

INSIDE:
Community Events,
Programs & Workshops!



Edwadrohe:k/Entewatia'taro:roke - We Will Gather/Come Together

Fall 2026
Leisure Activities Guide

September 1 - November 30, 2026



MESSAGE FROM THE 59TH ELECTED CHIEF

Welcome to the 2026 Edwadrohe:k/Entewatia'taro:roke – Fall Leisure Guide!

As the leaves begin to change and the days get cooler, I'm excited for you to experience the various events and programs planned for the community throughout the Fall season.

None of these opportunities would be possible without the dedication of everyone involved in the planning and coordination of these events and programs. Your continued commitment to our community is greatly appreciated!

Sherri-Lyn Hill, Elected Chief, Six Nations of the Grand River



59TH ELECTED CHIEF & COUNCILLORS



CHIEF SHERRI-LYN HILL
(519) 445-2201



COUNCILLOR DAYLE BOMBERRY
(226) 387-8096



COUNCILLOR HAZEL JOHNSON
(519) 732-2169



COUNCILLOR KERRY BOMBERRY
(519) 732-1477



COUNCILLOR AMOS KEY JR.
(226) 387-8089



COUNCILLOR GREG FRAZER
(226) 387-9112



COUNCILLOR HELEN MILLER
(519) 717-2565



COUNCILLOR CAROLE LESLEY GREENE
(519) 761-7058



COUNCILLOR A. POWLESS-BOMBERRY
(519) 717-2721



COUNCILLOR DEAN HILL
(226) 387-8093



COUNCILLOR MELBA THOMAS
(519) 732-2869



COUNCILLOR CYNTHIA JAMIESON
(226) 387-8085



COUNCILLOR ALAINA VANEVERY
(226) 387-8087



SEE THE NEXT PAGE TO EXPLORE WAYS TO CONNECT WITH ELECTED COUNCIL!

SNGREC RADIO UPDATES

Join 59th Elected Council every Friday for the Six Nations of the Grand River Elected Council Update on local radio stations!

To listen, tune in to Jukasa Radio (93.5FM) or CKRZ FM (100.3FM)!



59th ELECTED COUNCIL POLITICAL COMMITTEES

**Built Environment, Climate Adaptation
& Lands and Membership**

Chair: D. Bomberly | **Co-Chair:** H. Miller

A. VanEvery, K. Bomberly, H. Johnson & L. Greene

Community Committee

Chair: D. Hill | **Co-Chair:** D. Bomberly

M. Thomas & K. Bomberly

Data Governance

Chair: D. Hill | **Co-Chair:** G. Frazer

A. Key Jr.

Education Language & Culture

Chair: A. Key Jr. | **Co-Chair:** A. Powless-Bomberly

L. Greene

**Lands and Resources & Wealth
and Economy**

Chair: C. Jamieson | **Co-Chair:** A. Key Jr.

A. VanEvery, D. Hill, G. Frazer & H. Miller

**Unity Building, External Government
Relations & Justice**

Chair: G. Frazer | **Co-Chair:** C. Jamieson

L. Greene, D. Hill & M. Thomas

Well-Being Committee

Chair: A. Key Jr.

A. Powless-Bomberly, H. Johnson,

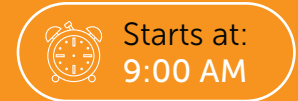
M. Thomas & L. Greene



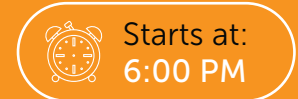
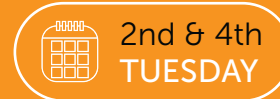
JOIN OUR COUNCIL MEETINGS!

The Elected Council meetings are held to inform community members on updates, projects, and more at:

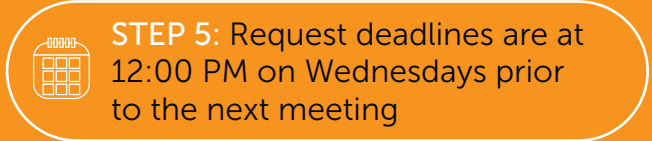
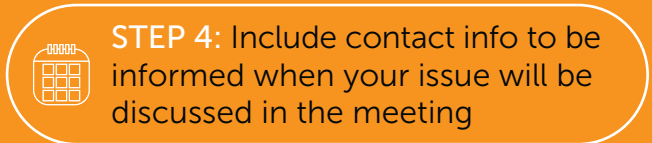
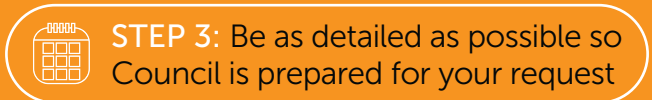
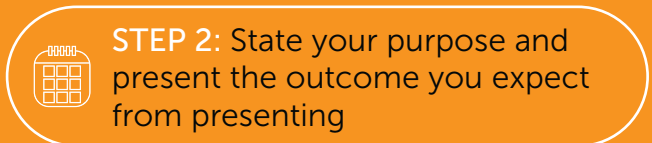
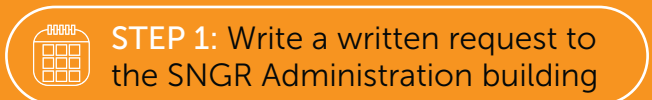
GENERAL FINANCE



GENERAL COUNCIL



HOW YOU CAN GET ON THE SNGR COUNCIL/COMMITTEE AGENDA



POLITICAL UPDATES

Keep informed on the latest Political Updates by following our social media channels – Facebook, Instagram, and X! @sixnationsgr



MESSAGE FROM SNGR'S CEO OFFICE

Sge:no and welcome, I'm eager to introduce the Fall Edition of the 2026 Edwadrohe:k/Entewatia'taro:rokeLeisure Guide! The Fall season is one that is enjoyed by many. The weather begins to cool (sweater weather!), canning and preserving take place, and we enjoy the Harvest Thanksgiving ceremonies. This is done to give thanks to everything that has provided us with a successful growing season and a bountiful harvest. We also begin preparing Mother Earth for the winter season of rest.

Six Nations of the Grand River (SNGR) departments and staff, along with community organizations, have been diligently planning events, activities, and programs for the community to enjoy during this season.

I would like to take this time to acknowledge the hard work and thoughtful planning that goes into the delivery of these opportunities. Nya:weh to community agencies and services for your dedication to SNGR and our community!

Debra Jonathan, CEO, Six Nations of the Grand River



SNGR ADMINISTRATION OFFICES



CENTRAL ADMINISTRATION

1695 Chiefswood Road
P: (519) 445-2201 F: (519) 445-2208



DEPARTMENT OF WELL-BEING

1745 Chiefswood Road
P: (519) 445-2418 F: (519) 445-0368



FIRE & EMERGENCY SERVICES

17 Veterans Lane
P: (519) 445-4054 F: (519) 445-4208



PARKS & RECREATION

1738 Fourth Line
P: (519) 445-4311 F: (519) 445-4401



PUBLIC WORKS - Administration:

1953 Fourth Line
P: (519) 445-4242 F: (519) 445-4763



PUBLIC WORKS - Transfer Station:

2470 Fourth Line
P: (519) 445-1212



SOCIAL SERVICES

15 Sunrise Court
P: (519) 445-2071 F: (519) 445-1783



SEE THE BACK COVER FOR WAYS TO STAY CONNECTED WITH SNGR!

CRISIS SUPPORTS

MOBILE CRISIS RAPID RESPONSE TEAM

(226) 446-9902

(Monday-Friday, 8am-11pm)

1546 Chiefswood Road

(Walk-in Available)

SIX NATIONS CRISIS LINE

1 (866) 445-2204 or

(519) 445-2204 (Call 24/7)

(226) 777-8480 (Text Monday-Friday,
8:30am-4pm)

INDIGENOUS VICTIMS SERVICES

(226) 227-2192 (Office Line)

1 (866) 964-5920 (IVS Direct Line)

1 (866) 445-2204 (Crisis Line)

(Monday-Friday, 8:30am-4:30pm)

GANOHKWASRA FAMILY ASSAULT SUPPORT SERVICES

(519) 445-4324 (Call 24/7)

OHSWEKEN PUBLIC HEALTH

(519) 761-9053 (8:30am-4:30pm)

NATIONAL INDIAN RESIDENTIAL SCHOOL CRISIS LINE

1 (866) 925-4419 (Call 24/7)

KIDS HELP LINE

1 (800) 668-6868 (Call 24/7) or

CONNECT to 686868 (Text)

kidshelpphone.ca (Online Chat)

TALK SUICIDE CANADA

1 (833) 456-4566 (Call 24/7)

or **45645** (Text)

TALK 4 HEALING for INDIGENOUS WOMEN

1 (855) 554-4325 (Call/Text 24/7)

www.beendigen.com (Live Chat)

FIRST NATIONS & INUIT HOPE for WELLNESS HELP LINE

1 (855) 242-3310 (Call 24/7)

hopeforwellness.ca (Online Chat)

SNGR DEPARTMENTS

CENTRAL ADMINISTRATION

(519) 445-2201 • 1695 Chiefswood Road

DEPARTMENT OF WELL-BEING

(519) 445-2418 • 1745 Chiefswood Road

FIRE & EMERGENCY SERVICES

(519) 445-4054 • 17 Veterans Lane

HOUSING

(519) 445-2235 • 67 Bicentennial Trail

JUSTICE DEPARTMENT

(226) 227-2192 • 1721 Chiefswood Road

LANDS & MEMBERSHIP

(519) 445-4613 • 67 Bicentennial Trail

LANDS & RESOURCES

(519) 753-0665 • 2498 Chiefswood Road

ONTARIO WORKS

(519) 445-2084 • 12 Sunrise Court

PARKS & RECREATION

(519) 445-4311 • 1738 Fourth Line

PUBLIC WORKS

(519) 445-4242 • 1953 Fourth Line

SOCIAL SERVICES

(519) 445-0232 • 15 Sunrise Court

TOURISM

(519) 758-5444 • 1037 Highway 54

YERIHWAHRÓN:KAS – They Hear
the Matters: **(519) 758-5444**

P.O. Box 5000, Ohsweken, Ontario,
N0A 1M0 • 1695 Chiefswood Road



GOOD MENTAL HEALTH

is achievable
for all ages!



When facing difficult life circumstances, stress can affect mental health and daily life. We encourage you to contact us for friendly, one-on-one support from qualified professionals. We provide various services, including scheduled appointments and mental health workshops, with a focus on promoting positive mental health and well-being.

