18-22 | Time: 9am-3pm | Location: Family Gatherings, Site 2 (1790 First Line) Registration Required: Magan Aaron | (519) 445-2565 | fgsup@sixnations.ca Registration Opens: June 2

Tentewatá:ton Dędwadado Community Market

DEPARTMENT OF WELL-BEING, ALLIED HEALTH SERVICES

The weekly market offers fresh fruits and vegetables to the community. Everyone is welcome! Please remember we take cash only and don't forget to bring your own bags! **All ages**

Date: Every Wednesday | **Time**: 12-5pm | **Location**: Odrohekta'geh (1676 Chiefswood Road) **Contact**: Grace Hess | (519) 750-4908 | gracehess@sixnations.ca

NEW Traditional Teachings Program **A**

SOCIAL SERVICES' KANIKONRIIO CHILD AND YOUTH PROGRAM

Participants will learn how to cook traditional meals, make moccasins, and play outdoor games as part of this program. It also includes a trip to Earl Haig and Wild Waterworks! In-person registration required! **Ages: 11-13**.

Week 1: July 14-17 | Time: 8:30am-4pm | Transportation: Contact to Inquire

Locations: Youth Life Promotion (18 Stoneridge Circle), Earl Haig (101 Market Street South, Brantford), and Wild Waterworks (680 Van Wagners Beach Road, Hamilton)

Registration Required: Brittany Vervaet | (519) 750-3408 | kaylp19@sixnations.ca

Registration Opens: June 3 | SRCC Auxiliary Parking Lot (1581 Onondaga Road) | 4:30-6:30pm

Two Row on the Grand Youth Engagement Camp A

DEPARTMENT OF WELL-BEING, CHILD AND YOUTH HEALTH

Participants will engage in cultural and outdoor activities while gaining skills and comfort on the Grand River in canoes and kayaks. This day camp aims to bring together Indigenous and non-Indigenous Youth through teachings of the Two Row Wampum. Ages: Young teens (12-14) & Teens (15-17)

Dates: July 7-11 | Time: 8:30am-3:30pm | Transportation: Contact to Inquire Location: Lower Pavilion @ Chiefswood Park (1037 Highway 54) Registration Required: Brittany Hill | (519) 732-3459 | brittanyhill@sixnations.ca Registration Opens: May 26

Wagyosehta'geh: "A Visiting Place" (Formerly the Adult Day Centre) DEPARTMENT OF WELL-BEING, COMMUNITY HEALTH & WELLNESS, HEALTH PROMOTION

A community-based day program which provides supervised activities in a group setting for adult clients with mild to moderate disabilities to assist in achieving and maintaining their maximum level of functioning. The goal is to provide the necessary support to assist individuals in being able to stay at home as long as possible and at the same time providing respite and support for caregivers. Wagyosehta'geh assists individuals to gain a sense of achievement and improve their overall wellness through meaningful social, recreational, and therapeutic activities in a friendly, caring, and safe environment. Ages: Seniors 55+; Adults with Various Disabilities; Frail Elderly; Caregiver Respite

Duration: Daily (Monday-Friday)* | Time: 10am-3pm | Transportation: Contact to Inquire *Holiday Dates (No Program): June 23, July 1 & August 4 Location: White Pines Wellness Centre (1745 Chiefswood Road)

Registration Reguired: Sonya Hill | (519) 445-1867 | ada@sixnatons.ca



WAYS TO STAY CONNECTED!

FOLLOW SNGR'S SOCIAL MEDIA ACCOUNTS!

DOWNLOAD THE SNGR APP

by visiting the Google Play Store or Apple's App Store on your mobile device!



Google Play

VISIT OUR WEBSITE: www.sixnations.ca

Summer 2025 Leisure Guide