- Short and long-term counselling
- Children 6 years to adult
- Behavioural programs
- Mental health presentations
- In-person & virtual counselling available
- Zero cost to Six Nations Band members

Contact Clinical Services:

(519) 445-0408

scsu@sixnations.ca





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EVENTS & PROGRAMS (SEPTEMBER)

Outdoor Event

Fall Fair 🍁

SNGR DEPARTMENT INFO BOOTHS

In collaboration with the Six Nations Fall Fair, 10 booths will be set up showcasing SNGR departments including: Central Administration (Administration, Complaints & Community Liaison, Finance), Language Commission, Fire & Emergency Services, Department of Well-Being, Six Nations Tourism, Lands & Resources (Litigation), Wildlife & Stewardship, Public Works Energy, Transfer Station & Recycling Information, Parks & Recreation (facility rentals, programming, outdoor facilities schedules), Human Resources, Social Services. **All ages.**

Date: September 11-12 | **Times:** 10am-10pm | September 13 | **Times:** 10am-6pm

Location: Six Nations Sports & Cultural Memorial Centre (1738 Fourth Line)

Contact: Central Administration | (519) 445-2201 | sncec@sixnations.ca

Blooms for a Cause - Fall Mums 🍁

DEPARTMENT OF WELL-BEING | SIX NATIONS COMMUNITY HOSPICE

Blooms for a Cause is a shared community fundraising effort led by Six Nations Community Hospice and Norfolk Haldimand Community Hospice. Community members are invited to welcome fall with vibrant baskets of mums while supporting hospice care services in both communities. Order your fall mums by visiting: bloomsforacause.ca or calling (519) 717-7343. Orders close on Friday, September 4, 2026. Support one or both hospices. A limited number of baskets will also be available for purchase on pick-up day. **All ages.**

Date: Saturday, September 12 | **Time:** 9am-12pm

Location: Odrohekta'geh - A Place for Gathering, (1676 Chiefswood Road)

Registration Required: Lea | (519) 717-7343 | propvc@sixnations.ca

Spooky Stories 🍁

SOCIAL SERVICES | FAMILY WELL BEING PROGRAM

Event will have panel of locals sharing Spooky Stories! Some material shared may be frightening for individuals or children, we will have a separate area for anyone who would like to colour and relax inside the pavilion. Light refreshments will be available while supplies last, zero cost program. Child supervision required, program supports Six Nations band members, no registration required. **All ages.**

Date: Thursday, September 24 | **Time:** 5-8pm

Location: Chiefswood Park Upper Pavilion (1037 Highway 54)

Contact: Jaycie | (519) 717-5892 | ssfwbn3@sixnations.ca



Family Togetherness: Orange Shirt Day Drive-Thru Event 🇮🇳

CENTRAL ADMINISTRATION | COMMUNICATIONS

We are hosting a drive-thru event to commemorate Orange Shirt Day and the National Day for Truth and Reconciliation. Community members are welcome to pick up packages to share with family. **All ages.**

Date: Friday, September 25 | **Time:** 4-7pm

Location: Oneida Business Park (50 Generations Drive)



JOIN OUR TEAM!

Your career is just a click away!
Find all of SNGR's latest career opportunities by visiting:

www.sixnations.ca



CLOSURE NOTICE: TRANSFER STATION

Orange Shirt Day

The Six Nations Transfer Station will be closed on **Wednesday, Sept. 30** and will return to its regular schedule on Thursday, October 1.

Summer hours (**8am-5:30pm**) are still in effect with the last load in happening at **5:15pm**.

For more info, call:
(519) 445-1212



HOW WELL... IS YOUR WELL?

You should test your well/cistern water 3 times a year!

Test your water in the spring, summer, and fall – or any time you notice a change in your water. We offer free bacteriological water tests for wells and cisterns on Six Nations. Visit us at **White Pines Wellness Centre (1745 Chiefswood Road)** to pick up a test bottle today!

The following are types of bacteria that act as indicators and help determine if water is safe for drinking:

Coliform bacteria is present in animal waste and sewage, but may also be found in soil and vegetation. Therefore, these bacteria may originate from septic systems leachate, animal manure, or soil run-off.

E. coli (Escherichia coli) are bacteria found in the intestinal tract of people and animals. Therefore, its presence in water would indicate recent sewage contamination. E.coli and other types of bacteria found in sewage may cause disease.

If your sample indicates Coliforms and/or E. coli:

- 1 Follow the recommended disinfection procedures appropriate for your well/cistern.
NOTE: Your water may be unsafe to drink unless boiled or treated.
- 2 Conduct a second water sample within 1-2 weeks of completing the appropriate treatment procedures. If the second water sample indicates the presence of bacteria, follow up with the Community Educator to contact the Environmental Public Health Officer (EPHO).
- 3 The EPHO will inspect your well/cistern, make recommendations on where the contamination could be coming from, and advise you on how to correct the problem.

NOTE: Correcting the problem is the discretion of the homeowner.

Drop off your water samples by 2pm, Monday-Thursday, at the **White Pines Wellness Centre**. If you are an elder, please call to book an appointment to have your water tested by the Community Educator.



For more information, contact the Community Educators at Health Promotion:
(519) 445-2809 • White Pines Wellness Centre (1745 Chiefswood Road)

Family Gatherings

September 2026

Family Gatherings drop-in program is designed to promote positive interaction and well-being between caregivers and child(ren) aged 0 - 6 (older siblings are welcome). With optional participation in our daily fun activities, Family Gatherings provides various locations to serve Six Nations Band Members, all at no cost.

Come visit our welcoming environment, age appropriate resources, and dedicated staff for a relaxed and enjoyable playdate with your child. Transportation available on reserve.

Site 1: 18 Stoneridge Circle, Ohsweken
Monday - Friday, 8:30am - 4:00pm
(519) 445-2565 | fgsup@sixnations.ca

Site 2: 1790 First Line, Ohsweken
Monday - Friday, 8:30am - 4:00pm
(226) 446-9905 | fgsup@sixnations.ca

Explore more programs -
Connect with us on Facebook & Instagram:
[@SixNationsSocialServices](#)

#SixNationsMatters



SITE 1 DROP-IN PROGRAMS:

MON	TUES	WED	THURS	FRI
CLOSED No Drop - In	1 Practice Letters	2 Bus Craft	3 Learn To Tie Your Shoes	4 Design Your Own New Shoes
7	8 Practice Cutting With Scissors	9 Colour By Number Evening Drop In 5-7PM	10 Tracing Activity	11 Match Game Activity
14 Learning Shapes	15 Tape Resist Craft	16 Fall Sensory Bottle	17 Finger Paint Fall Tree	18 Mini Pizza Making
21 Coffee Filter Butterfly	22 National Ice Cream Cone Day Craft	23 International Sign Language Day Evening Drop In 5-7PM	24 Sponge Paint	25 National Daughters Day
28 Make A Beaded Bracelet	29 Wear Orange Shirt Day/Color Activity	30		

SITE 2 DROP-IN PROGRAMS:

MON	TUES	WED	THURS	FRI
CLOSED No Drop - In	1 Colour Button Wand	2 Math Block Tower	3 Tooth Pick And Marshmallow Tower	4 Back To School Photos
7	8 Giant Word Search	9 Fall Leaf Suncatcher	10 Q-Tip Sunflower	11 Back To School Photos Raindate
14 School Bus Popsicle Stick Craft	15 Sunflower Name Craft	16 Apple Stamping	17 Sun Dream Catcher Craft	18 Sock Leaf Gnome Craft
21 Acorn Handprint Craft	22 Autumn Tissue Paper Leaves	23 Fall Tree Craft	24 Popsicle Stick Apple Core	25 Finger Print Corn On The Cob
28 Indian Corn Craft	29 Orange Shirt Craft	30		



GETTING ACTIVE/MOVEMENT (SEPTEMBER)

Outdoor Event

Bike the Rail Trail 🌱

DEPARTMENT OF WELL-BEING, THERAPY SERVICES

Come out and bike the Hamilton to Port Dover Rail Trail. The 82 km trail ride will be divided into sections, with each ride covering approximately 15-20 km return trips. Participants must provide their own bicycle and wear a helmet. If you require assistance obtaining equipment, please discuss your needs during registration. Registration opens: August 25. **Ages 18+, community members looking to be more active in a supportive environment.**

Date: Tuesday, September 1-29 | **Time:** 9-11am

Location: Various locations along the trail (provided weekly)

Registration Required: Julie | (519) 754-5730 | hpk8@sixnations.ca

Community Beautification 🌱

DEPARTMENT OF WELL-BEING, THERAPY SERVICES

An active community improvement program that encourages healthy living and caring for our surroundings. Participants will focus on their mental, emotional, spiritual, and physical health while beautifying community gardens. Gardening gloves and tools will be provided. **Ages 18+, all fitness levels welcome.**

Duration: Every Wednesday (September 2-October 28) | **Time:** 9-10am

Location: Various gardens in the community (provided by text or email)

Registration Required: Julie | (519) 754-5730 | hpk8@sixnations.ca

Athletes Celebration & Parade 🌱

CENTRAL ADMINISTRATION, COMMUNICATIONS

Six Nations of the Grand River acknowledges our community's athletes by hosting a parade and recognition ceremony. Athletes who register for the parade will receive free admission to the 2026 Six Nations Fall Fair. **All ages.**

Date: Saturday, September 12

Parade: Time: 11am-12pm | **Celebration: Time:** 12-1pm

Location: Public Works (1953 Fourth Line) to Parks & Recreation Entrance (1738 Fourth Line)

Registration Required: Leigh | (548) 328-0725 | sncec@sixnations.ca

PA Day Fun

SOCIAL SERVICES, CHILD & FAMILY SERVICES, PRIMARY PREVENTION SERVICES

Join us for upcoming PA Day Fun. Full details will be released on Social Services social media pages. Refreshments are provided. Zero cost program. **Ages: TBD**

Date: Friday, September 11 | **Time:** 9am-3:30pm

Location: 18 Stoneridge Circle

Registration Required: Quentin | (519) 445-2950 | ppsw1@sixnations.ca



House League Basketball

PARKS & RECREATION

House League Basketball. Registration Opens: August 17. **Ages: 6-13.**

Duration: Every Thursday, September 3-December 17 | **Time:** 5-8pm

Location: Dajoh (1738 Fourth Line)

Registration Required: Emerson | (519) 445-4311 ext. 5225 | dajoh10@sixnations.ca

Morning Spark

DEPARTMENT OF WELL-BEING, THERAPY SERVICES

A morning drop-in exercise program combining strength and cardiovascular training presented in a circuit format. Participants will develop strength, endurance, balance, and body awareness. Registration opens: August 25. **Ages 18+, community members looking to stay strong and active.**

Duration: Every Monday (September 14-November 30) | **Time:** 8:30-10am

***Holiday (No program) November 9 | Location:** Odrohehta'geh (1676 Chiefswood Road)

Registration Required: Julie | (519) 754-5730 | hpk8@sixnations.ca



DON'T FORGET:

You can also access the Leisure Guide online at: sixnations.ca, by visiting our social media pages, or by logging into the SNGR App!

VOLUNTEER WITH US!

For more information,
scan QR code or contact
Hospice & Palliative Care Teams:

519-445-0077

propvc@sixnations.ca



Learn to Play Pickleball

PARKS & RECREATION

Learn the basics of pickleball, Suitable for beginners and participants. No program on October 12 (Thanksgiving). **All ages.**

Duration: Every Monday (September 14-December 21) | **Time:** 9am-1pm

***Holiday (No program) October 12 | Location:** Dajoh Gymnasium (1738 Fourth Line)

Registration Required: Emerson | (519) 445-4311 ext. 5225 | dajoh10@sixnations.ca

Learn to Play Ball Hockey Program 🏒

PARKS & RECREATION

Learn to Play Ball Hockey Program. Registration opens: August 17. **Ages 7-12.**

Duration: Every Sunday (September 13-October 25) | **Time:** 10am-12pm

Location: Ball Hockey Rink (1738 Fourth Line)

Registration Required: Emerson | (519) 445-4311 ext. 5225 | dajoh10@sixnations.ca

Sit to Be Fit

DEPARTMENT OF WELL-BEING, THERAPY SERVICES

Designed to maintain function and total body strength to help prevent falls. This free drop-in seated exercise program uses body weight, Therabands, therapy balls, and free weights. The program is facilitated by an exercise facilitator from the Canadian Alzheimer's Society. **Age 55+, individuals looking to maintain function and strength while seated.**

Duration: Every Tuesday (September 8-November 24) | **Time:** 2-3pm

***Holiday (No program) September 1 | Location:** Odrohekta'geh (1676 Chiefswood Road)

Registration Required: Julie | (519) 754-5730 | hpk8@sixnations.ca

Zumba

PARKS & RECREATION

Zumba, come get a workout in! **Ages 16+**

Duration: Every Wednesday (September 16-October 28) | **Time:** 6-7pm

***Holiday Date (No Program):** September 30 **Location:** Dajoh Gymnasium (1738 Fourth Line)

Registration Required: Emerson | (519) 445-4311 ext. 5225 | recprograms@sixnations.ca

Indoor Rock Climbing

PARKS & RECREATION

Indoor Rock Climbing is a weekly recreation program for children. Participants will have the opportunity to develop climbing skills, build confidence, and stay active in a fun and supervised environment. **Ages 4-12.**

Duration: Every Tuesday (September 15-November 24) | **Time:** 4:30-7:30pm

Location: Dajoh Gymnasium (1738 Fourth Line)

Registration Required: Emerson | (519) 445-4311 ext. 5225 | dajoh10@sixnations.ca





Ėgqwadiya'dagenha' **Land Based Healing Centre**

FALL PROGRAM

Egowadiya'dagenha' is a land-based healing program offered to Six Nations Band members 18+ living on and off territory (must have own transportation if living off territory). Our philosophy, "Busy the body. Busy the mind", engages participants in revitalizing Haudenosaunee ways of being and doing through land-based programming.

The program is offered in 10-week seasonal cycles and is based on our ceremonial cycle. If interested in programming, we invite you to join us for our fall cycle. Activities include, but not limited to: harvesting, food preservation, fishing, trapping, pounding corn, making our traditional clothes and more!

KANENNA'KÈ:NE (FALL)

Mondays-Thursdays
9am-3pm

September 8, 2026-
November 12, 2026

TO REGISTER:

Contact our intake workers
before Monday, August 24:
(226) 446-9902



GO Transit has come to SIX NATIONS of the GRAND RIVER!

GO bus route 15B now makes stops across Six Nations of the Grand River and Mississauga of the Credit First Nation. It makes 3 trips in each direction, 7 days a week, connecting to Brantford Bus Terminal, McMaster University and to Lakeshore West GO train service at Aldershot GO station.

WEEKDAY STOPS (Weekend times in parentheses)

Stop 1: Oneida Business Park (50 Generations Drive)

Trip 1: 6:23am (7:47am)
Trip 2: 9:33am (11:32am)
Trip 3: 5:01pm (5:37pm)

Stop 3: Sour Springs @ Chiefswood Road

Trip 1: 6:41am (8:05am)
Trip 2: 9:51am (11:50am)
Trip 3: 5:19pm (5:55pm)

Stop 2: Fourth Line @ Chiefswood Road

Trip 1: 6:37am (8:01am)
Trip 2: 9:47am (11:46am)
Trip 3: 5:15pm (5:51pm)

Stop 4: Sour Springs @ Mohawk Road

Trip 1: 6:45am (8:09am)
Trip 2: 9:55am (11:54am)
Trip 3: 5:23pm (5:59pm)

Catch a ride back to Six Nations from the Brantford Bus Terminal:
8:02am (9:17am) | 2:55pm (3:07pm) | 5:00pm (9:08pm)

Go bus schedules can change at any time. More information is available at **Central Administration (1695 Chiefswood Road), Public Works (1953 Fourth Line)**, or online at: gotransit.com.



GO Transit helps connect Six Nations to Brantford, Hamilton, Toronto, and more! Ride the GO bus through Brantford, Hamilton, and to Aldershot Station, or travel throughout the Greater Toronto Area using the GO Train!

PRESTO card

The easiest way to ride with GO.

Pay to ride all types of GO transit using a debit/credit card or by using a reloadable PRESTO card.

PRESTO cards are available online at prestocard.ca or at select retail stores.



You can add funds to your PRESTO card instantly online by visiting prestocard.ca, via the PRESTO app, by using your mobile wallet, or in person at any PRESTO vending machine!

REMINDER: Always tap ON and OFF when riding GO transit.





COMMUNITY SUPPORTS (SEPTEMBER)

▲ Outdoor Event

Land Based Healing Fall Program ▲

DEPARTMENT OF WELL-BEING, EGOWADIYA'DAGENHA' LAND BASED HEALING

The Land Based Healing Fall Program invites community members living with mental health and/or substance use challenges to reconnect with the land, culture, and community through a supportive land-based healing experience. Registration Deadline: August 4. Program End Date: October 28. Days: Monday, Tuesday, Wednesday & Thursday. **Ages 18+**

Dates: September 8 - November 12 | **Time:** 9am-3pm

***Holiday date (No program) October 28 | Location:** Egowadiya'dagenha' (727 3rd Line)

Registration Required: Chelsie | (519) 445-1664 | mhcm8@sixnations.ca

Fall Fest Ticket Giveaway

SOCIAL SERVICES, KANIKONRIIO (GOOD MIND) CHILD AND YOUTH PROGRAM (KCYP) - YOUTH LIFE PROMOTION

Families can register to receive up to six (6) tickets per household to attend the Fall Fest Event at Brantwood Farms at its new location. The tickets may be used on any weekend during Fall Fest in September and October. Registration is call-in only and a Status Card is required, opens: September 8, 9am. **All ages.**

Date: Thursday, September 10 | **Time:** 9am-4pm

Location: 531 German School Rd, Paris

Registration Required: Grace | (519) 732-9961 | kaylp18@sixnations.ca

Lights To Remember ▲

SOCIAL SERVICES, CHILD & FAMILY SERVICES, CLINICAL SERVICES UNIT

In support of Suicide Awareness Week, please join Social Services for an evening to remember loved ones and community members lost by suicide. Join us for an informal candlelight gathering to acknowledge loss and share messages of hope. Candles and light refreshments will be provided while supplies last. Zero cost, drop-in event. **All Ages, Child Supervision Required.**

Date: Thursday September 10 | **Time:** 7-8:30pm

Location: Veteran's Park (Chiefswood Road & Fourth Line)

Contact: Tabatha | (519) 445-0408 | scsu@sixnations.ca

Service Ontario OHIP Health Card Renewal Clinic

DEPARTMENT OF WELL-BEING, WELL-BEING ADMINISTRATION

Renew your Health Card with us at the White Pines Wellness Centre. Please bring: 1. Proof of Citizenship (Status Card, Valid Canadian Passport, or Birth Certificate) 2. Proof of Residency (Monthly Bank Statement, College or University Report Card/Transcript, or Utility Bill) 3. Proof of Identity (Valid Ontario Driver's License, Credit Card, or Current Employee ID). **All ages.**

Dates: Wednesday, September 16, October 14, November 18 | **Time:** 10am-3pm

Location: White Pines Wellness Centre, First Floor (1745 Chiefswood Road)

Contact: (519) 445-2418

Free Hearing Test Pop-Up

DEPARTMENT OF WELL-BEING, SPEECH & LANGUAGE TEAM (THERAPY SERVICES AND CHILD & YOUTH HEALTH)

Free hearing tests will be provided by appointment only at White Pines Wellness Centre by Audiologist Olivia Graham. A waitlist will be available if the day becomes fully booked. Follow-up appointments will be arranged if needed. Please bring a valid Status Card and Ontario Health Card. **All Ages, Individuals with hearing concerns who can follow simple instructions.**

Date: Friday, November 20 | **Time:** 9am-5pm

Location: White Pines Wellness Centre (1745 Chiefswood Road)

Registration Required: Christal | (519) 445-4779 | tsoa3@sixnations.ca

Orange Shirt Day Community Breakfast

SOCIAL SERVICES, KANIKONRIIO (GOOD MIND) CHILD AND YOUTH PROGRAM (KCYP) - YOUTH LIFE PROMOTION

Six Nations community members are invited to a free breakfast and social led by Emily C. General's Shoer Club. First 500 guests will receive a free orange t-shirt. Breakfast is served 9-11am. Social is 11am-12pm. This drop in event is provided to Six Nations band members at no cost, take out unavailable. Breakfast and shirts while supplies last. **All Ages, Child Supervision Required.**

Date: Tuesday, September 29 | **Time:** 9am-12pm

Location: Six Nations Community Hall (1738 Fourth Line)

Contact: Brittany | (519) 750-3408 | kaylp19@sixnations.ca



Toddler Series

Join us each Wednesday in various months for Toddler Series, a free program offered in a relaxed environment that focuses on family connections, caregiver well-being, and positive parenting. Includes light refreshments.

Open to caregivers of Six Nations Band members with children aged 1-3. Transportation available upon request for on-reserve addresses.

Registration required please contact Family Gatherings: **(519) 445-2565**

Connect & Follow: **#SixNationsMatters**

Stay connected with us online or check out our leisure guide for a complete list of dates.

Family Gatherings, Early Years and Child Care, Six Nations Social Services



Donation Fund Policy: See page 45 for financial supports available to the community!



WORKSHOPS & CLASSES (SEPTEMBER)

Safe Food Handling

DEPARTMENT OF WELL-BEING, DEPARTMENT: HEALTH PROMOTION

This FREE certification course is open to all Six Nations community members. Participants will learn general principles of safe food handling, including: Temperature control, Cross-contamination prevention, Personal hygiene, Cleaning and sanitizing practices. Certification remains valid for five years. Please bring a pen and paper to take notes. Registration opens: July 1, 2026. **Ages 14+.**

Duration: Every Wednesday (September 9 & 23, October 14 & 28, November 11 & 25)

Time: 8:30am-5pm

Location: White Pines Wellness Centre Boardroom (1745 Chiefswood Road)

Registration Required: Michelle | (519) 445-2809 | michellejamieson@sixnations.ca

Six Nations Social Services
Child & Family Services presents:

Family Fun & Dance

Join us for an engaging drop-in event highlighting traditional powwow dance presentations and instruction free of charge.

This judgement-free zone promotes cultural connections, family interaction, and personal positivity. Substance-free environment. Children require parental supervision.

Supporting Six Nations Band members & caregivers. Dinner will be provided, while supplies last.

Location & dates: TBD
follow us online for the latest updates.

[@SixNationsSocialServices](#)
[#SixNationsMatters](#)

For inquiries, call: (519) 445-0230



Six Nations Social Services Correctional Services

Supporting the Community

We are dedicated to enhancing public safety and security while reducing recidivism. We achieve this by offering culturally relevant supervision, programming, and supportive services for Indigenous adults and youth.

We believe that caring for our own drives our commitment to rehabilitation and successful reintegration into the community.

We assist with community supervision, which includes probation, parole, and conditional sentences within the community and surrounding areas.

If you have any questions regarding our services or a criminal court order, contact Kierstyn: (519) 717-1385.



Family Gatherings: drop-in programs on **pages 6, 24 & 38!**

Meal Prep Made Simple

DEPARTMENT OF WELL-BEING, ALLIED HEALTH

Grow your confidence in meal planning and preparation through this in-person batch cooking and meal preparation class. Participants will gain hands-on experience learning: Cooking techniques, Food safety practices, Safe food storage, Food waste reduction strategies, Ingredient utilization, Limited spots available. Registration opens approximately two weeks before each class and registration links will be posted through Department of Well-Being social media. **Ages: 18+**

Duration: September 24, October 22, November 26 | **Time:** 5:30-7:30pm

Location: White Pines Wellness Centre Kitchen (1745 Chiefswood Road)

Registration Required: Shannon | (519) 754-7405 | hpcd@sixnations.ca



Do you know about **YERIHWAHRON:KAS** **(THEY HEAR THE MATTERS)?**

To share concerns and complaints about SNGR's programs, services, and unmet needs, please fill out a form on the SNGR App or contact:

Joe Martin

snyeri@sixnations.ca

(519) 754-7685



**LOOKING TO CONNECT with
SIX NATIONS of the GRAND RIVER?**

DOWNLOAD THE APP!



VISIT OUR WEBSITE:

www.sixnations.ca

FOLLOW US ONLINE!



[@sixnationsgr](https://www.instagram.com/sixnationsgr)

MONDAY	TUESDAY	WEDNESDAY
		
Morning Spark (p. 42) 5 Dajoh Youth Group (p. 42) Learn to Play Pickleball (p. 9) Land Based Healing Fall Program (p. 41)	Sit to Be Fit (p. 41) 6 Indoor Rock Climbing (p. 9) Soup for Seniors (p. 41) Land Based Healing Fall Program (p. 41) Plant-Based Cooking Class (p. 28) Nervous System Regulation for Emotional Wellness (p. 27)	Zumba (p. 9) 7 Tentewatá:ton / Dędwadado Community Market (p. 42) Land Based Healing Fall Program (p. 41)
Morning Spark (p. 42) 12 Closure Notice: All SNGR departments are closed today for Thanksgiving. Regular office hours resume October 13 @ 8:30am.	Line Dancing (p. 23) 13 Sit to Be Fit (p. 41) Indoor Rock Climbing (p. 9) Soup for Seniors (p. 41) Land Based Healing Fall Program (p. 41) Nervous System Regulation for Emotional Wellness (p. 27)	Stop Bullying Day 14 Community Beautification (p. 7) Zumba (p. 9) Service Ontario OHIP Renewal (p. 13) Tentewatá:ton/Dedwadado Community Market (p. 42) Safe Food Handling (p. 27) Feeding your Baby (p. 27)
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Morning Spark (p. 42) 26 Dajoh Youth Group (p. 44) Learn to Play Pickleball (p. 9) Land Based Healing Fall Program (p. 41) Closure Notice: All SNGR departments are closed today for Haldimand Treaty Day. Regular office hours resume October 27 @ 8:30am.	Line Dancing (p. 23) 27 Sit to Be Fit (p. 41) Indoor Rock Climbing (p. 9) Soup for Seniors (p. 41) Land Based Healing Fall Program (p. 41) Nervous System Regulation for Emotional Wellness (p. 27)	Community Beautification (p. 7) 28 Zumba (p. 9) Fall Family Fun Night (p. 21) Tentewatá:ton/Dedwadado Community Market (p. 42) Land Based Healing Fall Program (p. 41) Feeding your Baby (p. 27) Safe Food Handling (p. 27)

THURSDAY	FRIDAY	SATURDAY/SUNDAY
National Seniors Day (p. 19) 1 House League Basketball (p. 44) Community Kitchen (p. 25) Land Based Healing Fall Program (p. 13)	2	Fire Prevention Week Open House (p. 19) 3
		Learn to Play Ball Hockey (p. 9) 4
House League Basketball (p. 41) 8 Land Based Healing Fall Program (p. 41) The Emotional Eating Reset (p. 27)	Wonderland Halloween Haunt Program (p. 21) 9	World Mental Health Day 10
		Learn to Play Ball Hockey (p. 9) 11
House League Basketball (p. 41) 15 Land Based Healing Fall Program (p. 41)	16	17
		Learn to Play Ball Hockey (p. 9) 18
House League Basketball (p. 41) 22 Land Based Healing Fall Program (p. 41) Meal Prep Made Simple (p. 28)	Adventure to Fear Farm (p. 21) 23	Social Saturdays: Pumpkin Paint & Carve (p. 28) 24
		Learn to Play Ball Hockey (p. 9) 25
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EVENTS & PROGRAMS (OCTOBER)

Outdoor Event

National Seniors Day

CENTRAL ADMINISTRATION | COMMUNICATIONS

Community members are invited to join us for a free lunch and entertainment in celebration of National Seniors Day. **Age 55+**

Date: Thursday, October 1 | **Time:** 11am-2pm

Location: Six Nations Community Hall (1738 Fourth Line)

Fire Prevention Open House

FIRE & EMERGENCY SERVICES

A fun, family-friendly event dedicated to fire safety, education, and community connection. Meet your local firefighters, explore fire trucks and equipment, and learn important fire safety tips. This year's Fire Prevention Week theme is "Charge into Fire Safety", focusing on the safe use of lithium-ion batteries in everyday devices. The event will also feature the 3rd Annual Smoke Dance Competition. **All Ages, Smoke Dancers Welcome.**

Duration: Saturday, October 3 | **Time:** 11am-4pm

Location: Fire Hall #1 (17 Veterans Lane)

Contact: Emma | (519) 445-4054 | snflse@sixnations.ca

ANNUAL COAT DRIVE & GIVEAWAY

Six Nations Social Services' Child & Family Services is pleased to announce the upcoming annual coat drive, with all donations directly benefiting Six Nations community members.

We encourage individuals interested in contributing to follow us online for the latest information and updates. Your support is greatly appreciated, and we look forward to once again assisting the community through the generous contributions received.



Contact Primary Prevention Services:
(519) 445-2950



Presented by: Six Nations Social Services'
Child & Family Services, Clinical Services Unit:

SNAP[®]

(Stop Now And Plan)

The SNAP Program is a 12-session program for children ages 6-11 to learn skills for emotional regulation and impulse control.

Children participate with peers in group sessions organized into age-appropriate, gender-specific groups.

Caregivers learn how to support their children to use new skills in simultaneous caregiver groups and will receive support from SNAP staff.

Let's Grow TOGETHER!

Children Learn:

- Reflection of feelings
- Positive decision making
- Problem managing
- Navigation of self emotions

SNAP is offered at no cost to Six Nations Band members with meals provided.

Contact us for registration or more information:

(519) 445-0408 • snapinfo@sixnations.ca

Connect & follow us online:
#SixNationsMatters





GETTING ACTIVE/MOVEMENT (OCTOBER)

▲ Outdoor Event

Wonderland Halloween Haunt Program ▲

SOCIAL SERVICES, KANIKONRIIO (GOOD MIND) CHILD AND YOUTH PROGRAM (KCYP) - YOUTH LIFE PROMOTION

Six Nations youth will enjoy rides and attractions at Canada's Wonderland Halloween Haunt. Registration and youth status card are required. Limited spaces available. Dinner will be provided. Transportation to youth residences on reserve will be provided upon return. registration opens: October 13, 9am, no voicemails or texts. **Ages 15-18.**

Date: Friday, October 9 | **Time:** 4:30pm-12am

Location Drop Off: 18 Stoneridge Circle

Contact: Brittany | (519) 750-3408 | kaylp19@sixnations.ca

Adventure to Fear Farm ▲

SOCIAL SERVICES, KANIKONRIIO (GOOD MIND) CHILD AND YOUTH PROGRAM (KCYP) - YOUTH LIFE PROMOTION

Youth will spend an evening exploring the attractions at Snyder's Fear Farm. Program is open to Six Nations youth ages 12-14. Limited spaces available and a status card is required. Registration dates are subject to change. Follow Social Services online for complete program information. Registration opens: October 13, 9am. Phone calls only, no voicemails & no texts. **Ages 12-14.**

Date: Friday, October 23 | **Time:** 4:30-10pm

Location: 18 Stoneridge Circle

Registration Required: Chris | (519) 750-3042 | kaylp24@sixnations.ca

Fall Family Fun Night ▲

SOCIAL SERVICES, FAMILY WELL BEING PROGRAM

Come out for a spook-tacular evening of Halloween fun. Expect costume contests, games, activities, and more. Light treats and refreshments will be served while supplies last. This substance-free and pet-free event supports Six Nations Band Members and caregivers. Follow us online for program updates using #SixNationsMatters. **All ages, Child Supervision required.**

Date: Wednesday, October 28 | **Time:** 4:30-8pm

Location: Six Nations Community Hall (1738 Fourth Line)

Registration Required: Jaycie | (519) 717-5892 | ssfwbn3@sixnations.ca

Enjoy Autumn Safely

Fall Prevention Tips for Older Adults

1) Watch for Wet Leaves and Debris

Wet leaves can be as slippery as ice. Keep walkways clear and remove debris regularly.

2) Wear Proper Footwear

Use sturdy, non-slip shoes with good support to prevent slips on wet grass, loose soil, or uneven ground.

3) Prepare for Winter

Stock up on salt or sand before icy weather arrives.

4) Get Help With Outdoor Maintenance

Ask family, friends, or community services for help with leaves, gutters, and walkways.



Do you have a Falls
Prevention question?
Call: **(519) 445-4779**





GETTING ACTIVE/MOVEMENT (OCTOBER)

Halloween Dance

SOCIAL SERVICES, CHILD & FAMILY SERVICES' PRIMARY PREVENTION SERVICES

Join us for our annual Halloween Dance. This spooktacular drop in event is fun for all family members and individuals. An alcohol, substance, and pet free zone. **All ages.**

Date: October 30 | **Time:** 6-8pm

Location: Six Nations Community Hall (1738 Fourth Line)

Contact: Quentin | (519) 445-2950 | ppsw1@sixnations.ca

Line Dancing

PARKS & RECREATION

Learn to line dance. Registration opens: September 21. **Ages 18+**

Duration: Every Tuesday (October 13 - November 24) | **Time:** 12-1pm

Location: Dajoh Gymnasium (1738 Fourth Line)

Registration Required: Emerson | (519) 445-4311 ext. 5225 | dajoh10@sixnations.ca



FREE DRIVE-THRU (September-May)

SOUP for SENIORS

TUESDAYS @ 11AM
(while supplies last)

For Six Nations Elders & Seniors (55+)

WAGYO'SEHTA'GEH (VISITING PLACE)
(1745 Chiefswood Road)



Family Gatherings

October 2026

Family Gatherings drop-in program is designed to promote positive interaction and well-being between caregivers and child(ren) aged 0-6 (older siblings are welcome). With optional participation in our daily fun activities, Family Gatherings provides various locations to serve Six Nations Band Members, all at no cost.

Come visit our welcoming environment, age appropriate resources, and dedicated staff for a relaxed and enjoyable playdate with your child. Transportation available on reserve.

Site 1: 18 Stoneridge Circle, Ohsweken
Monday-Friday, 8:30am-4:00pm
(519) 445-2565 | fgsup@sixnations.ca

Site 2: 1790 First Line, Ohsweken
Monday-Friday, 8:30am-4:00pm
(226) 446-9905 | fgsup@sixnations.ca

Explore more programs -
Connect with us on Facebook & Instagram:
@SixNationsSocialServices

#SixNationsMatters



SITE 1 DROP-IN PROGRAMS:

MON	TUES	WED	THURS	FRI
CLOSED No Drop-In			1 Every Child Matters Handprint Craft	2 Creamy Orange Creamsicle Drink
5 Candy Corn Bath Salts	6 Monster Eyes Sensory Bottle	7 Cotton Ball Ghosts Evening Drop In 5-7PM	8 Candy Corn Parfait	9 Sponge Paint Fall Wreath
12	13 Ganohonyohk Colouring Page	14 What Are You Thankful For	15 Fill Your Gahdra' With Your Favourite Sustenance	16 Paper Plate Fall Wreath
19 Cauldron Craft	20 Coffee Filter Bat	21 Masking Tape Mummy Craft Evening Drop In 5-7PM	22 Halloween Tree Craft	23 Halloween Movie With Popcorn
26 Paint Pumpkins	27 Monster Hair Cuts	28 Witches Broom Craft	29 Fizzy Potions	30 Tissue Paper Pumpkins

SITE 2 DROP-IN PROGRAMS:

MON	TUES	WED	THURS	FRI
CLOSED No Drop-In			1 Froot Loops Fall Tree	2 Peach Cheese Cake Fruit Salad
5 Scarecrow Popsicle Stick Craft	6 Beaded Witch Broom	7 Home Remedies	8 Stick The Feathers Turkey	9 Fall Family Photos
12	13 Glove Monsters	14 Froot Loop Fine Motor Colour Matching	15 Spider Web Sun-catchers	16 Fall Family Photos Rain Date Fall Colourings
19 Smoky Cauldron Craft	20 Glowing Spider Mason Jar	21 Pumpkin Carving/ Sensory	22 Witch Wreath Craft	23 Candy Apples
26 Puffy Ghost Craft	27 Mummy Marble Painting	28 Pumpkin Craft	29 Smore's Snack And Craft	30 Halloween Costume Party



COMMUNITY SUPPORTS (OCTOBER)

Community Kitchen

DEPARTMENT OF WELL-BEING, ALLIED HEALTH, MATERNAL CHILD & YOUTH ALLIED HEALTH,
HARM REDUCTION OUTREACH TEAM

Join us for a FREE nutritious family meal! Eat-in or take-out is available on a first-come, first serve basis. All Ages, Child Supervision Required.

Date: Thursday (October 1, November 5) | **Time:** 5-7pm

Location: White Pines Wellness Centre (1745 Chiefswood Road)

Contact: Avery | (519) 761-0013 | chcfa@sixnations.ca

TRIPLE P

Positive Parenting

This program is ideally designed for caregivers (band members/partners) of children aged 2 to 12 years.

Over the course of eight virtual sessions utilizing the Triple P framework, parents will learn effective strategies to promote child development, manage misbehavior, and navigate challenging situations.

Participants will need internet access and a device compatible with Zoom. Additionally, parents will receive a complimentary workbook for the sessions.

September 23, 2026

5-7pm

8 Week Group Virtual

Family Transitions

Triple P, Family Transitions, is specifically tailored for parents (including band members and partners) who are experiencing personal distress due to separation or divorce, thereby affecting their parenting abilities.

This program spans five sessions, providing essential support to parents as they navigate the challenges of adjusting to separation or divorce.

The curriculum emphasizes developing skills to effectively resolve conflicts with former partners and to positively manage stress during this transitional period.

September 24, 2026

1-3pm

8 Week Group Virtual

Contact Ashten:
(519) 757-9143
ashtenivany@sixnations.ca



ONKWEHÓN:WE HEALTH CHECK-IN

Are you interested in participating in a Community Health Survey? We want to hear from you!

If you are...

- 16 or older
- Belong to Six Nations
- Live in these areas: Six Nations, Brant, Haldimand-Norfolk, Hamilton, or Niagara

Then you are eligible to participate!

What is in it for you?

- Have your voice heard.
- **\$50 Gift Card** for completing the survey.
- **\$25 Gift Cards** for referring friends.
- Automatically entered into **monthly draw**.



Drop-ins:

Iroquois Office Suites,
1721 Chiefswood Rd,
Ohsweken
Monday-Friday
9AM-3PM

OR

Appointments:

- Contact JANE to schedule an appointment in Brantford, Hamilton, or Ohsweken.
- Home visits, evenings, and Saturdays available by appointment.

Survey runs until we reach 1000 participants. (575 surveys completed to date)

Learn more:

☎ (519) 751-9671
✉ CHSOL@sixnations.ca
🌐 OHCSixnations.ca





WORKSHOPS & CLASSES (OCTOBER)

The Emotional Eating Reset

DEPARTMENT OF WELL-BEING, CHILD & YOUTH HEALTH, ALLIED HEALTH SERVICES

Join us for a virtual Lunch and Learn webinar discussing emotional eating and providing a safe space for discussion and reflection. Contact the email below to receive the meeting link. Registration opens: September 1. **All ages.**

Date: Thursday, October 8 | **Time:** 12-1pm | **Location:** Virtual

Contact: Britney | (519) 751-8672 | hprd2@sixnations.ca

Nervous System Regulation for Emotional Wellness

SOCIAL SERVICES, CHILD & FAMILY SERVICES

This skills-based group is designed to help participants better understand their nervous system and develop practical strategies to support emotional well-being. Registration opens: September 1. **Ages: 16+**

Duration: Every Tuesday (October 6, 13, 20 & 27) | **Time:** 12-12:45pm

Location: Child & Family Services (15 Sunrise Court)

Registration Required: Tabatha | (519) 445-0408 | scsu@sixnations.ca

Feeding Your Baby

DEPARTMENT OF WELL-BEING, CHILD & YOUTH HEALTH, FAMILY GATHERINGS

Join us for a four-week program where caregivers and infants will connect while preparing iron-rich and nutrient-dense foods for babies beginning their solid food journey. Child care will be provided during sessions. Registration opens: October 1. **Age Range: Infants 6-12 Months and Caregivers**

Duration: Every Wednesday (October 14, 21, 28 & November 4) | **Time:** 10am-12pm

Location: Family Gatherings (18 Stoneridge Circle)

Registration Required: Britney | (519) 751-8672 | hprd2@sixnations.ca

Safe Food Handling

DEPARTMENT OF WELL-BEING, DEPARTMENT: HEALTH PROMOTION

This FREE certification course is open to all Six Nations community members. Participants will learn general principles of safe food handling, including: Temperature control, Cross-contamination prevention, Personal hygiene, Cleaning and sanitizing practices. Certification remains valid for five years. Please bring a pen and paper to take notes. Registration opens: July 1, 2026. **Ages 14+.**

Duration: Every Wednesday (October 14 & 28, November 11 & 25)

Time: 8:30am-5pm

Location: White Pines Wellness Centre Boardroom (1745 Chiefswood Road)

Registration Required: Michelle | (519) 445-2809 | michellejamieson@sixnations.ca

Meal Prep Made Simple

DEPARTMENT OF WELL-BEING, ALLIED HEALTH

Grow your confidence in meal planning and preparation through this in-person batch cooking and meal preparation class. Participants will gain hands-on experience learning: Cooking techniques, Food safety practices, Safe food storage, Food waste reduction strategies, Ingredient utilization, Limited spots available. Registration opens approximately two weeks before each class and registration links will be posted through Department of Well-Being social media. **Ages: 18+**

Duration: October 22, November 26 | **Time:** 5:30-7:30pm

Location: White Pines Wellness Centre Kitchen (1745 Chiefswood Road)

Registration Required: Shannon | (519) 754-7405 | hpcd@sixnations.ca

Plant-Based Cooking Class

DEPARTMENT OF WELL-BEING, ALLIED HEALTH AND MATERNAL CHILD & YOUTH HEALTH

Explore plant-based eating by joining us for this in-person cooking class. This hands-on class provides an opportunity to gain knowledge and strengthen cooking skills while preparing plant-based foods that are flavourful, budget-friendly, and contain key nutrients to support health.

Registration opens: Approximately two weeks before each class. **Ages: 18+**

Duration: October 6 & November 3 | **Time:** 11am-12:30pm

Location: White Pines Wellness Centre Kitchen (1745 Chiefswood Road)

Registration Required: Shannon | (519) 754-7405 | hpcd@sixnations.ca

Presented by Six Nations Social Services,
Early Years & Child Care, Family Gatherings

Social Saturdays

This drop-in program is designed for families to set aside time for engagement in healthy development, building positive relationships and wellness practice. Light refreshments provided mid-break.

Transportation available for on reserve addresses, please contact by 4pm the day prior.

 Sept. 26 - Feathered dreamcatcher
Oct. 24 - Pumpkin Paint & Carve
Nov. 28 - Christmas ornaments

 9am-12pm

 18 Stoneridge Circle
Upon arrival follow sidewalk to right of building, utilize buzzer

Follow us online for
more programming:
[#SixNationsMatters](https://twitter.com/SixNationsMatters)

Forward any inquiries to Family Gatherings
(519) 445-2565



FOLLOW US FOR FURTHER DETAILS: Tune into our social media ([@sixnationsgr](https://twitter.com/sixnationsgr)) for all of the latest updates and information regarding our events and programs!

MONDAY	TUESDAY	WEDNESDAY
		
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EVENTS & PROGRAMS (NOVEMBER)

Honoring Our Loved Ones Memorial Gathering

DEPARTMENT OF WELL-BEING, HOME AND COMMUNITY CARE - PALLIATIVE CARE PROGRAM

A time for togetherness, support, and remembrance. Guests are invited to place a memorial bulb on the Christmas Tree to honor those who will live on forever in our hearts. Light refreshments will be available. Registration opens: November 1, 2026. **All Ages, those dealing with grief.**

Date: Thursday, November 26 | **Time:** 6-8pm

Location: White Pines Wellness Centre (1745 Chiefswood Road)

Registration Required: Lea | (519) 717-7343 | propvc@sixnations.ca

TENTEWATÁ:TON/DĘDWADADQ COMMUNITY MARKET

**WEDNESDAYS
12 - 5 PM**

Everyone welcome!

ODROHEKTA'GEH

(1676 Chiefswood Road)





“YOU CAN NEVER GET ENOUGH
BOOKS
INTO THE HANDS
OF ENOUGH
CHILDREN”
Dolly



INSPIRE A LOVE OF READING

Enroll your child in Dolly Parton's Imagination Library and get a **FREE BOOK** every month until their 5th birthday.

“ Our daughter **LOVES READING** and being read to, and the **VARIETY** she receives from the Imagination Library is a **SIGNIFICANT** part of this ”

Dolly Parton's Imagination Library is dedicated to inspiring a love of reading by gifting books free of charge to children from birth to age five, through funding shared by Dolly Parton and local community partners in the United States, United Kingdom, Canada, Australia and Republic of Ireland.



Six Nations Social Services
Early Years & Child Care Services



Connect & Follow Us Online:
#SixNationsMatters

IMAGINATIONLIBRARY.COM/
CA/AFFILIATE/ONFNSIXNATI
ONS/

Register Here:





GETTING ACTIVE/MOVEMENT (NOVEMBER)

Outdoor Event

PA Day Program ▲

SOCIAL SERVICES, KANIKONRIIO (GOOD MIND) CHILD AND YOUTH PROGRAM (KCYP) - YOUTH LIFE PROMOTION

This PA Day program will take youth ages 6-8 to various fun locations, including lunch at a restaurant. Additional details will be released on Social Services social media pages in October. Registration opens: October 21, 9am. No voicemails or texts. **Ages 6-8.**

Date: Friday, November 6 | **Time:** 8:30am-4pm

Location: 18 Stoneridge Circle

Registration Required: Grace | (519) 732-9961 | kaylp18@sixnations.ca

Let's Get Active ▲

PARKS & RECREATION

Let's Get Active for youth ages 10-12. Learn to play a variety of sports. Registration opens: October 19. **Ages 10-12.**

Duration: Every Wednesday (November 4-December 16) | **Time:** 6-7pm

***Holiday (No program) November 11** | **Location:** Dajoh Gymnasium (1738 Fourth Line)

Registration Required: Emerson | (519) 445-4311 ext. 5225 | dajoh10@sixnations.ca

Infant Series

Join us Wednesdays! This opportunity is for Six Nations Band members who are caregivers and parents of children aged 0 to 12 months.

The program focuses on family bonding, positive parenting, relaxation, and well-being. Light refreshments will be served. Transportation can be arranged with advance notice for on reserve addresses.

Registration required and opens October 27, 2026
Please contact Family Gatherings:
(519) 445-2565
Connect & Follow: **#SixNationsMatters**

November 4, 18 & 25
9:30-11:30am
Family Gatherings Too
(1790 First Line)

Family Gatherings, Early Years and
Child Care, Six Nations Social Services



TREE & BRUSH CUTTING SERVICES

The Six Nations Public Works office offers tree & brush cutting services:

Total Tree Removal

Lot Clearing

Storm Clean-up

Brush Cutting

To receive a quote, contact the Public Works office:

(519) 445-4242



RENTING SCHOOL FACILITIES

Those interested in renting any federal school facilities can do so by reaching out to the Six Nations Public Works office!

For more information, contact Public Works:

(519) 445-4242



CLOSURE NOTICE: TRANSFER STATION

Remembrance Day

The Six Nations Transfer Station will be closed on **Wednesday, Nov. 11** and will return to its regular schedule on Thursday, November 12.

Winter hours (**8am-4:30pm**) are in effect as of November 10, with the last load in happening at **4:15pm**.

For more info, call:

(519) 445-1212



TRANSFER STATION WINTER HOURS

8am-4:30pm

The Six Nations Transfer Station will be transitioning to winter hours on **Tuesday, Nov. 10**.

Winter hours are **8am-4:30pm Tuesday-Saturday** with the last load in happening at **4:15pm**.

For more info, call:

(519) 445-1212





COMMUNITY SUPPORTS (NOVEMBER)

Outdoor Event

Grief Recovery Method Group

SOCIAL SERVICES, CHILD & FAMILY SERVICES, CLINICAL SERVICES UNIT

The Grief Recovery Method Group provides a structured and compassionate approach to healing from loss. This evidence-based program offers tools to address unresolved feelings and find closure through guided discussions and reflective exercises in a safe and supportive environment. **Ages 18+**

Duration: Every Wednesday (November 4 - January 6, 2027) | **Time:** 6:30-8pm

Location: Mental Health and Addictions (1769 Chiefswood Road)

Registration Required: Sage | (519) 445-2143 | mhmwc@sixnations.ca

White Bison Wellbriety Group

SOCIAL SERVICES, MENTAL HEALTH AND ADDICTIONS

The White Bison Wellbriety Group offers a culturally grounded approach to healing and recovery based on Indigenous values and Medicine Wheel teachings. Through cultural practices, spiritual connection, peer support, and discussion, participants explore balance and wellness across mental, physical, emotional, and spiritual dimensions. Registration Opens: September 1. **Ages 18+.**

Duration: Every Thursday (November 5 - January 7, 2027) | **Time:** 6:30-8pm

Location: Mental Health and Addictions (1769 Chiefswood Road)

Registration Required: Sage | (519) 445-2143 | mhmwc@sixnations.ca

Community Kitchen

DEPARTMENT OF WELL-BEING, ALLIED HEALTH, MATERNAL CHILD & YOUTH ALLIED HEALTH, HARM REDUCTION OUTREACH TEAM

Join us for a FREE nutritious family meal! Eat-in or take-out is available on a first-come, first-serve basis. **All Ages, Child Supervision Required.**

Date: Thursday, November 5 | **Time:** 5-7pm

Location: White Pines Wellness Centre (1745 Chiefswood Road)

Contact: Avery | (519) 761-0013 | chcfa@sixnations.ca

PA Day Fun

SOCIAL SERVICES, CHILD & FAMILY SERVICES, PRIMARY PREVENTION SERVICES

Join us in PA Day Fun. Registration & status card required. Limited spaces, zero-cost program. All details to be released on our social media pages, follow us online: #SixNationsMatters. **Ages 6-14**

Duration: Friday, November 6 | **Time:** 9am-3:30pm

Location: TBD

Contact: Quentin | (519) 445-2950 | ppsw1@sixnations.ca

Relapse Prevention Group

DEPARTMENT OF WELL-BEING, MENTAL HEALTH AND ADDICTIONS

This group supports individuals in building personalized strategies to maintain their recovery journey. Participants will identify triggers, develop coping skills, strengthen resilience, and create culturally relevant wellness plans while receiving support and accountability from peers. Registration opens: September 1. **Ages 18+.**

Duration: Every Friday (November 6 - January 8, 2027) | **Time:** 6:30-8pm

Location: Mental Health and Addictions (1769 Chiefswood Road)

Registration Required: Sage | (519) 445-2143 | mhmwc@sixnations.ca

Household Hazardous Waste Drop-Off

SIX NATIONS PUBLIC WORKS, TRANSFER STATION

Event for on-reserve community members to drop off household hazardous waste materials that cannot otherwise be disposed of. **All ages.**

Date: Saturday, November 7 | **Time:** 9am-4pm

Location: Six Nations Transfer Station (2470 Fourth Line)

Contact: Six Nations Public Works Office | (519) 445-4242 | dpw@sixnations.ca

Six Nations Social Services' Child Care & Early Years

Bicentennial & Stoneridge Child Care Services

Since 1981, Six Nations Child Care Services has been dedicated to serving our community. We take pride in providing a curriculum that is both culture and language-based, aligning with the Ministry of Education guidelines as well as our Haudenosaunee values.

To register your child on the waitlist, please come to 21 Bicentennial Trail, Monday-Friday from 8:30am-4:30pm OR email DCR@sixnations.ca and include BDTPS@sixnations.ca to inquire about the registration intake application.

Connect & Follow Us Online:
@ Six Nations Social Services
#SixNationsMatters





WORKSHOPS & CLASSES (NOVEMBER)

Young Adult Cooking Class Series

DEPARTMENT OF WELL-BEING, ALLIED HEALTH

Grow your confidence in foundational cooking skills and nutrition knowledge through this hands-on cooking series. Participants will learn: Basic cooking skills, Use of cooking tools, Kitchen safety, Food safety, Food storage techniques, Nutrition fundamentals. This class is ideal for beginners or anyone wanting to improve their cooking knowledge. Limited spots available. Registration opens approximately two weeks before the series begins. Registration information will be available through Department of Well-Being social media. **Ages: 18-30**

Duration: Tuesday, November 3, 10, 17 & 24 | **Time:** 5:30-7:30pm

Location: White Pines Wellness Centre Kitchen (1745 Chiefswood Road)

Registration Required: Shannon | (519) 754-7405 | hpcd@sixnations.ca

Plant-Based Cooking Class

DEPARTMENT OF WELL-BEING, ALLIED HEALTH AND MATERNAL CHILD & YOUTH HEALTH

Explore plant-based eating by joining us for this in-person cooking class. This hands-on class provides an opportunity to gain knowledge and strengthen cooking skills while preparing plant-based foods that are flavourful, budget-friendly, and contain key nutrients to support health. Registration opens: Approximately two weeks before each class. **Ages: 18+**

Duration: Tuesday, November 3 | **Time:** 11am-12:30pm

Location: White Pines Wellness Centre Kitchen (1745 Chiefswood Road)

Registration Required: Shannon | (519) 754-7405 | hpcd@sixnations.ca

Field to Kitchen Seasonal Food Preservation: Apple and Squash Workshop

DEPARTMENT OF WELL-BEING, ALLIED HEALTH

Grow your confidence in preserving seasonal produce and enjoy it year-round by joining this in-person food preservation workshop focusing on apples and squash. Participants will learn through observation and discussion how to safely: Preserve apples as applesauce using water bath canning, Preserve squash using other safe preservation methods. Each participant will also have a reserved spot for the annual apple and squash picks to apply the skills learned at home. Limited spots available. Registration opens approximately two weeks before the workshop. Registration links will be posted on Department of Well-Being social media. **Ages 18+**

Date: Saturday, November 7 | **Time:** 9am-12pm

Location: White Pines Wellness Centre Kitchen (1745 Chiefswood Road)

Registration Required: Shannon | (519) 754-7405 | hpcd@sixnations.ca



Family Gatherings

November 2026

Family Gatherings drop-in program is designed to promote positive interaction and well-being between caregivers and child(ren) aged 0-6 (older siblings are welcome). With optional participation in our daily fun activities, Family Gatherings provides various locations to serve Six Nations Band Members, all at no cost.

Come visit our welcoming environment, age appropriate resources, and dedicated staff for a relaxed and enjoyable playdate with your child. Transportation available on reserve.

Site 1: 18 Stoneridge Circle, Ohsweken
Monday-Friday, 8:30am-4:00pm
(519) 445-2565 | fgsup@sixnations.ca

Site 2: 1790 First Line, Ohsweken
Monday-Friday, 8:30am-4:00pm
(226) 446-9905 | fgsup@sixnations.ca

Explore more programs -
Connect with us on Facebook & Instagram:
[@SixNationsSocialServices](#)

#SixNationsMatters



SITE 1 DROP-IN PROGRAMS:

MON	TUES	WED	THURS	FRI
2 Make Your Own Find & Seek Sensory Bag	3 National Sandwich Day	4 Car Painting Evening Drop In 5-7PM	5 National Donut Day	6 Melting & Exploring With Ice
9 Rocking Penguin Craft	10 Snowflake Sticks	11	12 Winter Glitter Bottle	13 3-D Paper Snowflake
16 Stained Glass Leaves	17 Silly Stick Turkeys	18 National Mickey Mouse Day Evening Drop In 5-7PM	19 Fall Gnome	20 Playdough Play
23 Decorate Your Own Paper Hat	24 Painting With Mittens	25 Exploring Ice Cubes	26 Making Paper Snowflakes	27 Winter Wreath
30 Winter Hat Kids Craft				■ CLOSED ■ No Drop-In

SITE 2 DROP-IN PROGRAMS:

MON	TUES	WED	THURS	FRI
2 Squirrel Craft	3 Apple Spiders Snack Making	4 Mosaic Acorn Tissue Paper Craft	5 Dancing Corn Experiment	6 Hand Print Poppy Wreath
9 Remembrance Day Painting	10 Pony Bead Poppies	11	12 Paper Roll Fall Tree	13 Marbled Fall Leaves (Shaving Cream)
16 Hand Print Leaves	17 Feed The Turkey	18 Pumpkin Spice Moon Sand	19 Cotton Ball Painted Corn	20 Painted Pine Cone Ornament
23 Colour Sort Turkey Bag	24 Camp Fire Craft	25 Cherrio Corn Craft	26 Blow Paint Monsters	27 Apple Pie In A Cup
30 Leaf Sensory				■ CLOSED ■ No Drop-In

SIX NATIONS COMMUNITY CONNECT

Together, Building a Safer Community
Through Prevention, Preparedness & Response.



Community
Connect



CREATE YOUR PROFILE TODAY

by scanning the QR code above!

1 CREATE AN ACCOUNT

Sign in for free and get started doing your part. It takes your email, phone number and address.

2 ENTER THE INFO THAT MATTERS MOST

Enter valuable information that can help us assist more effectively during an emergency.

3 HELP YOUR FIRE DEPARTMENT

That's it. Just keep us updated when things change over time so we can always be prepared.

WHAT KINDS OF INFORMATION CAN I PROVIDE?

Any information you provide through Community Connect is completely voluntary and based on what you are comfortable sharing. We have made it easy for you to know what may be important by organizing your secure portal into buckets of information you can enter.



HOW SECURE IS MY DATA AND HOW IS IT DATA?

Data that you provide Community Connect is secure and is used only for the purpose of better serving you during emergency situations. Your information is never used for any other purpose. All logins are password protected with bank level encryption and security. If you're comfortable logging in to your online bank, you'll be comfortable logging into the Community Connect.



Community Connect is **Safe & Secure**



Safe Food Handling

DEPARTMENT OF WELL-BEING, DEPARTMENT: HEALTH PROMOTION

This FREE certification course is open to all Six Nations community members. Participants will learn general principles of safe food handling, including: Temperature control, Cross-contamination prevention, Personal hygiene, Cleaning and sanitizing practices. Certification remains valid for five years. Please bring a pen and paper to take notes. Registration opens: July 1, 2026. **Ages 14+.**

Duration: Wednesday, November 11 & 25

Time: 8:30am-5pm

Location: White Pines Wellness Centre Boardroom (1745 Chiefswood Road)

Registration Required: Michelle | (519) 445-2809 | michellejamieson@sixnations.ca

Holiday Crafts

SOCIAL SERVICES, KANIKONRIIO (GOOD MIND) CHILD AND YOUTH PROGRAM (KCYP)

Youth will have the opportunity to create and make holiday crafts for the upcoming Christmas holiday. This zero-cost program is open to Six Nations youth and includes meals. Full program details will be released on the Six Nations Social Services social media pages in November. Registration opens: November 12, 9am. **Ages: 9-14**

Duration: Wednesday, November 25, December 2 & 9 | **Time:** TBD

Location: 18 Stoneridge Circle

Registration Required: Rachel | (519) 732-9938 | kaylp22@sixnations.ca

Meal Prep Made Simple

DEPARTMENT OF WELL-BEING, ALLIED HEALTH

Grow your confidence in meal planning and preparation through this in-person batch cooking and meal preparation class. Participants will gain hands-on experience learning: Cooking techniques, Food safety practices, Safe food storage, Food waste reduction strategies, Ingredient utilization, Limited spots available. Registration opens approximately two weeks before each class and registration links will be posted through Department of Well-Being social media. **Ages: 18+**

Duration: Saturday, November 7 | **Time:** 9am-12pm

Location: White Pines Wellness Centre Kitchen (1745 Chiefswood Road)

Registration Required: Shannon | (519) 754-7405 | hpcd@sixnations.ca

Feeding Your Baby

DEPARTMENT OF WELL-BEING, CHILD & YOUTH HEALTH, FAMILY GATHERINGS

Join us for a four-week program where caregivers and infants will connect while preparing iron-rich and nutrient-dense foods for babies beginning their solid food journey. Registration opens: October 1. **Age Range: Infants 6-12 Months and Caregivers**

Duration: Wednesday, November 4 | **Time:** 10am-12pm

Location: Family Gatherings (18 Stoneridge Circle)

Registration Required: Britney | (519) 751-8672 | hprd2@sixnations.ca



MULTI-DAY / ONGOING PROGRAMS & FEATURED ADS



Events & Programs



Community Supports



Getting Active/Movement



Workshops & Classes

House League Basketball

PARKS & RECREATION

House League Basketball. Registration opens: August 17. **Ages: 6-13.**

Duration: Every Thursday, September 3-December 17 | **Time:** 5-8pm

***Holiday (No program) October 10 | Location:** Dajoh (1738 Fourth Line)

Registration Required: Emerson | (519) 445-4311 ext. 5225 | dajoh10@sixnations.ca

Land Based Healing Fall Program ▲

DEPARTMENT OF WELL-BEING, EGOWADIYA'DAGENHA' LAND BASED HEALING

The Land Based Healing Fall Program invites community members living with mental health and/or substance use challenges to reconnect with the land, culture, and community through a supportive land-based healing experience. Registration Deadline: August 4. Program End Date: October 28. Days: Monday, Tuesday, Wednesday & Thursday. **Ages 18+**

Dates: September 8-November 12 | **Time:** 9am-3pm

Location: Egowadiya'dagenha' (727 3rd Line)

Registration Required: Chelsie | (519) 445-1664 | mhcm8@sixnations.ca

Soup for Seniors ▲

ALLIED HEALTH

Free weekly soup service for Six Nations Elders. Available on a first-come, first-served basis until soup runs out. Drive-Thru Service available. **Ages 55+**

Dates: Every Tuesday, September-November | **Time:** 11am-1pm

Location: Wagyo'sehta'geh (1745 Chiefswood Road)

Contact: Avery | (519) 761-0013 | chcfa@sixnations.ca

Sit to Be Fit

DEPARTMENT OF WELL-BEING, THERAPY SERVICES

Designed to maintain function and total body strength to help prevent falls. This free drop-in seated exercise program uses body weight, Therabands, therapy balls, and free weights. The program is facilitated by an exercise facilitator from the Canadian Alzheimer's Society. **Age 55+, individuals looking to maintain function and strength while seated**

Duration: Every Tuesday (September 8-November 24) | **Time:** 2-3pm

Location: Odrohekta'geh (1676 Chiefswood Road)

Registration Required: Julie Villamere | (519) 754-5730 | hpk8@sixnations.ca



Morning Spark

DEPARTMENT OF WELL-BEING, THERAPY SERVICES

A morning drop-in exercise program combining strength and cardiovascular training presented in a circuit format. Participants will develop strength, endurance, balance, and body awareness. Registration opens: August 25. **Ages 18+, community members looking to stay strong and active.**

Duration: Every Monday (September 14-November 30) | **Time:** 8:30-10am

***Holiday (No program) November 9** | **Location:** Odrohehta'geh (1676 Chiefswood Road)

Registration Required: Julie | (519) 754-5730 | hpk8@sixnations.ca

Dajoh Youth Group ▲

PARKS & RECREATION

Dajoh Youth Group is a weekly program for boys and girls. Youth can participate in: Games, Food, Hanging out with peers, Outings & Sports. No program on Thanksgiving. Registration Deadline: August 10. **Ages 12+.**

Duration: Monday (September 14-December 21) | **Time:** 4-5:30pm

***Holiday (No program) October 12** | **Location:** Dajoh Oneida Room (1738 Fourth Line)

Registration Required: Emerson | (519) 445-4311 ext. 5225 | recprograms@sixnations.ca

Tentewatá:ton Dędwadado Community Market ▲

DEPARTMENT OF WELL-BEING, ALLIED HEALTH

The weekly market offers fresh fruits and vegetables to the community. Everyone is welcome! Please remember we take cash only and don't forget to bring your own bags! **All ages.**

Date: Every Wednesday, (September 30-November 11) | **Time:** 12-5pm

***Holiday (No program) November 11** | **Location:** Odrohehta'geh (1676 Chiefswood Road)

Contact: Grace | (519) 750-4908 | gracehess@sixnations.ca

Community Kitchen

DEPARTMENT OF WELL-BEING, ALLIED HEALTH, MATERNAL CHILD & YOUTH ALLIED HEALTH, HARM REDUCTION OUTREACH TEAM

Join us for a FREE nutritious family meal! Eat-in or take-out is available on a first-come, first-serve basis. **All Ages (child supervision required)**

Date: Thursday (September 3, October 1, November 5) | **Time:** 5-7pm

Location: White Pines Wellness Centre (1745 Chiefswood Road)

Contact: Avery | (519) 761-0013 | chcfa@sixnations.ca



Six Nations Community Spay/Neuter Clinic

Cat and Dog Registration Dates:

Thursday September 24, 2026

9-11 am Registration open to Seniors 60+, Adults with a disability or on ODSP, Ontario Works

11am-4pm Open to all community members

Saturday, September 26, 2026

9am-1pm Open to all community members

**Location: Odrohekta'geh
(1676 Chiefswood Rd)**



Cost (Cash Only)

All Dogs-\$250

Female Cats-\$100

Males Cats-\$75

Services Include:

- Surgery
- Pain medication
- Head cone
- Vaccines (if needed)
- Microchip (if needed)

ONLINE REGISTRATION COMING SOON!

Follow the Department of Well-Being on social media for registration information and clinic updates.

Spay/Neuter Clinic Dates:

DOGS: October 23, 24 & 25, 2026

Six Nations Community Hall
(1738 Fourth Line)

CATS: November 7 & 8, 2026

Odrohekta'geh
(1676 Chiefswood Rd)



PLEASE NOTE:

1. Available to Six Nations Band Members living on reserve
2. Full payment required at registration
3. No refunds for missed appointments

Questions?

Call Animal Wellness:
(519) 445-4818

Student Support ALLOWANCE

Six Nations Band members enrolled in a high school in Brant County, Haldimand County, or Norfolk County are eligible for Student Support Allowance. This is a program that **reimburses students for the following fees:**

- **Enhanced Course**
- **Post-Secondary Application**
- **School**
- **Sports**
- **Co-Op***

***Co-Op Fees/Expenses:**

Travel (taxi, bus, gas) to and from co-op placement, and items required for placement (safety gear, work clothes, etc.)

For more information, please contact Becky McComber:

bmccomber@sixnations.ca

ENROLLMENT ALLOWANCE for High School Students

Six Nations Band members currently enrolled in a high school in Brant County, Norfolk County, or Haldimand County are eligible for Enrollment Allowance.

Enrollment Allowance (formerly the Attendance Allowance) is no longer based on attendance. Students are eligible to receive their allowance (via direct deposit) as long as they are enrolled in high school and obtain passing grades.

Receive your allowance via direct deposit (cheques no longer issued) by completing an application and EFT form. It is given out in December, April, and June each year.

EFT Forms: Find at **sixnations.ca**

For further inquiries and more info, please contact Becky McComber:

bmccomber@sixnations.ca

Harm Reduction Outreach & Education Program

WHO WE ARE:

We aim to educate community members about substance use and mental wellness through awareness events and educational programming. We also look to reduce barriers for those unable to access our services by providing outreach services.

WHAT WE DO:

We offer presentations and programming on the following topics:

- Overdose response & Naloxone training
- Harm Reduction & Anti-Stigma
- Sharps collection & disposal
- Cannabis/Vaping & effects
- Substance use information
- Sexual health education
- Much more!

For inquiries, contact (548) 328-2038 or **sndrugstrategy@sixnations.ca**



Youth In Transition / Post Majority Support Program



Offering Support for Six Nations Youth Transitioning from Child Protection Agency to Adulthood

We assist Six Nations band members aged 16 to 26 as they transition from child welfare to adulthood. Youth who are currently or have previously been involved with a Child Protection agency may qualify for our services.

- Our Youth In Transition Worker/ Post majority Support Program, will help you identify your short and long term goals in various areas, examples:
 - Housing
 - Education and Training
 - Court Support
 - Employment Services
 - Mental Health
 - Cultural Engagement
 - Life and Social Skills
 - Identification Needs and more

Eligibility: includes those within Six Nations and surrounding area.

- Youth who are or were subject to a Crown wardship order or an extended society care order under the Child, Youth and Family Services Act may also qualify.
- Additionally, youth with a legal custody order under the CYFSA, a custody order prior to their 18th birthday, or those who were eligible for the Renewed Youth Support policy at ages 16 or 17, regardless of whether they received RYS, should inquire for further details.

Beverly:

(226) 387-8462
yitw3@sixnations.ca

Chelsea:

(226) 387-2359
yitw@sixnations.ca



DONATION FUND POLICY

All youths and vulnerable individuals, on & off reserve, are eligible to apply!

The updated policy can be picked up at Central Administration (1695 Chiefswood Road) or viewed online:
www.sixnations.ca

Application Deadline:
4pm on the 3rd Friday of every month

For submissions and more information, contact us at: **(519) 445-2201** or visit:
www.sixnations.ca/contact

FUNDING Categories:

Community • Arts & Culture
Health • Education • Recreation

ELIGIBILITY*

Community Associations:
Eligible to receive up to \$3,000.

Individuals: Eligible to receive up to \$1,000.

* Applicants are eligible to receive one 1 donation every two fiscal years.



Six Nations Social Services

Social Services has been delivering services to Six Nations band members for over 30 years, offering programming that supports individuals ranging from infants to elders, as well as families.

The five primary departments, as illustrated below, encompass multiple units that provide a wide array of services, integrating traditional knowledge and teachings. Our staff is eager to share additional information about both ongoing and newly introduced programs. For inquiries, please call (519) 445-2071 or visit us on social media.

Child Care & Early Years

- Bicentennial, Clarence Street, Stoneridge Child Care
- Special Needs Resourcing
- Family Gatherings
- EarlyOn
- Before & After School

Child & Family Services

- Intake Unit
- Band Representatives
- Family Support Unit
- Primary Prevention Unit
- 24 Hour Crisis Line
- Clinical Services Unit > SNAP (Stop Now And Plan)

Kanikonriio (Good Mind) Child & Youth Program (KCYP)

- Youth Life Promotion Program (YLP)
- Children's Mental Health & Addictions Team
- Indigenous Community Worker
- Student Support & Counseling Program

Outreach

- Youth In Transition/ Post Majority Support Services (PMSS)
- Aboriginal Alternative Dispute Resolution (AADR)
- Family Well Being Program

Correctional Services

- Indigenous Youth Probation (IYP)
- Youth Community Service Order (YCSO)
- Adult Community Service Order (ACSO)
- Indigenous Reintegration & Support Services (IR&SS)
- Indigenous Extrajudicial Measure (EJM)
- Adult Native Supervision Program (ANSP)



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Six Nations Social Services

#SixNationsMatters

www.sngrsocialservices.ca



SIX NATIONS

PRENATAL & POSTNATAL DIETITIAN

What is this service?

The Prenatal Dietitian supports families in making wise decisions during pregnancy and through infancy. This service is available to pregnant, breastfeeding, non-breastfeeding and any support persons

How can I support you?

Working one-on-one with a Registered Dietitian to offer:

- Prenatal nutrition guidance
- Postpartum recovery and nourishment
- Infant feeding guidance (i.e. starting solids)
- Meal support and food ideas
- Support with low iron & other nutrient needs
- Writing support letters for various programs such as ODSP or Jordans Principle

"Working with Britney for the past year has been such a positive experience. She is supportive, kind and very approachable"

"Britney supported me through a healthy pregnancy and is now guiding me with my 8 month-old's nutrition"



HOW TO BOOK

Call or text (519) 751-8672
Email: HPRD2@sixnations.ca

What you should know about: **LYME DISEASE**

From April to November, there is a small chance of being exposed to Lyme Disease if bitten by an infected Black Legged Tick. Lyme Disease is a serious illness, however, it is easy to prevent and treat when caught early. Do your best to prevent being bitten by a tick, but in the event you have been bitten, remove the tick and submit the tick for testing.

Ticks will be sent to the lab to test for Lyme Disease.

For Tick Submission information, or to make arrangements for tick drop-off, contact the Health Promotion Community Educator: **(519) 445-2809**

FOR MORE INFORMATION:

Please visit: Canada.ca/LymeDisease

✓ **PREVENT**

✓ **CHECK**

✓ **TAKE ACTION**



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What you should know about: **WEST NILE VIRUS**

West Nile Virus is a virus mainly transmitted to people through the bite of an infected mosquito. Mosquitoes transmit the virus after becoming infected by feeding on the blood of birds that carry the virus.

Symptoms range from none to mild flu-like symptoms such as fever, headache, body aches or fatigue – which typically last for a few days. Call your doctor if you notice any symptoms. Children and Elders are most at risk.

FOR MORE INFORMATION:

Please contact the Six Nations Community Educator program: **(519) 445-2809**, the Environmental Health Officer: **(519) 751-6513**, or visit: Canada.ca/West-Nile-Virus

✓ **PREVENT**

✓ **CHECK**

✓ **TAKE ACTION**



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